

*Reprovision of Abbey and Eskgreen Care  
Homes & Belhaven and Edington  
Community Hospitals*

*May 2018*

# Why are we doing this and what do we want?

- Responding to increases in the number of older people in east Lothian
- Shifting the balance of care from bed based to community based provision
- Provide care closer to home
- Support more independent living
- Raising standards of service, including facilities fit for modern care
- Respond to what people in East Lothian would like to see – engagement process

# How will we transform these services ?

- We wish to **Transform** the way in which care is delivered
  - Develop the **potential of Housing with Care** (Extra Care Housing) as an alternative to care home and hospital.
- Build on **support** already **in community**
  - packages of care
  - teams supporting people returning from hospital
  - care, rehabilitation, reablement support
- Respond to draft East Lothian **Local Housing strategy**
  - Develop 300 units of specialist accommodation for older people over a five-year period to 2023 (e.g. care homes, extra care housing or sheltered housing. Could be purpose built or remodelled from existing provision and developed by the public or private sector.

# What is being proposed

- It is proposed that in Dunbar, North Berwick and Musselburgh there should be **Housing with Care/extra care housing developments of 60 to 70 units.**
- The specific proposals for the range of services currently provided are to transform the following:
  - **NHS community beds** – to be reprovided in extra care housing
  - **Day Treatments** – consider whether this should be provided in the East Lothian Community Hospital
  - **Minor Injuries** – commission a clinically led review of this service
  - **Nursing Home Care** - to be reprovided in extra care housing
  - **Residential Care** - to be reprovided in extra care housing
  - **Residential Respite** - to be reprovided in extra care housing

# What is being proposed

- Since the Edington site also houses the North Berwick Medical Practice which is also not fit for purpose, plans for North Berwick will have to **include the future location of the medical practice.**
- If the strategy is agreed the IJB will ask NHS Lothian and East Lothian Council to **set up projects to deliver new facilities.**

# What is Housing with Care (Extra Care Housing)?

*(this is not an exhaustive list)*

- Developments that comprise **self-contained** homes with design features and support services available to enable self-care and independent living
- 'Very sheltered housing', 'housing with care', 'retirement communities' or 'villages'
- Occupants may be owners, part owners or tenants
- Different forms - from a development of single storey apartments or bungalows to flats or properties within a retirement village
- Different services - including an emergency alarm service, personal care, nursing care, restaurants/dining rooms, domestic help, laundry, hairdressing etc.

# Core ingredients of Housing with care

*(this is not an exhaustive list )*

- **Purpose-built**, or refurbishment of existing sheltered housing facilities, accessible building design that promotes independent living and supports people to age well in that setting
- Fully **self-contained** properties where occupants have their own front doors, and tenancies or leases which give them security of tenure and the right to control who enters their home
- Office for use by **staff serving the facility** and sometimes the wider community
- Some **communal spaces** and facilities
- Access to **care and support services 24 hours** a day (social care and NHS care)
- Community alarms and other **assistive technologies**
- **Safety and security often built into the design** with fob or person-controlled entry

# Varis Court, Moray





# Dovecot Court, Peebles



# Cowan Court, Midlothian



# Workshop Questions ?

- What are your thoughts on Extra Care Housing model being discussed?
- What concerns do you have about the Extra Care Housing model?
- What facilities would you like to see in Extra Care housing (ECH)?
- What care and support would you like in ECH?

# Workshop Questions?

- **What design features might you like to see – for example,**
  - safe outside space,
  - homely style,
  - space for personal belongings,
  - assistive technologies,
  - cues for signing posting and pathways to communal facilities
  - Scope for ordinary activities (unit kitchens, washing lines, garden sheds).

# Next steps.....reference only

Key Stage	Board/Committee and organisation	Timescale
Strategic Vision	Integration Joint Board	22nd February 2018
Consultation process	Various meetings and events	March - June 2018
Final Proposals Following Consultation	Integration Joint Board NHS Lothian East Lothian Council	August 2018
Start of development of business cases	Project management process, system and governance to be in place.	August/September 2018 onwards
Produce business case	Business case development and approval.	June 2018 - September 2019 - <i>indicative</i>
New Builds (if identified)	Procurement process for Build and contractual arrangements for Extra Care Housing. Housing/Care/Support provider.	Approximately 3-5 years - <i>indicative</i>

# Current facilities – *reference only*

	Type of facility	Places or beds available
<b>Belhaven Hospital</b> Ward 1	Care Home with Nursing beds. Places are purchased by East Lothian Council	11 beds
Ward 2	Community beds supported by General Practice. A decision has been taken by the IJB to move Ward 2 to ward 3. Belhaven will then have 23 beds in total.	11 beds 1 day care bed Used for respite, palliative care and step-down care.
Ward 3	Care Home with Nursing beds	12 beds
<b>Edington Hospital</b>	Community beds supported by General Practice. Beds are being used for step down care and awaiting care packages or await Care home placements. There is some use for palliative care support.	9 beds Used for respite, palliative care, step down. Minor injuries unit.
<b>The Abbey</b>	Care Home for Older People The accommodation is built in the grounds of a 15th Century convent and has been extended.	30 place (28 single residential and 2 respite) 16 en-suite.
<b>Eskgreen Care Home</b>	Care Home for Older People	30 place (27 residential and 3 respite). No rooms have ensuite facilities.