Prestonpans Area
Early Years Profile

Introduction
Support from the Start is a network of people and organisations who are working for the ‘Best Possible Start for All Children in East Lothian. The network uses local knowledge and the information in this profile to work towards the following outcomes for children:

- Have positive parenting and experience good attachments at an early stage
- Are ready to learn and achieve
- Can access quality child care experiences
- Are healthy
- Are not living in poverty
- Have a good opportunity for play, and
- Are protected from harm

The Prestonpans Area Support from the Start group was launched in February 2012, and is led by Sheila Laing head teach of Prestonpans infant school.

Much has been achieved since the group first came together including:

- Launch of Wee Pans Stay and Play for under 3s
- Supporting Patchwork EH32 to deliver more ‘Baby massage’ classes
- Raising Children with Confidence courses delivered
- Summer transition to P1 programme supported
- Young mums group supported
- Supported the Tots & Teens launch at Preston Lodge High School
- Supported the development of peer supporters for breast feeding
- Planning for Dads and Kids events
Prestonpans Cluster Area Overview
Prestonpans and its surrounding areas are situated at the western end of East Lothian by the Forth. It includes the settlements of Cockenzie & Port Seton and Longniddry. The area has one secondary school and four primary schools and one infant school with attached nursery classes.

Population
Prestonpans cluster has a population of 15,265 (www.sns.gov.uk). This is some 17% of the population of East Lothian as a whole.

The school age population is expected to increase across East Lothian over the next decade (Fig. 1).

Figure 1 - Projected School Rolls 2012 to 2022

The age distribution of Prestonpans is broadly similar to East Lothian. However there are slightly fewer children and a slightly older population as we move east along the coast to Longniddry (Table 1).

Table 1 - Population age composition

<table>
<thead>
<tr>
<th>% of population are children &amp; young people (0-15)</th>
<th>Prestonpans North</th>
<th>Prestonpans South</th>
<th>Cockenzie &amp; Port Seton</th>
<th>Longniddry &amp; Aberlady</th>
<th>East Lothian</th>
</tr>
</thead>
<tbody>
<tr>
<td>% of population are of working age (16-64)</td>
<td>19%</td>
<td>20%</td>
<td>20%</td>
<td>18%</td>
<td>20%</td>
</tr>
<tr>
<td>% of population are of pensionable age (65+)</td>
<td>62%</td>
<td>62%</td>
<td>63%</td>
<td>60%</td>
<td>60%</td>
</tr>
</tbody>
</table>

Health
Health and deprivation varies considerably across the cluster area. While most of Prestonpans is on a par with East Lothian as a whole, in relation to breastfeeding

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1 East Lothian Council Education Department
2 www.sns.gov.uk
rates and rates of smoking in pregnancy there are far fewer women who breastfeed in Prestonpans than elsewhere and there are also more women smoking in pregnancy in Prestonpans (Fig 2).

**Figure 2 - Breastfeeding and maternal smoking in pregnancy**

Child health related statistics in the Prestonpans Cluster Area

<table>
<thead>
<tr>
<th>Areas</th>
<th>Breast feeding at 6-8 weeks</th>
<th>Mothers smoking in pregnancy</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Lothian</td>
<td>32.7%</td>
<td>13.1%</td>
</tr>
<tr>
<td>Prestonpans South</td>
<td>15.4%</td>
<td>18.4%</td>
</tr>
<tr>
<td>Prestonpans North</td>
<td>12.8%</td>
<td>16.9%</td>
</tr>
<tr>
<td>Cockenzie &amp; Port Seton</td>
<td>22.3%</td>
<td>13.9%</td>
</tr>
<tr>
<td>Longniddry &amp; Aberlady</td>
<td>37.7%</td>
<td>7.9%</td>
</tr>
</tbody>
</table>

**Education**

In primary one the standard assessment used to measure the abilities of new pupils in reading, writing and arithmetic show a steady slight rise towards the national average of 50% in recent years (Fig. 3).

**Fig. 3 - Average standardised PIPS scores at P1 baseline assessment**

<table>
<thead>
<tr>
<th>Years</th>
<th>Maths</th>
<th>Reading</th>
<th>Phonics</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008-09</td>
<td>48.98</td>
<td>47.93</td>
<td>49.11</td>
<td>46.22</td>
</tr>
<tr>
<td>2009-10</td>
<td>49.59</td>
<td>48.57</td>
<td>49.69</td>
<td>48.96</td>
</tr>
<tr>
<td>2010-11</td>
<td>49.58</td>
<td>49.61</td>
<td>48.56</td>
<td>49.47</td>
</tr>
<tr>
<td>2011-12</td>
<td>49.66</td>
<td>48.71</td>
<td>50.48</td>
<td>49.13</td>
</tr>
</tbody>
</table>

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3 East Lothian Health & Wellbeing Profile 2010 (Scottish Public Health Observatory)
4 East Lothian Council Education Department
Early Development Instrument

Across all socioeconomic status groups, East Lothian 5yr olds: do quite well in physical health and well-being and cognitive/language development domains; score average in social competency; and score less well in emotional maturity and communications and general knowledge domains.

Within the Prestonpans cluster the overall range of scores of children was very similar to East Lothian as a whole (Fig 4) and compared well with many other cluster areas (Appendix 1). Prestonpans had the second highest percentage of children in East Lothian scoring low on at least one domain (Appendix 2).

Figure 4 - EDI mean scores for domains in Prestonpans cluster and East Lothian

Children & Young People

Given its population the Prestonpans Cluster has higher than expected levels of free school meal entitlement, pupils with additional support needs, looked after pupils (at home and away from home) and social work referrals (Table 2).

Table 2 - Children and Young People Facts & Figures

<table>
<thead>
<tr>
<th></th>
<th>Prestonpans</th>
<th>East Lothian</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Pupils *</td>
<td>2,297</td>
<td>13,230</td>
<td>17%</td>
</tr>
<tr>
<td>Looked After Pupils (at home) *</td>
<td>14</td>
<td>61</td>
<td>23%</td>
</tr>
<tr>
<td>Looked After Pupils (away from home) *</td>
<td>37</td>
<td>103</td>
<td>36%</td>
</tr>
<tr>
<td>Pupils with ASN *</td>
<td>515</td>
<td>1,923</td>
<td>27%</td>
</tr>
<tr>
<td>Disabled Pupils *</td>
<td>30</td>
<td>189</td>
<td>16%</td>
</tr>
<tr>
<td>Free School Meal Registration *</td>
<td>283</td>
<td>1,445</td>
<td>20%</td>
</tr>
<tr>
<td>Children &amp; Families Social Work Referrals (2010 - 2011) **</td>
<td>513</td>
<td>2,311</td>
<td>22%</td>
</tr>
<tr>
<td>Children on Child Protection Register (April 2011) **</td>
<td>12</td>
<td>70</td>
<td>17%</td>
</tr>
<tr>
<td>Children under 5 in Foster Care (Nov 2011) **</td>
<td>4</td>
<td>24</td>
<td>17%</td>
</tr>
</tbody>
</table>

* From Primary and Secondary School Pupil Census 2010
** From ELC Children & Families Social work Department


6 East Lothian Council Education Department
Prestonpans East also has higher and rising levels of unemployment amongst its young people (Table 3).

<table>
<thead>
<tr>
<th>Ward</th>
<th>November 2010</th>
<th>November 2011</th>
<th>Annual change</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>number</td>
<td>rate</td>
<td>number</td>
</tr>
<tr>
<td>Prestonpans East</td>
<td>113</td>
<td>5.1</td>
<td>131</td>
</tr>
<tr>
<td>Prestonpans West</td>
<td>166</td>
<td>7.2</td>
<td>160</td>
</tr>
<tr>
<td>Column Total</td>
<td>279</td>
<td>6.2</td>
<td>291</td>
</tr>
</tbody>
</table>

Amenities
Prestonpans has a range of services and resources available to its residents which are highlighted on the map in Appendix 3

There is also considerable wider amenity and green space available in and around Prestonpans (see Appendix 4). Green spaces are the lungs of towns and cities and can contribute greatly to improving people's physical and mental health by providing places for informal recreation - walking, cycling, sitting, socialising and children’s play - and breathing spaces to take time out from the stresses of modern life. They bring the countryside into urban areas and make it more accessible. Green space is any vegetated land or water within or adjoining an urban area and includes:

- green corridors like paths, disused railway lines, rivers and canals
- woods, grassed areas, parks, gardens, playing fields, children’s play areas, cemeteries and allotments
- countryside immediately adjoining a town which people can access from their homes
- derelict, vacant and contaminated land which has the potential to be transformed

Summary
Prestonpans Cluster covers the communities of Prestonpans, Cockenzie, Port Seton, Longniddry and Aberlady. This short profile indicates that population health and wellbeing is generally good although there are localised areas of concern where health and other statistics are less positive and of more concern.

Educationally young people in Prestonpans are well served although there remain challenges in making sure all children get the best out of education. There are also higher numbers of children with additional support needs, free school meal entitlement, looked after pupils (at home and away from home) and social work referrals.

Some of the areas in and around Prestonpans have considerable higher levels of deprivation than other parts of the cluster and Prestonpans had the second highest percentage of children in East Lothian scoring low on at least one domain in the EDI.

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7 East Lothian Council Economic Development Department
The area is generally quite well served for amenities and green space although there are access issues for some of communities in the area.
Appendix 1 - EDI mean scores for domains in cluster areas across East Lothian

PRESTONPANS

HADDINGTON

TRANENT

MUSSELBURGH

DUNBAR

NORTH BERWICK
Appendix 2 – Percentage of children in East Lothian scoring low on at least one domain by cluster area, January 2012

Percentage of children who score low on one or more domains of development by cluster area

Legend
- North Berwick Cluster
- Tranent Cluster
- Haddington Cluster
- Dunbar Cluster
- Prestonpans Cluster
- Musselburgh Cluster

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Appendix 3 – Amenities and service in the Prestonpans Cluster Area

All schools have access to educational psychology and school nursing services.

Appendix 4 – Green network map for the Prestonpans Cluster Area

This map was taken from the Open Space Strategy Consultation pages East Lothian Council’s website.