



North Berwick became a fashionable holiday resort in the nineteenth century because of its two sandy bays, the **East (or Milsey) Bay** and the **West Bay**, and still attracts holidaymakers today. Golf courses at the ends of each bay are open to visitors.

The conical hill that is North Berwick Law stands 187m above sea level and has panoramic views from the summit. **North Berwick Law** is a geological marvel, known as a 'crag and tail'. It was formed around 350 million years ago, when molten lava erupted and then cooled. Many millions of years later, this incredibly hard rock was sculpted by the forces of ice and glacier movements, giving it the shape we see today.

The summit has remnants of an Iron Age hill fort, and the ruins of later military buildings that were once used by lookouts in both the Napoleonic Wars, and in World War II.

The **Lodge Grounds** were created in the 17th century by the Dalrymple family. In 1939 they became a public park when North Berwick Town Council bought both the grounds and the Lodge. In 2008, the refurbished grounds were opened by Sir Hew Hamilton-Dalrymple.

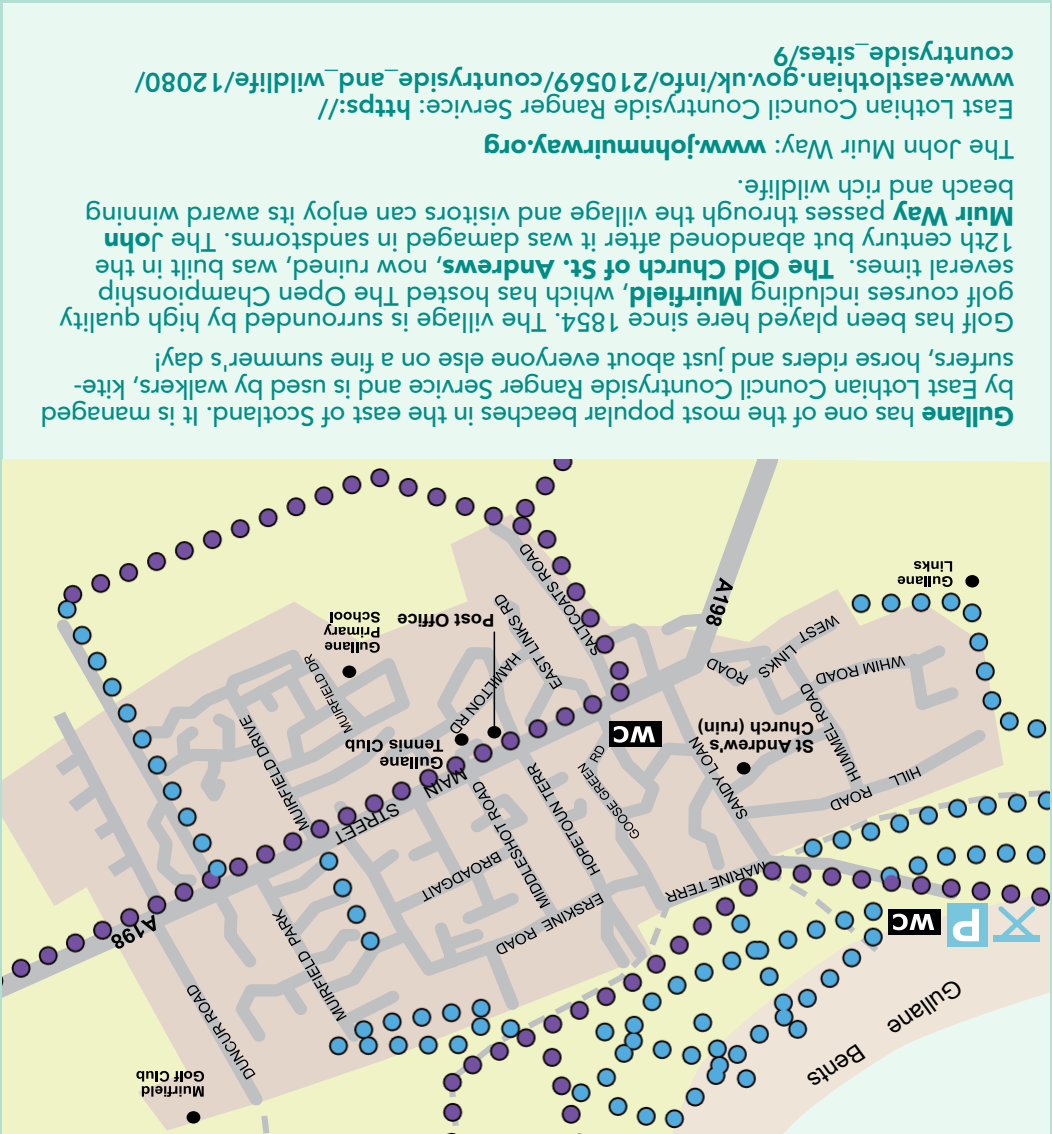
This park is on two levels. The upper 'early Victorian' park has wide open spaces, mature trees, a lavender garden, wild gardens, great views of North Berwick Law and the Bass Rock and a children's play area suitable for all ages. The lower park is a formal garden with an aviary.

North Berwick Harbour is a great place just to sit and relax and take in the views of both land and sea. Alternatively, you can take a boat trip to see the gannets, puffins and other birdlife in the area and around the islands of Bass Rock and Craigleith.

The John Muir Way: www.johnmuirway.org

North Berwick Law: https://www.eastlothian.gov.uk/info/210569/countryside_and_wildlife/12080/countryside_sites/6

Beach Wheelchairs: www.beachwheelchairs.org



Gullane has one of the most popular beaches in the east of Scotland. It is managed by East Lothian Council Countryside Ranger Service and is used by walkers, kite-surfers, horse riders and just about everyone else on a fine summer's day!

Golf has been played here since 1854. The village is surrounded by high quality golf courses including **Muirfield**, which has hosted The Open Championship several times. **The Old Church of St. Andrews**, now ruined, was built in the 17th century but abandoned after it was damaged in sandstorms. The **John Muir Way** passes through the village and visitors can enjoy its award winning beach and rich wildlife.

The John Muir Way: www.johnmuirway.org

East Lothian Council Countryside Ranger Service: https://www.eastlothian.gov.uk/info/210569/countryside_and_wildlife/12080/countryside_sites/9

Aberlady



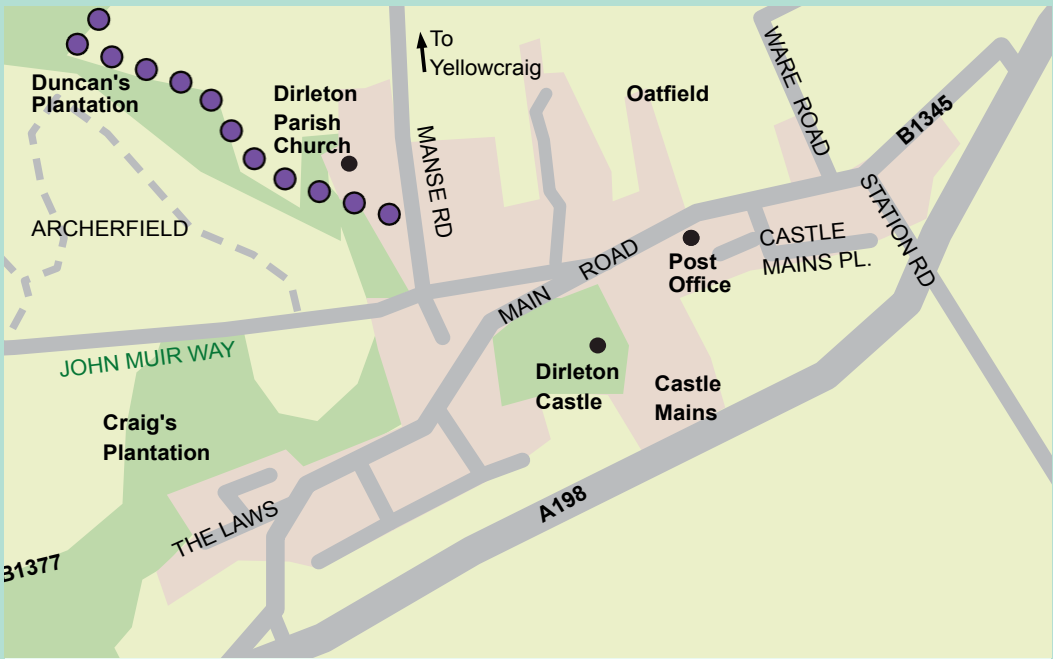
In the Middle Ages, **Aberlady** was an important harbour for fishing, sealing and whaling, designated "Port of Haddington" by a 1633 Act of Parliament. **Aberlady Parish Church** dates back to about 1452 and the present building opened for worship in 1887. In 1952, **Aberlady Bay** became the UK's first Local Nature Reserve (LNR), managed by East Lothian Countryside Rangers. The **John Muir Way** from Helensburgh to Dunbar, runs through the village. The **Scottish Ornithologists' Club** has Waterston House as its headquarters at Aberlady, with panoramic views of the bay.

Aberlady Bay Local Nature Reserve: www.eastlothian.gov.uk/info/210569/countryside_and_wildlife/12080/countryside_sites/2

Aberlady Parish Church: <https://www.aberlady-gullaneparishchurches.org.uk/>

Scottish Ornithologists' Club (Waterston House): <https://www.the-soc.org.uk/about-us/getting-here-opening-hours>

Dirleton



Dirleton Castle is a well-preserved medieval fortress, built in the middle of the twelfth century. **The church** (circa 1612) and **manse** (1708) of Dirleton stand immediately to the north of the village. The church has extensive Victorian renovations and a churchyard.

To the north of the village is **Broadsands** and **Yellowcraig beaches**. The diversity of habitats at Yellowcraig mean a rich variety of plants and animals are able to make this their home, including summer orchids and resident and migrating seabirds. Yellowcraig is also on the **John Muir Way** long distance route.

Historic Environment Scotland (Dirleton Castle): www.historicenvironment.scot/visit-a-place/places/dirleton-castle/

East Lothian Council Countryside Ranger Service: www.eastlothian.gov.uk/info/210569/countryside_and_wildlife/12080/countryside_sites/4



For further details of this area please refer to Ordnance Survey maps.

Public Transport

There are several areas throughout East Lothian where public transport can be used.

The main bus companies are East Coast Buses www.lothianbuses.com/our-services/east-coast-buses, Prentice of Haddington www.prentice.info and Eve Coaches Ltd www.eveinfo.co.uk.

Further information is available from **Traveline** on 0871 200 22 33 www.travelinescotland.com or Scotrail www.scotrail.co.uk

Leaflets about this section of the John Muir way in East Lothian: www.visiteastlothian.org/activities/walking

East Lothian Council Countryside Ranger Service: www.eastlothian.gov.uk/info/210569/countryside_and_wildlife/12069/countryside_ranger_service

North Berwick

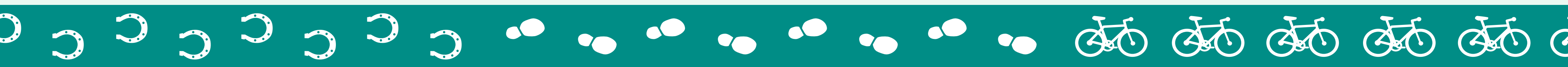
Gullane

Paths in the North Berwick Coastal Area



Walk, run, cycle, ride

Paths in the North Berwick Coastal Area



Core paths form the basic network of paths around East Lothian and link into the wider network of other paths and rights of way around the county. They can be anything from a tarmac path to a grassy field margin. Whilst each core path may not be suitable for all user groups, the core path system as a whole provides for all types of users and people of varying abilities. This leaflet shows the designated core paths from Aberlady to North Berwick. The smaller maps on the reverse show where the routes start in relation to the area's main settlements.

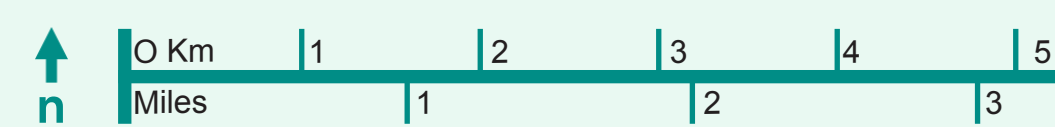
Please visit www.eastlothian.gov.uk and search for Core Path Plan to explore the wider East Lothian network.

Dog walkers, please keep your dog under close control, ensure you clear up after your dog and dispose of dog waste responsibly.

KNOW THE CODE BEFORE YOU GO
outdooraccess-scotland.com

Enjoy Scotland's outdoors responsibly

- take responsibility for your own actions
- respect the interests of other people
- care for the environment.



Key	
	Core paths
	Other paths
	Roads
	Tracks
	Railway station