

Who does the video belong to?

Before VIG starts, you sign a form agreeing to take part. The person you will be working with signs the same form agreeing that the video will not be shown to anyone else without your permission. The video recording belongs to you.



Who to contact

It is best to contact the VIG guider you are working with but if you don't have their details, contact:

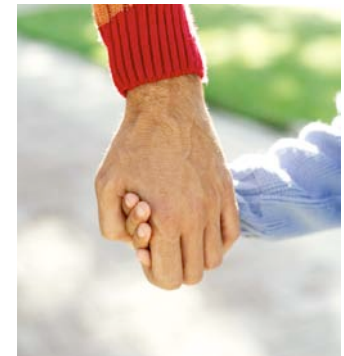
Anita Harrison, Senior Educational Psychologist
aharrison@eastlothian.gov.uk



Educational
Psychology Service

V.I.G.

(Video Interaction Guidance)



VIG for
Parents/Carers
Information Leaflet

What is VIG?

VIG (Video Interaction Guidance) uses video to help you to understand and improve communication.

How does it work?

- ❖ A short video is taken (about 10 minutes) of you with your child. This will probably be at home.



- ❖ The person working with you will then have a look at the video to choose clips which show good moments.

- ❖ They will then look at the clips with you on another day.

- ❖ In this 'feedback' session you will discuss what you think about the clips.

- ❖ You may have a number of video and feedback sessions.

How will it help?

- ❖ It only looks at things you are doing well.
- ❖ It helps you to recognise your strengths and discover new skills.

- ❖ It helps you to understand the part you play in building your relationship with your child.

- ❖ It helps you do more of the things you are doing well.

