

18+ and looking for support
with drug or alcohol issues?

PLEASE CALL

THE CONTACT SERVICE
07843 339 958

- Making an enquiry for yourself or someone you care for?
- Do you live in Midlothian or East Lothian?

CALL OR TEXT
ANYTIME 24hr answering machine

If you are looking to engage with support services, we can help you make the first step, to access the support you need.

You will engage in a brief conversation designed to offer confidential support to help you decide what is best for you, or give you the information you need to make an informed decision.

Go to www.meldap-recovery.co.uk for further information on where to get help for young people, families and adults.



Promoting Recovery from
Drug and Alcohol Misuse

