

Personal Independence Payment (PIP)

Daily Living Activities

Preparing food	Activity 1
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| a Can prepare and cook a simple meal unaided | Score 0 |
| b Needs to use an aid or appliance to be able to either prepare or cook a simple meal | Score 2 |
| c Cannot cook a simple meal using a conventional cooker but is able to do so using a microwave | Score 2 |
| d Needs prompting to be able to either prepare or cook a simple meal | Score 2 |
| e Needs supervision or assistance to either prepare or cook a simple meal | Score 4 |
| f Cannot prepare and cook food | Score 8 |

Taking nutrition	Activity 2
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| a Can take nutrition unaided | Score 0 |
| b Needs either
(i) to use an aid or appliance to be able to take nutrition; or
(ii) supervision to be able to take nutrition; or
(iii) assistance to be able to cut up food. | Score 2 |
| c Needs a therapeutic source to be able to take nutrition | Score 2 |
| d Needs prompting to be able to take nutrition | Score 4 |
| e Needs assistance to be able to manage a therapeutic source to take nutrition | Score 6 |
| f Cannot convey food and drink to their mouth and needs another person to do so | Score 10 |

Managing therapy or monitoring a health condition	Activity 3
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| a Either
(i) does not receive medication or therapy or need to monitor a health condition; or
(ii) can manage medication or therapy or monitor a health condition unaided | Score 0 |
| b Needs either
(i) to use an aid or appliance to be able to manage medication; or
(ii) supervision, prompting or assistance to be able to manage medication or monitor a health condition | Score 1 |
| c Needs supervision, prompting or assistance to be able to manage therapy that takes no more than 3.5 hours a week | Score 2 |
| d Needs supervision, prompting or assistance to be able to manage therapy that takes | |

more than 3.5 but no more than 7 hours a week	Score 4
e Needs supervision, prompting or assistance to be able to manage therapy that takes more than 7 but no more than 14 hours a week	Score 6
f Needs supervision, prompting or assistance to be able to manage therapy that takes more than 14 hours a week	Score 8

Washing and bathing

Activity 4

a Can wash and bathe unaided	Score 0
b Needs to use an aid or appliance to be able to wash or bathe	Score 2
c Needs supervision or prompting to be able to wash or bathe	Score 2
d Needs assistance to be able to wash either their hair or body below the waist	Score 2
e Needs assistance to be able to get in or out of a bath or shower	Score 3
f Needs assistance to be able to wash their body between the shoulders and waist	Score 4
g Cannot wash and bathe at all and needs another person to wash their entire body	Score 8

Managing toilet needs or incontinence

Activity 5

a Can manage toilet needs or incontinence unaided	Score 0
b Needs to use an aid or appliance to be able to manage toilet needs or incontinence	Score 2
c Needs supervision or prompting to be able to manage toilet needs	Score 2
d Needs assistance to be able to manage toilet needs	Score 4
e Needs assistance to be able to manage incontinence of either bladder or bowel	Score 6
f Needs assistance to be able to manage incontinence of both bladder and bowel	Score 8

Dressing and undressing

Activity 6

a Can dress and undress unaided	Score 0
b Needs to use an aid or appliance to be able to dress or undress	Score 2
c Needs either (i) prompting to be able to dress, undress or determine appropriate circumstances for remaining clothed; or (ii) prompting or assistance to be able to select appropriate clothing	Score 2
d Needs assistance to be able to dress or undress their lower body	Score 2
e Needs assistance to be able to dress or undress their upper body	Score 4
f Cannot dress or undress at all	Score 8

Communicating verbally

Activity 7

a Can express and understand verbal information unaided	Score 0
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b Needs to use an aid or appliance to be able to speak or hear	Score 2
c Needs communication support to be able to express or understand complex verbal information	Score 4
d Needs communication support to be able to express or understand basic verbal information	Score 8
e Cannot express or understand verbal information at all even with communication support	Score 12

Reading and understanding signs, symbols and words

Activity 8

a Can read and understand basic and complex written information either unaided or using spectacles or contact lenses	Score 0
b Needs to use an aid or appliance, other than spectacles or contact lenses, to be able to read or understand either basic or complex written information	Score 2
c Needs prompting to be able to read or understand complex written information	Score 2
d Needs prompting to be able to read or understand basic written information	Score 4
e Cannot read or understand signs, symbols or words at all	Score 8

Engaging with other people face to face

Activity 9

a Can engage with other people unaided	Score 0
b Needs prompting to be able to engage with other people	Score 2
c Needs social support to be able to engage with other people	Score 4
d Cannot engage with other people due to such engagement causing either (i) overwhelming psychological distress to the claimant; or (ii) the claimant to exhibit behaviour which would result in a substantial risk of harm to the claimant or another person	Score 8

Making budgeting decisions

Activity 10

a Can manage complex budgeting decisions unaided	Score 0
b Needs prompting or assistance to be able to make complex budgeting decisions	Score 2
c Needs prompting or assistance to be able to make simple budgeting decisions	Score 4
d Cannot make any budgeting decisions at all	Score 6

Personal Independence Payment (PIP)

Mobile Activities

Planning and following journeys	Activity 1
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|---|----------|
| a Can plan and follow the route of a journey unaided | Score 0 |
| b Needs prompting to be able to undertake any journey to avoid overwhelming psychological distress to the claimant | Score 4 |
| c For reasons other than psychological distress cannot plan the route of a journey | Score 8 |
| d For reasons other than psychological distress cannot follow the route of an unfamiliar journey without another person, assistance dog or orientation aid | Score 10 |
| e Cannot undertake any journey because it would cause overwhelming psychological distress to the claimant | Score 10 |
| f For reasons other than psychological distress cannot follow the route of a familiar journey without another person, an assistance dog or an orientation aid | Score 12 |

Moving around	Activity 2
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| a Can stand and then move more than 200 metres, either aided or unaided | Score 0 |
| b Can stand and then move more than 50 metres but no more than 200 metres, either aided or unaided | Score 4 |
| c Can stand and then move unaided more than 20 metres but no more than 50 metres | Score 8 |
| d Can stand and then move using an aid or appliance more than 20 metres but no more than 50 metres | Score 10 |
| e Can stand and then move more than 1 metre but no more than 20 metres, either aided or unaided | Score 12 |
| f Cannot, either aided or unaided, (i) stand; or (ii) move more than 1 metre | Score 12 |