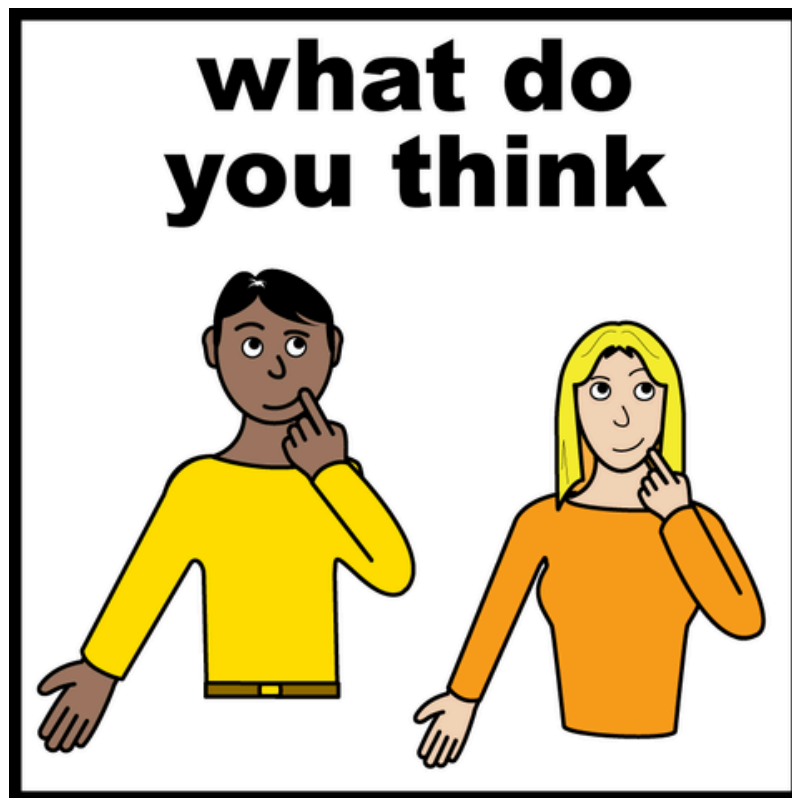


East Lothian IJB

Strategic Plan 2025–30

Easy Read Engagement



Who are we?



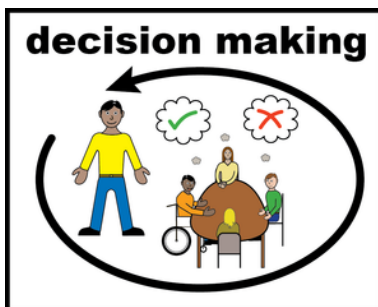
This is the East Lothian Health and Social Care Partnership (ELHSCP).



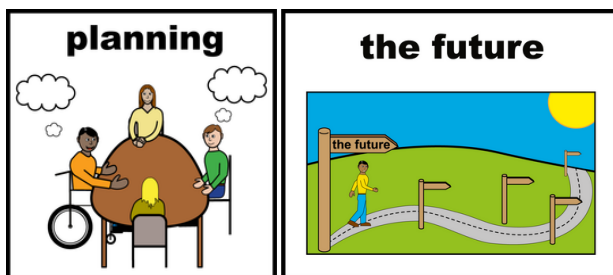
Together NHS Lothian and East Lothian Council work together to deliver health and social care services.



This is the IJB which stands for East Lothian Integration Joint Board.



ELHSCP is governed by the IJB. To "govern" means to be in charge and make the rules.



The IJB is planning how social care services will be delivered in East Lothian in the future.



We call this the East Lothian IJB Strategic Plan.

Outcomes

an outcome is what we want to happen



Health and social care services are available to everybody living in East Lothian.



We want people to have good health and live well.



We want people to be able to access support when they need it.



We want to keep people safe.



We want people to be involved in making decisions about their health and social care options.

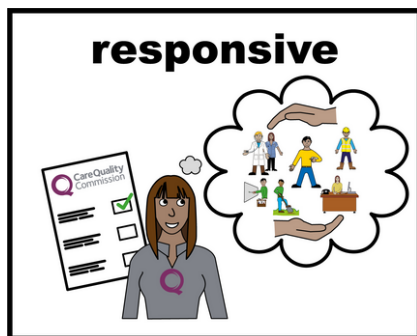
Objectives

an objective is a goal that we want to achieve



The IJB Strategic Plan explains what we will do to meet the health and social care needs of the people of East Lothian in the future.

Objective 1: Develop, transform or significantly change services to meet the needs of population



This goal is to respond to the increasing health and social needs of the people of East Lothian.



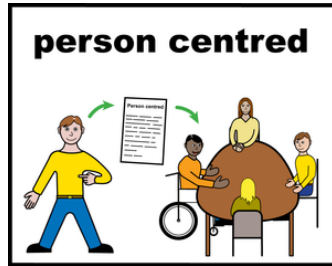
This will involve reviewing how existing health and social care services are delivered.



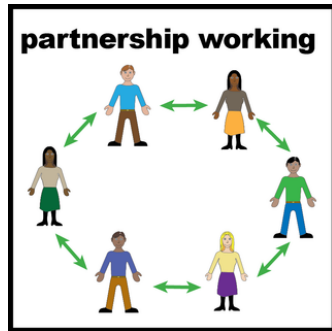
This might involve making changes to existing services or introducing new ways of delivering services.

We want to provide good care to everybody that needs it.

Objective 1: How will we achieve this?



We will plan and deliver person centred services. This means we will deliver services that best meet the needs of the person.



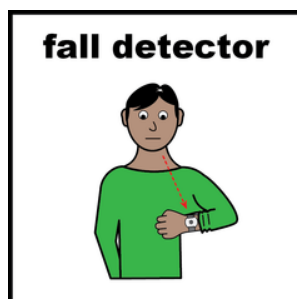
We will work with community partners and charities to deliver services close to home.



We will work with GP practices to help people get access to medical advice and support when they need it.



We will support people to gain access to mental health services in their community.



We will use technology to support people to live independently at home. An example of technology support is a fall detector.



We will support people with medical conditions to manage daily activities at home or in the community. When needed we will provide end of life care.

Objective 2: Enhance prevention, early intervention and self management measures



This goal is to prevent people from becoming unwell by encouraging people to keep their body and mind healthy.

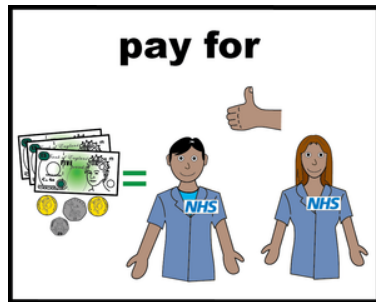


This goal is to support people to live independently at home.



This goal is to support people to manage their medical conditions and be enjoy daily living activities.

Objective 2: How will we achieve this?

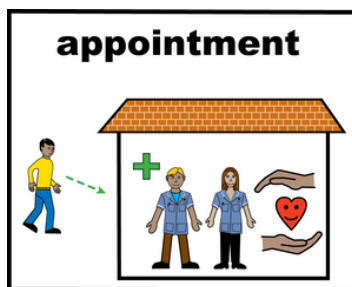


We will spend money on services and activities that help people to stay healthy and well.



This will include:

- fitness activities
- social activities
- eating well
- good mental health



We will support people to gain access to health appointments.



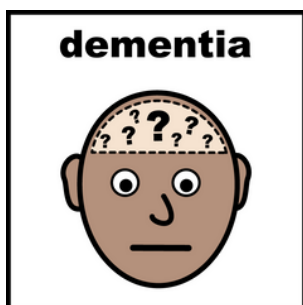
We will support people to manage their health conditions. We will support people to make decisions about the care they receive.



We will support families and children to look after their health and wellbeing from a young age.



We will provide advice and support to help prevent older people from falling.



We will support people living with dementia and their families to stay active, socially connected and supported in their communities.

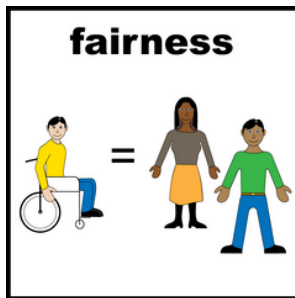


A carer is someone who looks after friends or family who need help because they are old, ill or have a disability. We will support carers to get as much help as they can.

Objective 3: Reducing Health Inequalities

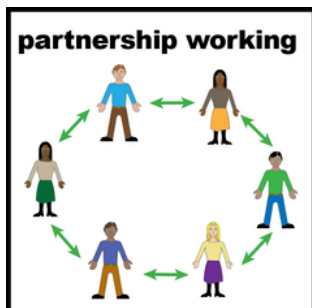


This goal is to make sure everyone can get access to health and social care support.



This goal is about fairness. It is making sure everybody is treated equally.

Objective 3: How will we achieve this?



We will work in partnership with other organisations. This will include:

- Housing
- Public Health
- Social Work
- Scottish Government



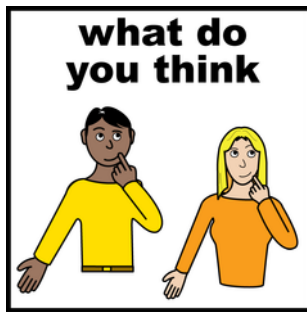
We will make sure our information and services are accessible to everyone.



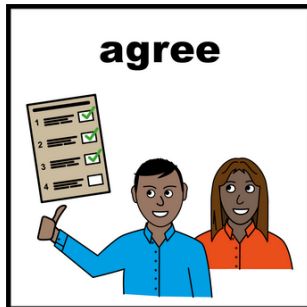
We will work to keep people safe from harm.

We will work to reduce the risk of people becoming hurt.

What do we want to ask you?



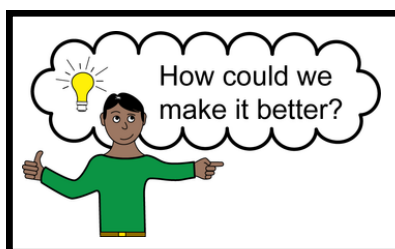
What do you think of the IJB Strategic Plan?



Do you agree with the plans and actions that have been described?



Is there anything that you disagree with?



How could we make health and social care services better?



Is there anything else you would like to say?

Thank you



Thank you for your time and feedback.



If you have any questions, or would like more information please contact us.



East Lothian Health and Social Care Partnership

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E: engagement-hscp@eastlothian.gov.uk

W: eastlothian.gov.uk/ijb-strategic-plan



Bringing together services from

