

18+ and looking for support with drug or alcohol issues?

Making an enquiry for yourself or someone you care for?

Do you live in Midlothian or East Lothian?



CALL OR TEXT ANYTIME (24hr answering machine)

Go to www.meldap-recovery.co.uk for further information on where to get help for young people, families and adults.

If you are looking to engage with support services, we can help you make the first step, to access the support you need.

You will engage in a brief conversation designed to offer confidential support to help you decide what is best for you, or give you the information you need to make an informed decision.



Promoting Recovery from Drug and Alcohol Misuse

