

Primary School Menu 2024-25

The 2024-25 menu starts Monday 29th April 2024.

Menu & prices

The current price of school meal is £2.25, increasing to £2.30 in August 2024. All meals should be pre-ordered at home using **SchoolPay**.

www.eastlothian.gov.uk/schoolpay

Please note, no cash will be accepted so signing up to SchoolPay is essential. Please speak to your School Office if you require assistance.

Please note Friday packed lunches should be pre-ordered through SchoolPay by the day specified by your school.

Free school meals

All pupils in Nursery and p1-p5 are entitled to a free school meal.

Pupils in p6 and p7 may be entitled to receive free school meals if you or your partner are in receipt of benefits.

You can find more information on the East Lothian Council Web site.

www.eastlothian.gov.uk

Nutrition

All of our menus meet the Scottish Government's legislative Food and Nutrition standards.

We help pupils to eat the recommended 5 portions of fruit and vegetables a day by serving fresh seasonal produce. We also choose locally grown fruit and vegetables when they are available.

Special diets

If your child has a special dietary need, either medical or cultural, please call your child's school and ask to speak to the Kitchen Supervisor or contact Facilities Management Services.

Information regarding allergens can be found on East Lothian Council website under Healthy Eating in Schools.

T 01620 827811
schoolcatering@eastlothian.gov.uk



Active lifestyles

As well as eating tasty nutritious food, keeping active is essential to a child's wellbeing and development. East Lothian Council's 'Get Going' programme provides a fantastic way of helping children achieve an active lifestyle.

For more information contact healthyliving@eastlothian.gov.uk

Feedback

Your views on the services we provide are very important to us. If you or your child has any comments or suggestions about school meals please let us know. Thank you for supporting East Lothian Council's school meals service.

Further information

www.eastlothian.gov.uk

www.scottishschoolmeals.co.uk

www.soilassociation.org.uk

www.eastlothian.gov.uk/info/210622/schoolpay

Contact us

Facilities Management Services,
Penston House,
Macmerry, EH33 1EX

schoolcatering@eastlothian.gov.uk

T 01620 827811

[ELCouncil](#) [EastLothianCouncil](#)

Versions of this leaflet can be supplied in Braille, large print, audiotape or in your own language. Please phone Customer Services on 01620 827199.



Primary School MENU 2024-25



Food for The Future

We currently hold the **Food for Life Silver Served Here Award**, which focuses on championing local producers making healthy eating easier and serving ethical and environmentally food such as organic.



Daily Menu

Served every day:



Soup



Seasonal vegetables



Mixed salad



Wholemeal bread



Fresh Fruit or Fruit Salad



Yogurt

The menu contains dishes using seasonal produce. We provide a choice of main meal or a nutritionally balanced lighter bite option. Soup and dessert can be enjoyed with any option.



Water or Organic Milk

are available every day to help growing teeth!



Friday Packed Lunch

A sandwich lunch is available on Friday: A filled roll, yogurt, and fresh fruit & vegetables. Please note that bottled water is available on request. Please recycle.



On-line only payments (see back for more details)
www.eastlothian.gov.uk/schoolpay

		SOUP ve	BLUE BAND	GREEN BAND	YELLOW BAND	DESSERT v
WEEK 1	MON	Vegetable ve	Macaroni v	Ve Dog (Vegan sausage in a Roll) ve	Soup + Cream Cheese & Cucumber Bagel with Salad v	Fruit Salad, Selection of Fruit, Yogurt
	TUE	Lentil ve	Chilli Con Carne with Rice	Pizza v	Soup + Vegan Fish Finger Wrap ve	Fruit Salad, Selection of Fruit, Yogurt
	WED	Leek & Potato ve	Chicken Goujon with Diced Potatoes & Vegetables	American Style Rice ve	Soup + Ham Petit Pan	Fruit Salad, Selection of Fruit, Yogurt
	THU	Lentil ve	Pork Meatballs in Tomato Sauce with Pasta	Potato & Bean Pie ve	Soup + Cheese Panini v	Fruit Salad, Selection of Fruit, Vanilla Sponge with Fruit
WEEK 2	MON	Lentil ve	BBQ Chicken Fillet, Potato Wedges & Sweetcorn Salsa	3 Bean Chilli & Rice ve	Soup + Tuna Roll	Fruit Salad, Selection of Fruit, Yogurt
	TUE	Tomato ve	Steak Pie & Potatoes	Vegetarian Tacos ve	Soup & Cheese Sandwich v	Fruit Salad, Selection of Fruit, Yogurt
	WED	Vegetable ve	Pizza v	Baked Potato with Coronation Chickpea v	Soup + 'This Isn't Chicken' Salad Wrap ve	Fruit Salad, Selection of Fruit, Yogurt
	THU	Carrot & Coriander ve	Fish & Chips	Spanish Rice ve	Soup + Ham Sandwich	Fruit Salad, Selection of Fruit, Vegan Jelly ve & Fruit
WEEK 3	MON	Lentil ve	Beef Burger in a Roll & Veg Batons	Vegan Cottage Pie ve	Soup + Fish Finger Wrap	Fruit Salad, Selection of Fruit, Yogurt
	TUE	Carrot & Potato ve	Quorn Dippers, Potato Wedges & Beans ve	Singapore Rice Noodles ve	Soup + Hummus & Vegetable Pitta Bread ve	Fruit Salad, Selection of Fruit, Ice Cream with Fresh Fruit
	WED	Lentil ve	Pork Sausages, Gravy & Mash	Sweet Potato Curry & Rice ve	Soup + Ham Sandwich	Fruit Salad, Selection of Fruit, Yogurt
	THU	Leek & Potato ve	Salmon & Sweet Potato Fish Cake with diced potatoes	Tomato Pasta ve	Soup + Vegan Sausage Roll ve	Fruit Salad, Selection of Fruit, Yogurt

Menu Calendar 2024-25

- Wk1** 2024: 29 Apr, 20 May**, 10 Jun, 12 Aug***, 2 Sep, 23 Sep, 21 Oct**, 11 Nov, 2 Dec
 2025: 6 Jan, 27 Jan, 24 Feb, 17 Mar, 21 Apr*
- Wk 2** 2024: 6 May, 27 May, 17 Jun, 19 Aug, 9 Sep, 30 Sep, 28 Oct, 18 Nov, 9 Dec
 2025: 13 Jan, 3 Feb, 3 Mar, 24 Mar
- Wk3** 2024: 13 May, 3 Jun, 24 Jun, 26 Aug, 16 Sep*, 7 Oct, 4 Nov, 25 Nov, 16 Dec
 2025: 20 Jan, 17 Feb**, 10 Mar, 31 Mar

* Bank Holiday Monday, Monday served on Tuesday.
 ** In service Day. Monday served on Tuesday.
 *** School Hols. Monday served on Wednesday.



- Scottish/local produce when available.
- MCS sustainable fish source.
- v** Vegetarian choice.
- ve** Vegan choice.
- All dishes are nut free.
- All eggs are free range.
- All meat & poultry is farm assured.
- Vegetables served with every meal.
- Organic Milk and Organic Flour.