

18+ and looking
for support
with drug or
alcohol issues?

Do you
live in
Midlothian or
East Lothian?

Making an
enquiry for
yourself or
someone you
care for?

CALL OR TEXT ANYTIME (24hr
answering
machine)

Go to www.meldap-recovery.co.uk for further
information on where to get help for young people, families and adults.

If you are looking to engage with support services, we can
help you make the first step, to access the support you need.

THE
CONTACT
SERVICE
07843
339 958



Promoting Recovery from
Drug and Alcohol Misuse



Midlothian
Health & Social Care
Partnership

East Lothian
Health & Social Care Partnership

