## DISHES AND THEIR ALLERGEN CONTENT - EAST LOTHIAN PRIMARY SCHOOLS - MAINS MEALS

DISHES						Lupin	Milk		MUSTARD			SISAM		Beer WINE	
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Lentils
CHICKEN FILLET															
SWEET CHILLI SAUCE		<20ppm													
POTATO WEDGES															
PASTA BAKE		X					X								
CORONATION CHICKPEA				X											
PIZZA POWER		Х					X								
PORK MEATBALLS IN GRAVY														X	
QUORN DIPPER		x													
BAKED BEANS															
PASTA BOLOGNAISE		x					x								X

Review date:

Reviewed by:

**FMS** 



DISHES						- Lupin Flour	Milk		MUSTARD			SSAM OL		Boor	
	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Lentils
LENTIL DAHL															X
CHICKEN BURGER IN ROLL		x		Roll may contain			Roll may contain					Roll may contain	X Roll		
MACARONI		X					X								
SWEET N SOUR VEG WITH NOODLES		x		x									X		
HAGGIS		x													
SALMON FILLET					X										
HOME-MADE TOMATO SAUCE															
BEAN CASSEROLE															
PASTA WITH PESTO SAUCE		X					X								
PLANT BASED CHICKEN FAJITA		x					x								
PHILADELPHI A CHEESE							X								

DISHES						Lipin Flour	Milk		MUSTARD			SSEAM		Beer	
	Celery	Cereals containing gluten	Crustacean s	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Lentils
BEEF BURGER IN A ROLL		X Roll		Roll may contain			Roll may contain						X Roll & Burger	X Burger	
VEGETABLE BIRYANI															X
FISH FILLET					X										
CHICKEN CURRY															X
FALAFEL WRAP		х													
BAKED POTATO WITH BEANS															
CHEESE							X								
COLESLAW				x											
EGG MAYO				x											
TUNA MAYO				x	x										
CHICKEN MAYO				x											
НАМ															
GARLIC BREAD		x					X								

DISHES					D.	Lupin	Milk		MUSTARD			SSLAM		Beer WNE	
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	Lentils
DICED POTATOES															
BABY POTATOES															
CHIPS															
ROAST POTATOES															
50/50 BREAD		X										May contain	х		
WHOLEMEAL BREAD		X										May contain	Х		
BROWN MORNING ROLL		Х										May contain	Х		
CIABATTA		X								May contain					
HOAGIE		Х		May contain			May contain					May contain	May contain		
MULTI SEEDED BAGEL		х										May contain			
PANINI		X										May contain			
CHAPATI		X													