

EAST LOTHIAN OUTREACH YOUTH WORK

We are out and about across East Lothian on a number of nights.

If you would like to get in touch to find out more about our work please email **connectedcommunities@eastlothian.gov.uk**



USEFUL TELEPHONE NUMBERS AND WEBSITES

HEALTH AND WELLBEING

BREATHING SPACE

0800 838 587

CHILDLINE

0800 1111

LGBTQ LESBIAN, GAY, BISEXUAL, TRANSGENDER SUPPORT

0131 523 1100 • lgbthealth.org.uk

MENTAL HEALTH AND WELLBEING INFORMATION POINT

[sites.google.com/edubuzz.org/
mhwb-information-point/home](https://sites.google.com/edubuzz.org/mhwb-information-point/home)

MYPAS DRUG & ALCOHOL SUPPORT, LBGTQ SUPPORT

mypas.co.uk

NHS24

111

SEXUAL HEALTH

lothiansexualhealth.scot/youngpeople

YOUNG MINDS

Text ym 85258

MONEY AND LEGAL

CITIZENS ADVICE BUREAU

musselburghcab.org.uk

YOUNG SCOT LAW LINE

0808 801 0801

WORK AND TRAINING

EAST LoTHIAN WORKS ADVICE ON JOBS, TRAINING OR SKILLS DEVELOPMENT

01620 827262 • eastlothian.gov.uk/EastLothianWorks

SCOTLAND'S CAREERS SERVICES

skillsdevelopmentscotland.co.uk

YOUTH ORGANISATIONS

BRIDGES PROJECT

bridgesproject.org.uk

RECHARGE YOUTH PROJECT

rechargeyouthproject.org.uk

NORTH BERWICK YOUTH PROJECT

northberwickyouthcafe.org.uk

YOUNG SCOT

For info on clubs local to you please visit young.scot

