

Here are some suggested routes to enjoy the beautiful agricultural landscape around East Linton. They can be shortened, combined, or extended according to your interests, capacity and the weather! Distances are approximate.

Bus to/from walk

The two bus routes through this area (on map) provide further options for starting or ending one’s trip. The East Coast Bus X7 and Borders Bus 253 run along the A199 between Dunbar and Haddington, while the East Coast Bus 120 runs between Dunbar, East Linton, Tynninghame and North Berwick. Virtual stops, where you can hail the bus, are marked on this map and can be found on Google maps. Note that the Borders 253 buses take bicycles.

The Scottish Outdoor Access Code

We have the right to roam on most land other than people’s curtilage, provided we act responsibly.

- Respect other people’s interests: be considerate, respect privacy and livelihoods.
- Care for the environment,look after the places you visit and enjoy. Care for wildlife and historic sites
- Please keep dogs under control at all times. If in doubt, put your dog on a lead. Please bag and remove dog faeces.
- Cattle may challenge you, particularly if you have a dog. Do not enter fields with your dog if there are calves or lambs.
- You can walk along the edges of arable fields, but minimise trampling crops.
- Take home any litter.
- Leave gates as you found them.
- Take responsibility for your own actions: the outdoors cannot be made risk-free.

Find out more by visiting
www.outdooraccess-scotland.com or **phoning**
Scottish Natural Heritage on 0131 316 2600.

Wildlife

This area is rich in birdlife, including: gannet, eider ducks and shag seen from the coast; wigeon, pink-footed and greylag geese, whooper and mute swans, curlews and redshank in the Tyne estuary; kingfishers, teal, sedge warblers, dippers, and goosanders along the River Tyne; yellowhammers, whitethroats, skylarks, and grey partridges on farmland; and chiff-chaffs, chaffinches, nuthatches, long-tailed tits, buzzards and sparrowhawks in the woodlands. Roe deer and hares are common. Otters are often in the River Tyne early morning and night.



Walk more – feel the difference

Did you know that walking regularly can

- keep your heart strong
- help to reduce your weight
- help you to sleep better
- help to reduce stress
- reduce your blood pressure
- make you feel good?

Would you like to walk more for exercise or pleasure?
Need the motivation of a regular group?

For more information contact:

healthyliving@eastlothian.gov.uk
01875 824011
www.activeeastlothian.co.uk

East Linton to Pencraig Brae 1

- 4 miles (return)**
- Recommended for walkers**

A vigorous walk with excellent views from the top of Pencraig Brae.

- From the fountain in square walk NW down the High Street then turn left up Langside.
- Go across the playing field and through the tunnel under the railway.
- Follow the path up the hill. In the middle of the last field before the top of Pencraig Brae the path veers left.
- At the main road use the pavement for a few yards until you reach the lay-by.
- You can now look out over the Tyne Valley and the Lammermuir Hills then climb up through the trees behind the lay-by to a fine viewpoint at the top.
- Return by the same route.

Alternative circular walk (extra hour).

- From the lay-by walk through the wood and go under the bridge to Overhailes, then walk down the hill to the River Tyne.
- Turn left and walk back to East Linton along the riverbank or cross the footbridge and turn left to return by the “Braehead” lane.
- If walking along lane, on reaching the A199 cross over to go down Lauder Place and then left over the river and back up Bridge Street to where you started.

East Linton Riverside Path 2

- ½ mile**
- Recommended for walkers only, narrow path**

A gentle stroll along the riverbank with some scrambling at the end.

- From the fountain, head NW along the High Street to Stories Park, the first turn on the right.
- Follow Stories Park, turning left down to the river after Prestonkirk Gardens, then walk along the bank to your right.
- When you reach the private gardens at the turn in the river you can continue round and scramble up the rocky steps (at your own risk) to admire the water as it roars through the Linn.
- Follow the path to a gate on to Mill Wynd then turn either right or left back up to The Square.

Stonelaws and Smeaton (circular) 3

- 6 miles**
- Recommended for walkers and cyclists**

- Walk along High Street NW from the fountain and Square to the edge of the village.
- At the foot of Drylawhill cross the road and take the John Muir Way (JMW) signposted track on the right hand side.
- Follow the path along the field margin, swinging right along the burn, crossing 2 bridges on to Kamehill Farm.
- Continue north on the JMW until you reach a road at the end of the track.
- Either turn left and follow the JMW to North Berwick through Stonelaws Farm or turn right and continue along this road until you come to a signpost for East Linton, turn right down the hill and continue along the road past Binning Wood.
- At edge of the wood, just after the lodge house, turn into field on right and take the whindust path along the field margin.
- The path turns right at the end of the field to run parallel with, and then join, the back lane to Smeaton Nurseries and attractive tearoom. These are within the old walled garden.
- The path continues past the Nursery, across a cattlegrid and through parkland towards East Linton. There is a short, well signposted circular walk on the right around Smeaton Lake, an old curling pond, for walkers only and dogs on a lead. Can be muddy after rain.
- Follow the path down to the road close to Preston Mill or take a path right, about half way along near the cattle grid, which ends up at Drylaw Hill and Cottages near where you started.

East Linton to Hailes Castle (circular) 4

- 3 miles**
- A flat walk recommended for walkers only**

Attractive walk along the bank of the River Tyne returning by a small country road. Some stretches muddy after rain, one short steep flight of steps.

- Head south past the Crown Hotel and down Bridge Street.
- Turn right under the railway bridge on Station Road. Cross the road and take the signposted lane on your left down to the riverbank.
- The path, easily followed, runs through a mixture of woodland and farmland to the cottage at Hailes Mill.
- Cross the river using the footbridge, climb up to the road, turn right for a short distance to reach the ruins of Hailes Castle.
- Return to East Linton by the road on the south side of the river.
- To extend your walk follow the track south next to Hailes Cottage. This leads to Traprain Law, the site of a large Iron Age fort with splendid views from the top.

East Linton to Haddington 4

- 6 miles**
- A flat walk recommended for walkers only**

Attractive walk along the bank of the River Tyne. Some stretches muddy after rain, one short steep flight of steps up and down.

- Follow the Hailes Castle walk above and after visiting the castle re-cross the river using the footbridge and continue along the path on the bank of the River Tyne to the market town of Haddington. You can return on the X7 East Coast or 253 Borders bus from the centre of Haddington (see above).

Whitekirk 5

- 2½ miles**
- Recommended for walkers**

A gentle, circular walk with superb views. It starts at the medieval pilgrimage church and refreshments can be had ⅔ of the way along at Whitekirk Hill café (10am – 5pm).

- Start at St Mary’s Church Whitekirk, head west along the small road and immediately take the right hand lane curving through the small village.
- Continue beyond the village about 300 yards to turn up a steep lane on the right, sign-posted to Becky’s Strip. This turns into a grass path running to the left of a yard and sheds.
- Just before a dog leg takes the path to the left there is a gate on the right into the Whitekirk Hill resort. Go through this, past two ponds, and turn left to follow the ‘Blue Path’ around the site, past another pond, through a small wood, arriving at the main facilities, including the café. At reception you can get a map marking the various footpaths around the site.
- From here you can return to Whitekirk village on the south east side of the site. There are fine views to the Lammermuirs in the south, and a small diversion up the hill gives panoramic views including Berwick Law and the Bass Rock.
- When the ‘Blue Path’ turns right a connecting path on the left takes you down through a gate and gorse bushes, with the ancient Tithe Barn on your left, back into Whitekirk village, arriving beside the corrugated iron Village Hall.
- Here you turn left along the lane back to the kirk.



East Linton to Tynninghame, Binning Wood and Smeaton (circular) 6

- 5 miles**
- Recommended for walkers and cyclists**

Follows the River Tyne, passing many sites of local and historical interest. Refreshments are available at Tynninghame Café (9am – 4pm) and Smeaton Café (am – pm).

Binning Wood and the adjoining Newbyth woodland have many routes to enjoy the diverse tree species planted. On the west edge of Newbyth woods is a pond with a picnic bench, good for bird watching. Some paths can be muddy.

The return route can include Smeaton Lake, especially attractive when rhododendrons bloom (May), which can be a gentle walk from East Linton in its own right (2 mile return).

- Walk NW along the High Street and turn right into Preston Road.
- Pass Preston Kirk on your left and continue until you reach Preston Mill on your right. Go through the Mill and cross the small bridge by the mill wheel. Alternatively, after Preston Kirk take the path along the river past St Baldred’s Well, signposted opposite the turn to Smeaton.
- Walk through the field and cross the River Tyne by the white bridge, taking a sharp left following the signs for John Muir Way (JMW). Continue along the riverbank.
- Cross the large metal bridge, turn right and walk along the edge of a field with the River Tyne on your right until you reach a tarmac lane.
- Turn left up a lane and after 200 yards turn right into a field and follow its margin on the north side of the mill lade.
- At the corner of the field there is a narrow path down a slope through bushes and a dilapidated fence into the next field.
- Continue along field margin beside the lade until you get to a gap in a tall hedge into the SW corner of the Tynninghame Cricket Pitch. Walk up to Tynninghame village where the Café serves lunches, teas, coffee, cakes and alcoholic drinks.

Alternative, longer route avoiding potentially overgrown field margin.

- Follow JMW path past Knowes Mill and you will shortly cross the river by the wooden bridge, beside the ford.
- Turn sharp left along the red whindust path along the banks of the Tyne until you reach the A198 North Berwick road. (If continuing on the JMW towards Dunbar carry on under the tunnel, turn sharp right and follow the field margin along JMW.)
- Climb the steps, taking great care of fast traffic. Cross the road and bridge to get down a steep slope on the other side of the river and follow field margin into Tynninghame village.

- Walk around the west (left) side of the Café courtyard to the top, NE corner of the green on the right hand side of Old School House.
- Pass through a gap in the stone wall and then two wooden gates, following the field margin uphill.
- After the field margin turns the corner enter the shelter belt to walk between trees.
- Cross the Lawhead Lane into a pine shelter belt which descends to Binning Wood.
- There are many walks available in Binning Wood. If heading for East Linton turn left (west) along a wide path bordering the wood.
- At the road cross over to a whindust path and turn left along field margin.
- The path turns right at the end of the field to run parallel with, and then join, the back lane to Smeaton Nurseries and attractive tearoom. These are within the old walled garden.
- Follow the whindust path parallel to the lane across a cattle grid into parkland.
- Where the path curves left (south) across the lane there are two gates into the wood for a circular walk around Smeaton lake (about ½ mile). Can be muddy after rain.
- Follow the path downhill across a cattle grid to the main road at Preston Kirk.



Tynninghame to Beach 7

- 2 miles**
- Recommended for walkers**

Unsurfaced route through shelter belt and pasture fields of Tynninghame Estate.

- Cross A198 to walk up Tynninghame House drive past Mains steading on the left.
- At the first shelter belt turn left through a gate and up ‘Dark Path’ through trees.
- Go through a metal gate into a pasture field and head right (east) to join a grass track, originally a main approach to Tynninghame House. Pass to left (north) of obelisk to 6th Earl of Haddington.
- Go down the ha- ha and through double metal gates into a pasture field avoiding the grounds of Tynninghame House on the right.
- Cross a large field to a gate at the south end of woodland. Join a paved track through further park land.
- Continue across a cattlegrid beside a sawmill to Tynninghame Links car park and various paths to the coast.

Tynninghame to Mosshouse Point 8

- 1½ miles**
- Recommended for walkers**

After driveway unsurfaced route across pasture fields of Tynninghame Estate.

- Cross A198 to walk up Tynninghame House drive past Mains steading on the left.
- Where the drive veers left go through a gate into the pasture field and continue straight ahead.
- Pass the slightly reconstructed ruins of St Baldred’s Church and through the gates between pasture fields.
- Head to the gate opposite and turn right along a track on the edge of open woodland.
- At the end of the path Mosshouse Point provides superb views across the tidal Tyne estuary.

Tynninghame Ladies’ Walk 9

- 1 mile**
- Recommended for walkers**

Gentle, flat walk on firm ground under mature trees.

- From Tynninghame Main Street walk south down A198 and turn left into Tynninghame Estate on the second drive, just after South Lodge and before the bridge over the mill lade.
- Follow the drive 200 yards then turn right along a track lined with old beech trees.
- Follow the track in a large circle, along a mill lade and then parallel to the river, until the path re-joins the drive where you turn left.
- Return to A198 straight down this drive or turn left again to rejoin the more southerly drive.

John Muir Way: Dunbar to North Berwick 10

- 15 miles**
- Recommended for walkers and intrepid cyclists**

Predominantly surfaced path, much of which can be cycled.

- Established in 2014 and named after Dunbar’s great 19th Century conservationist, the JMW runs across Scotland from Dunbar to Helensburgh. It starts in Dunbar along a cliff path, then goes around Belhaven Bay, through the woodland of the John Muir Country Park and around the mud flats of the Tyne estuary. Heading inland there is a less attractive stretch along a straight track to the A198 where you turn right along the field margin, paralleling the road to reach the River Tyne. Here you turn left under the road bridge and can follow the river path all the way to East Linton, crossing the river by footbridge at three points. In East Linton the route turns right (NW) at the High Street, up Drylaw Hill and on to Stonelaws and North Berwick (see Stonelaws route).

Directions
East Linton is served by trains on the mainline east from Edinburgh and by the X7 and 120 East Coast buses and 253 Borders Bus. It is also on the A199, 5 miles east of Haddington. Leave the A1 at Haddington or Dunbar to join the A199.



Public transport information can be obtained from the Traveline by phoning **0871 200 2233**



East Linton

The village has various shops to explore. The two pubs in the village offer a welcoming atmosphere for refreshments and there are two coffee shops near the fountain. There are also coffee shops at Smeaton Nurseries and in Tynninghame. The Mart Farm shop in East Linton has a post office and café and sells a wide range of things including fresh local produce. Public toilets can be found in the park and there are toilets in the Mart Shop and the other coffee shops.

Acknowledgements

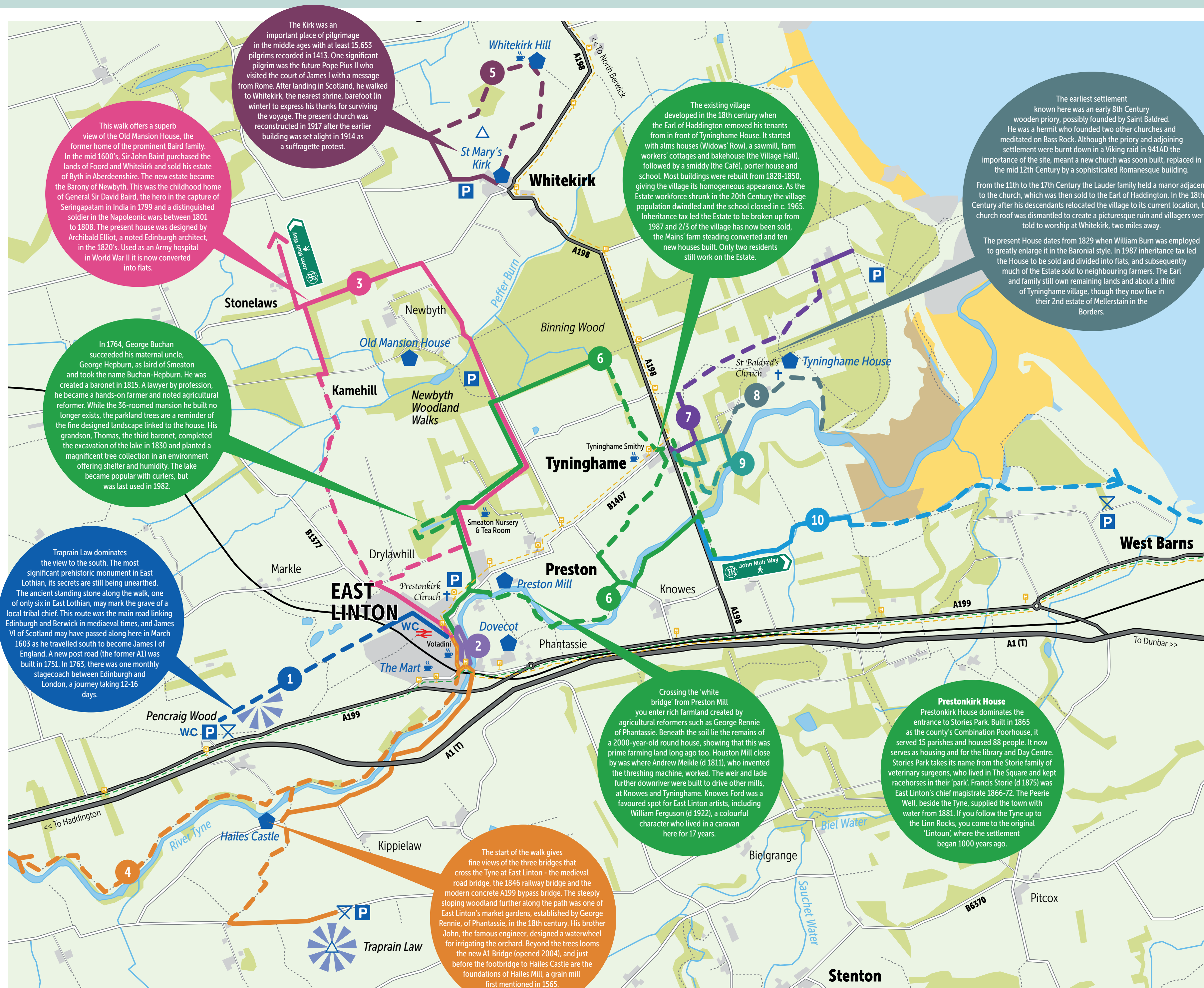
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Walks around East Linton & Tynninghame
Great routes for walkers and cyclists





MAP KEY

Route suitable for walking and cycling

Route suitable for walking only

- Parking
- Picnic Site
- Place of Interest
- View Point
- Hill Top
- Public Toilet
- Train Station
- Café
- East Coast 120 bus route
- East Coast X7 & Borders 253 bus route
- Bus stops, either with sign or virtual

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- 2 East Linton Riverside Path**
- 3 Stonelaws**
- 4 East Linton to Hailes Castle
East Linton to Haddington**
- 5 Whitekirk**
- 6 East Linton to Tynninghame,
Binning Wood and Smeaton**
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