

East Lothian Partnership

East Lothian Autism Strategy 2015



Easy-read version

What the **East Lothian Autism Strategy** wants for people with autism



You can make choices about what you want to happen in your life.



You can choose how you want other people to be involved in your life.



You have a say in the services you get.
You should get the services that are right for you.



You get help to live safely **and** to be as independent as you want to be.

East Lothian Autism Strategy sets out what needs to happen to make things better for people with autism in East Lothian.

The Scottish Government wants to make things better for people with autism across Scotland. Our strategy is part of this.

What the **East Lothian Autism Strategy** wants for people with autism



You can achieve your goals.



You can get the information you need.
You can get the assessments you need.
You can get the services you need.



Community Partners make sure that you are treated fairly.
Community Partners make sure that people understand more about autism and treat you well.

Community Partners are people like social workers, doctors, nurses, support workers, teachers and lecturers, council workers and the police.

What do we want to do?



We want to make sure that people who support you get training so that they understand about autism.
We want to make a training plan so that this happens.



We want to make sure there is good information about services for people with autism.



We want to find out about how many people with autism are getting support.
This will help us to do things better in future.



We want Community Partners to work together to plan how to support you in a joined-up way.
We want you to get help straight away and for as long as you need it.

What do we want to do?



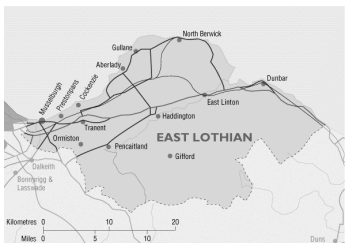
We want to talk to you and listen to what we could do better.
We will look at how many people use services.
We will ask you what you think of the services you use.



We will listen to what your carers say about how we could make things better.



We will make sure that there are good **advocacy**, befriending and **mentoring** services for people with autism.



We will provide education for children and young people with autism closer to home, whenever we can.

Advocacy is when you have someone to help you to make sure your views are heard at meetings

Mentoring is when someone with more experience spends time with you to help you to learn a job or skill.

What do we want to do?



We will support you to live safely **and** to be as independent as you can.



We will help you to have short breaks away from your family, if you want.

We will help you to get the skills you need to join groups with other people.



We will help to you to get the skills you need to have a job.

We will try to make sure there are more jobs for people with autism.

We will provide **supported employment** jobs for people with autism.



We will make sure that we spend our money wisely to get the best results for people with autism.

Supported employment means that people will help you to learn the job and meet with you regularly to find out how you are doing.

You can find out more about this strategy by writing to:

Autism Strategy
Adult Wellbeing
Randall House
Macmerry Business Park
Macmerry
EH33 1RW

You can phone us on 01875 824 390

You can email us at communitycare@eastlothian.gov.uk

Tell us what's important to you. You can get in touch with us or ask someone you trust to do this for you.

You can write, phone or email—we would really like to hear from you.