



Action Plan 2017-2018



Revised November 2017

North Berwick Area Support from the Start Group Priorities

1. Sustaining parenting support
2. Promoting Play Opportunities
3. Addressing inequalities
4. Evaluation – celebrating success!
5. Support in the Villages
6. Early learning & Childcare consultation



Key

Inner circle – core group - meets 6-8 times per year
Outer circle – task groups
Cloud shape – groups forming around new ideas / actions
Circle shape – groups already formed / activity already planned

No	Action & Ideas	Lead Officer / Agency	Outputs & notes	Outcome area	Budget
1	<p><u>Implementing the parent pathway</u></p> <p>Promote local parent pathway for 0- 3's</p> <ul style="list-style-type: none"> - Ensure refreshed parent pathway document is widely circulated - Ensure redevelop what on for under 5's is widely circulated and regularly updated <p>Good Food Good Health Healthy cooking session New Trainer needed –</p> <p>Healthy Minds, Happy babies (including individual counselling)</p> <p>Baby Group</p> <p>PEEP GROUP (Baby) (preschool)</p> <p>Stay & Play</p>	<p>Core group</p> <p>CLD</p> <p>Nicky Fox Ann Richardson</p> <p>Jan Gaunt</p> <p>Katie Nevans CLD Law Primary</p> <p>SFTS family worker</p>	<p>Parent pathway available Parents aware of parent pathway Local professionals using parent pathway Parental awareness of pathway</p> <p>No attending classes [(7) & 6]</p> <p>5 – 6 parents attending.</p> <p>Group now running in Gullane with support of SFTS family worker</p> <p>Attendees' at PEEP group and parental feedback. Popular – data needed</p> <p>Group has proved popular service and needs additional support. Explore volunteer / sessional support for Jan at Stay & Play</p>	<p>Have positive parenting and experience good attachments at an early stage.</p> <p>Are healthy and happy.</p> <p>Have positive parenting and experience good attachments at an early stage.</p> <p>Are healthy and happy.</p> <p>Children are ready to learn</p> <p>Have positive parenting and experience good attachments at an early stage</p>	<p>SFTS & Area partnership funds</p> <p>Fundraising</p> <p>Health Visitors/Stepping Out</p> <p>SFTS / H.V team</p> <p>Law Primary CLD / SFTS / Area partnership</p> <p>Support from the Start</p>

	<p>Raising Children with Confidence</p> <ul style="list-style-type: none"> - Jan Gaunt now trained - Course to be delivered in Feb 2018 <p>Baby Massage Jan Gaunt now trained</p>	<p>Katie Nevans Jan Gaunt</p> <p>J Gaunt</p>	<p>Evaluate by No's attending and parental feedback</p> <p>Programme across area ? Develop & support new trainers No attending</p> <p>No attending</p>		
2	<p><u>Promoting Play Opportunities</u></p> <p>Support the role out and implementation of the EL wide play policy and promote when available through Local Area Partnership, parent councils, housing associations & other groups</p> <p>Support the development of local playgroups</p> <ul style="list-style-type: none"> - Stay & Play now established see above <p>Holiday Activities Explore creating opportunities for holiday activities</p> <p>Pop Up Play activities in the Villages</p>	<p>Core Group ELPA Sandra King</p> <p>Core group Katie Nevans, Tracey Cunningham, Maureen Telford</p> <p>Katie Nevans</p> <p>Core group</p>	<p>Play policy Local discussion and ownership of policy & action plan related to policy. Liz Humphrys to facilitate discussion at meeting in 2018</p> <p>No of project proposal supported No of attendances and parent feedback</p> <p>Explore holiday activities for children.</p> <p>Plan for sessions in Athelstaneford / Gullane Dirleton / Aberlady</p>	<p>Have a good opportunity for play Are ready to learn and achieve</p> <p>SFTS local budget</p>	

	<p>Promote outdoor free play and support good practice</p> <p>Ideas to explore : - Weekend play strategy 'Go mad with dad' Gorilla play Lodge trail – fairies and goblins Pop up play Back to basics play</p>	Core Group	Good practice identified Projects supported		
3.	<p><u>Addressing Inequalities</u></p> <p>Continue to support</p> <ul style="list-style-type: none"> - Recycling of Clothes/ Baby Equipment through Freecycle project - Christmas cheers - Uniform bank - Bursary scheme - Kindness Co-op 	SFTS core group Stepping out Care free kids CLD Area partnership	<p>No. of families helped through referral and informal contacts</p> <p>Improved capacity of community to support those in desperate need</p>	<p>Communities and services for early years are inclusive and responsive</p> <p>Are not living in poverty</p>	<p>Stepping Out Fundraising</p> <p>Support from the Start NB Community Trust? Stella Moffat?</p>
4.	<p><u>Evaluation of projects, promoting SFTS & – celebrating success</u></p> <p>Representation on North Berwick Coastal Area Partnership and North Berwick Area Children & Youth Network</p> <p>Promote the work of the group locally by</p> <ol style="list-style-type: none"> a) Maintain notice board in community centre 	<p>Sandra King</p> <p>Katie Nevans Tracey Cunningham</p>	<p>Reps on LAP & CYN</p> <p>Boards up in the Community Centre.</p>		

	<p>b) Link information digest o East Lothian Courier and press release for new initiatives.</p> <p>c) Promote development of local facebook page. Links to Websites</p> <p>d) Promote meeting dates widely and set for the year</p> <p>Ensure evaluation reports for all supported project are produced and distributed to share learning</p> <p>Practitioners inform SFTS admin of plans for groups for parents so that they can be included in Family Support leaflet and data can be collated.</p>	<p>Steven Wray</p> <p>Jan Gaunt</p> <p>Katie</p> <p>All</p> <p>All</p>	<p>No of press release and impact</p> <p>Engagement with page</p> <p>Monitor attendance at meetings</p> <p>Evaluation reports are available</p> <p>Data on activity is available</p> <p>Data on reach of activity is available</p> <p>Info on impact is available</p>		
5.	<p><u>Support in the villages</u></p> <p>Increase participation from the villages</p> <ul style="list-style-type: none"> - Where demand is assessed roll out parent pathway to villages - Family worker now available for individual outreach work 	<p>Core Group</p>	<p>Liaise with school / nursery and playgroup communities to assess demand for parent pathway initiatives.</p>		
6.	<p>Maintain and sustain family worker post – to address the attainment gap in the community</p>	<p>Core group</p> <p>Care free kids</p>	<p>No of families supported and issues addressed</p>		<p>Area partnership attainment funds</p>