



East Lothian Health and Social Care Partnership  
Strategic Planning Group

Minutes

Date: 6<sup>th</sup> October 2022  
Time: 14:00-16:00  
Venue: MS Teams

1.	Welcome and Apologies	ACTION
	<b>Attendees:</b>	
	Shamin Akhtar (SA)	Chair (IJB Vice – chair)
	Jade Adams (JA)	Personal Assistant (minute taker)
	Maureen Allan (MA)	Chief Officer, Volunteer Centre East Lothian
	Lesley Berry (LB)	General Manager, East Lothian Rehabilitation Service and Chief AHP
	David Binnie (DB)	IJB Carer Representative
	Cara Blair (CB)	Acting Falls Team Lead, Physiotherapy
	Philip Conaglen (PC)	Consultant in Public Health Medicine
	Paul Currie (PC)	Interim General Manager, Strategic Integration
	Claire Flanagan (CF)	Chief Finance Officer
	Iain Gorman (IG)	Head of Operations
	John Hardman (JH)	Interim Clinical Director
	Christine Johnston (CJ)	Planning and Performance Manager
	Matthew Kennedy (MK)	General Manager, Adult Social Work
	Laura Kerr (LK)	General Manager, Planning and Performance
	Shannon Leslie (SL)	Service Manager, Adult Community
	Jamie Megaw (JM)	General Manager, Primary Care Services
	Gillian Neil (GN)	General Manager, Adult Community
	David Ogilvie (DO)	Service Manager, Housing Strategy and Development
	Sharon Saunders (SS)	Head of Communities and Partnerships
	Judith Tait (JT)	Chief Social Work Officer
	Guy Whitehead (GW)	Advanced Physiotherapy Practitioner
	Fiona Wilson (FW)	Chief Officer, ELHSCP
	<b>Apologies: Peter Murray, Catriona Cockburn.</b>	
2.	<b>Minutes of last meeting</b>	<b>SA</b>
	Accurate record, minutes approved.	
3.	<b>Community Transformation Papers (under 65/over 65 papers)</b>	<b>SL/CJ</b>
	Both set of papers distributed to the group ahead of today's SPG meeting. SL to present under 65 and CJ to present over 65 with a brief summary.	
	<p><b>Under 65s paper</b></p> <p>SL noted the specific focus on this paper was for adults with learning disabilities. The team is growing within the service and significant changes have been implemented in day centres. There is also some background information included in the paper that was previously presented to the IJB. Teams continue to work hard in the community and are continuing to develop more community-based presences. There is also a map attached within the papers to</p>	



<p>show where the current ongoing work is happening – SL noted there is not a lot of activity on the East side as there hasn't been a lot of demand or interests for this.</p> <p>The LD team are currently catching up on reviews and re-assessments of people's needs to see what we can offer/can be delivered online as number of support packages are increasing. SL is bringing the papers to the SPG today to seek approval/agreement in principle to agree the post March 2023 and to look at utilisation of a travel app "Way to be" to support people to develop life skills to travel on their own). There has also been a lot of good feedback received..</p> <p>The team is supportive of this but want to make sure services continue to be delivered positively and support the community. SL noted Carers of East Lothian is also trying to set up specific forums and have sent out letters but only received 1 response. They are still trying to engage with people and focus on outcomes.</p> <p>IG noted it may be difficult to agree on purchasing this travel app as would be unsure if SPG or ELC procurement.</p> <p>GN wanted to highlight the transport part of the paper as from April 2021 there was an agreement on the fleet services and this has reduced from 5 down to 1. Savings from the transport budget need to be considered to allow us to do this.</p> <p>CF noted there are challenges around reduction in use of ELC transport fleet and reduction in use of buses and taking funding which supported that and re-directing to drive transformation. It is proving to be a struggle. Discussions with ELC Finance are looking at this issue.</p> <p>SL &amp; team agreed to looking into utilising the app and to look at transportation options which other local authorities may use.</p> <p><b><u>Over 65s paper</u></b></p> <p>CJ discussed the over 65s paper. Similar to the under 65s we are looking at the development of models of community-based support founded on the same principals. There has been a lot of engagement with older people, carers, and providers and IJB agreed to set key principals implementing this and agreed to develop a service model within the paper to show relationship between different developments and community services that are currently in place.</p> <p>Within the document they don't commission green layer of support but they do need them in place to deliver the model – have funded Volunteer Centre East Lothian to fund capacity around this and a mixture of services we can use.</p> <p>CJ updated progress to date – 1<sup>st</sup> service commissioned is Community First which is provided by Volunteer Centre East Lothian and launching this month with 5 year funding agreement in place. This is taking Hospital at Home service and extending it to people in the community.</p> <p>The second approach is meeting centres for dementia. A grant process is in place for this and for adding in another centre. We are now in a position to continue this for 2 years to support an evidence-based model..</p> <p>The third area is older people's day services and outreach – currently have 9 centres, with small charities running each centre. There has been a lot of changes with service delivery because of Covid and funding issues. It has been agreed to move to a 5 year funding arrangement and to improve performance especially around governance.</p>	<p>SL</p>
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	<p>CJ noted there is mandatory training required and a workforce development programme so that services are fit for purpose. CJ discussed dementia care and how Hollies in Musselburgh used to support this but can no longer, so we need an alternative. There is a plan to use the former funding and put towards a development of the dementia service in Musselburgh and need strategies developed around this and somewhere to host it.</p> <p>CJ is working with colleagues and clinical teams to improve the pathway, by considering service options that can be put in place. This may require changes to the way care at home works and establishment of other programmes that may support this better with new models of community support for the future.</p> <p>CJ noted she was looking for approval/agreement to re-invest £100k into developing services in Musselburgh and to continue to support services already in place.</p> <p>MA noted that Community First launched on the 3<sup>rd</sup> of October and staff are currently having inductions and at the moment they are sitting with 48 people on their caseload and that has included a variety of referrals including hospital discharges, rehab team and social work but feels there is a lot of work to do around appropriate referrals.</p> <p>MK noted they are trying to pick things up earlier on Social Work side and work is currently being made with the transformation programme to emphasis early intervention and signposting to the different services and make sure people are being sign posted appropriately.</p> <p>SA commented it is important to acknowledge the gap and Musselburgh has been recognised for this, even in discussions at other meetings and as such, she was happy to agree to fund.</p>	
<p>4.</p>	<p><b>Falls &amp; Enjoy Leisure Papers</b></p> <p>Papers circulated but some people were unable to open them. Colleagues were asked to let JA know if they haven't managed to open these and GW/CB can re-send.</p> <p><b><u>Enjoy Leisure Papers - GW</u></b></p> <p>This paper went through the Tech Board and was approved. Now support was sought from the SPG in taking this forward.</p> <p>The intention is to target residents with long-term conditions to engage in physical activity. The proposal builds on existing Macmillan Move More programme between the HSCP and Enjoy Leisure. There is a section for referral pathways including self-referrals. GW and team currently have meetings scheduled with Enjoy Leisure and Lammermuir Community Council to broaden groups. It is hoped that finance in this will include a revenue stream from fees. The numbers in the original proposal have been updated to show this whilst there will be shared costs. IG supportive of this but hoping that what we put in we will hopefully receive something back while achieving the aims. GW commented that physical health and activity also has impact on mental health. JW also aware of this project and knows there are significant pressures on prescribing at the moment. If this helps, he is willing to back this and get other GPs involved too.</p> <p>JH asked if this could be made available electronically/on SCI-store for GPs to access. CF advised there are issues around the costing for this and happy to discuss finances offline and bring back to next SPG.</p> <p>GW will still meet with Enjoy Leisure and Lammermuir Community Council, but will be mindful finance isn't in place yet.</p> <p><b><u>Falls Papers - CB</u></b></p>	<p><b>LB/GW/C B</b></p>



	<p>CB noted over the last 18 months as Falls Project Lead she has been pulling together her report to suggest the best approaches to address gaps in falls help in the community.</p> <p>Falls are a huge cost to the NHS, totalling around £471 million. There are services in place in East Lothian to avoid and to respond to falls, but communication between the teams could be improved as could the responsiveness of services to communities across East Lothian.</p> <p>CB noted evidence shows patients may need up to 52 weeks of physical activity post fall to regain function and to prevent future falls but the HSCP is unable to provide this.</p> <p>Assessment of East Lothian provision shows there are a few areas not meeting guidelines. To address this, the falls report recommends creating new roles and improvements in joint working. Originally the team had asked for a new team comprising a band 7, band 6, band 5 and either a band 4 or CCW. However, 2 posts have been secured through core funding so the cost has now halved. The team hopes to move quickly to get these posts approved and filled.</p> <p>CF advised that further 'offline' discussion is needed regarding finances, in view of current pressures and projected overspend. Following this, the proposal could be brought to a future SPG for further discussion.</p> <p>LK commented she was happy with the papers, which have all the correct information, but just need to include more evidence and bring this back with more information to next SPG. LB noted that they thought funding had been identified but nothing has moved forward since they last attended the Tech Board.</p> <p>Group is supportive in both papers and the direction they are travelling towards. To be brought back to the next SPG once the rest of the group have had the chance to look through the papers and feedback on them.</p>	
5.	<p>Date of next meeting - 17<sup>th</sup> November 2022. SA also thanked everyone for attending and their ongoing support.</p>	