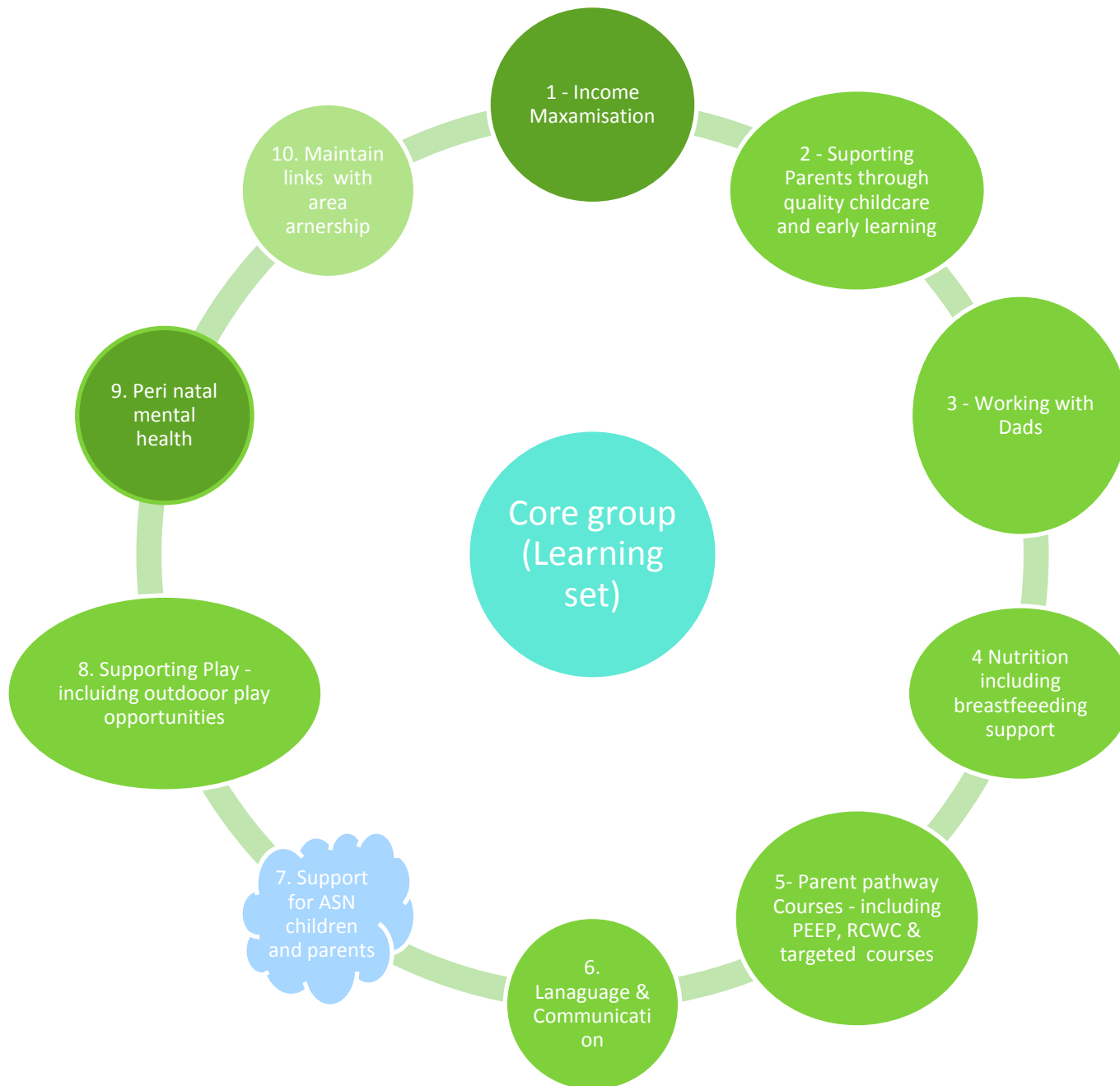


# 2017

## Prestonpans Area Support from the Start Group



5/5/2017



**Key**

- Inner circle – core group - meets 4 – 6 times per year
- Outer circle – task groups
- Star shape – area based groups
- Cloud shape – groups forming around new ideas / actions
- Circle shape – groups already formed / activity already planned

	Priority Areas	Lead person / agency	Action & ideas	Updates / Monitoring	Outcome area
1.	Income Maximisation	Core group	Continue to support use of bursary  Promote school uniform bank	X no bursaries provided in cluster Encourage schools to run their own uniform exchanges	Are not living in poverty
		Core group	Promote availability and use of Free Cycle project		
		Core group	Continue to support the development of holiday lunch clubs in partnership with ELC and Pennypitt Development Trust	Need for service established and model successful. Need to consider systems for improving management and sustainability for longer term	
			Explore possibility of a single sheet with sources of money/ benefit advice and support in the cluster	Sandra Thomson looking into this	
2.	Supporting Parents through quality childcare and early learning	Council Early Years team	Maintain links with Red school development - being developed to provide wraparound care from nursery age	Discussion to be held with early years team at an SFTS meeting	Can access quality child care experiences
		Core group	Support the Family Well being worker to deliver targeted support to families to enhance learning opportunities for children	What's on publication regularly produced and well received Family worker well established and service is in high demand first report due in July 2017	Are ready to learn
		Core group / Patchwork	Maintain crèche at Pennypitt		

				Area partnership has given funds to patchwork EH32 to support this	
3.	Working with Dads	Core group Dadswork  Prestonpans Infants	Continuing "Go Mad with Dad" journey  Promote and roll out Father proofing work from Prestonpans Infants	Dadswork have run annual events in association with Prestonpans Infants. Father inclusive practise now rolled out to 7 schools with support of Fathers Network Scotland and SG. An 'Impact Poster' to be developed by Sheila Laing on how this work was initiated.	Involving parents and carers
4.	Nutrition including breast feeding support	IFA health visitors Ruth davie	Support for weaning classes Support for family cooking classes  Explore re-establishing a Breastfeeding Support Group in Prestonpans	Pennypit Trust providing support for weaning education and cooking classes in the cluster  Group now running and is building attendance week on week. Nicola providing service in a volunteer capacity as new peers supporters are trained the group will have additional capacity	Are healthy and happy
5.	Parent pathway courses	SFTS family worker All	Refresh parenting pathway document and promote.  Monitor uptake & reach of Baby Massage PEEP Raising Children with Confidence	Natalie Moir to lead on this  All to support SFTS family worker to update a public display (Dashboard) of data relating to parent pathway groups and support provided	Have positive parenting and experience good attachments at an early stage

			New staff / volunteers to support PEEP RCWC and targeted parenting programmes CLD exploring a funding bid to lottery for 'family work' in the cluster	by services for children and parents in the cluster	
6.	Improving language & communication skills	Speech and language team / Cluster schools  Cluster schools SFTS family worker	Blether with your Bairn's project  Word boost initiative	This project has developed from the Great Box of Toys project and is rolling out across East Lothian.  Programme starting in all school in August. SFTS family trained and will support parental engagement.	Are ready to learn
7.	Support for ASN Children & parents		Map what support is currently available in cluster and explore what opportunities are available to enhance. Do we need specialist childcare for children with additional needs	A lead for this work needs to be identified to progress	Children and parent are included
8.	Supporting Play	Core group Play groups and ELC early years team	More play facilities needed More funded playgroups plans needed??? 2 year olds in Red School 7 great toys  Link to Play Policy development and implementation  Explore opportunities for play rangers or other ways to support parents to get children outside	Recent Munch & Crunch identified spaces for outdoor play and parental engagement in outdoor play as an area of need. Proposed mapping of existing play resources in the cluster and to gather children views of the spaces	Have good play opportunities
9.	Peri-natal mental health	Core group	Supporting women with post natal depression Exploring more way of working with parents ante natally to enhance attachment	Support Pandas group  Peep ante natal group  Conference on mind mindedness / attunement	Have positive parenting and experience good attachments at an early stage

10.	Maintain links with area partnership and advise on early years issues for the cluster	Core group	Identify an SFTS community rep for Area partnership		
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### **Support from the Start outcomes**

- √ Have positive parenting and experience good attachments at an early stage
- √ Are ready to learn and achieve
- √ Can access quality child care experiences
- √ Are healthy and happy
- √ Are not living in poverty
- √ Have a good opportunity for play
- √ Are protected from harm
- ✓ Are included

### **Early Years Strategic priorities**

- Early support for pregnancy and beyond
- Attachment and child development
- Continuity of care in transitions
- 27-30 month review
- Developing parents' skills
- Family engagement to support learning

- Addressing child poverty