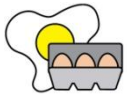
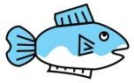
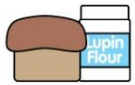
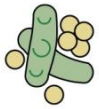
DISHES AND THEIR ALLERGEN CONTENT – HIGH SCHOOLS – HOMEBAKING

DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
TIFFIN		X					X							
CHOC COOKIES		X		X										
PLAIN COOKIES		X					X							
BROWNIES		X		X			X							
SHORTBREAD		X					X							
FLAPJACKS		X					X							
MUFFINS		X												
LOW FAT CHOC DONUTS		X					X						X	
ICED CAKES		X		X			X							
TRUFFLES		X												

Review date:

Reviewed by:

Food Standards Agency
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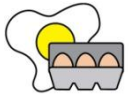
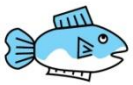
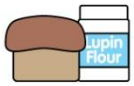
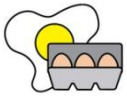
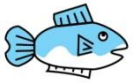
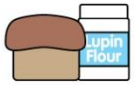
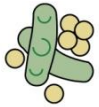
DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
CARROT CAKE MIX		**X**		X									X	
FLAPJACK MIX		**X**		MAY CONTAIN			**X**						MAY CONTAIN	
BROWNIE MIX		**X**		**X**			**X**						MAY CONTAIN	
SPONGE MIX		**X**		**X**			**X**						**X**	
CHOC CHUNK COOKIES		**X**		**X**			**X**						**X**	
CHOCOLATE MUFFINS		**X**		**X**			**X**						**X**	
BLUEBERRY MUFFINS		**X**		**X**			**X**							
JAM DONUTS		**X**					**X**						**X**	
SUGAR DONUTS		**X**					**X**						**X**	
REDUCED FAT RING DONUT		**X**					**X**						**X**	
DECORATED RING DONUT		**X**					**X**						**X**	

DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
CHOC FLAVOURED ICE RING DONUT		X					X						X	
AMERICAN MUFFIN		X		X			X						X	