

**Have you got room in  
your life and your home  
to support an adult?**



Image courtesy of Rachel Marshall, Bonzo Art

**Shared Lives East Lothian**  
*Share your life and your home*

East Lothian  
**Health & Social Care Partnership**



## What is Shared Lives East Lothian?

- Shared Lives is a service for adults who need some support.
- Arrangements range from offering support for a few hours a week to providing a long term home.
- Shared Lives Carers are self-employed and receive a fee for their work.
- Shared Lives is run by East Lothian Health and Social Care Partnership .
- It is registered with the Care Inspectorate.

## Your can offer different kinds of support, for example:

- **Day support** – sharing hobbies and interests and getting out and about on a regular basis
- **Short breaks** – having someone to stay for short periods
- **Long-term** – having someone come and live with you and including them in your family and social networks.

## Our key aims are to ensure that:

- People and families are well matched
- Shared Carer arrangements promote supported people's safety, dignity, independence and rights.
- Supported people can enjoy being part of families, households and community life

- Shared Lives Carers have the knowledge and skills to support the person they care for
- We continually work to improve the service.

## Could you be a Shared Lives Carer?

**Working as a Shared Lives Carer can be flexible so it can fit in with your life and your availability.**

We are looking for people (families or individuals) who:

- are from all walks of life and backgrounds, no qualifications are needed
- have personal qualities such as patience, flexibility and compassion
- are good communicators
- are willing to work on a self-employed basis
- want to support people to realise their potential
- have a spare room (for short breaks and long term support).

## How do I become a Shared Lives Carer?

If you are interested then please get in touch and we can discuss this with you. We have an approval process that involves relevant checks, references and regular meetings at your home with one of our Coordinators to make sure that you are suitable.

## Who uses the Shared Lives Service?

We accept referrals for adults who have support needs that may be associated with a learning disability, physical disability, autism, sensory impairment or mental health. A social work assessment is required to use the service.

## If you want to find out more then please contact us

Please get in touch with Anne or Louise at:

Shared Lives East Lothian

East Lothian Health and Social Care Partnership

Randall House

Macmerry Business Park

Macmerry

EH33 1RW

- Phone 01620 827280
- Email [sharedlives@eastlothian.gov.uk](mailto:sharedlives@eastlothian.gov.uk)
- Visit [www.eastlothian.gov.uk/shared\\_lives](http://www.eastlothian.gov.uk/shared_lives)