

Occupational Therapy Self-Referral Form

Please note this service is for East Lothian Council Tax paying residents only

If your enquiry needs immediate attention, please telephone our self-referral telephone line on 0300 3690 680 and select option 2.

Contact Details	
Name:	Date of Birth:
Address:	Telephone:
	GP Practice:
Email address:	

An experienced Occupational Therapy practitioner will triage this online referral form and may contact you to discuss your request in further detail. Please ensure your contact details are correct to avoid unnecessary delays in contacting you.

We may be able to give you advice over the telephone, or signpost you to more appropriate services before we look at longer term adaptations.

Enquiry Form
1. What is your reason for contacting the Community Occupational Therapy team?
2. Can you tell us a little about your medical history and how this is impacting your ability to carry out everyday activities?
3. What have you tried to resolve this difficulty?

4. How are you managing now?						
5. Are there any other health or social care professionals involved in your care at the moment? (e.g. social workers, physiotherapists, community nurses etc?)						
6. Reason for Contacting Occupational Therapy (Tick box – mandatory at least one) <table border="0" style="width: 100%;"> <tr> <td style="text-align: center;">Access to property</td> <td style="text-align: center;">Showering</td> <td style="text-align: center;">Seating</td> </tr> <tr> <td style="text-align: center;">Stairs</td> <td style="text-align: center;">Bathing</td> <td style="text-align: center;">Postural management</td> </tr> </table>	Access to property	Showering	Seating	Stairs	Bathing	Postural management
Access to property	Showering	Seating				
Stairs	Bathing	Postural management				
7. Is there anything else you would like to tell us to support the request for occupational therapy intervention?						

Please save this form, and send to: requestforassistance@eastlothian.gov.uk

Alternatively, you can post this referral form to:

Occupational Therapy
 South Offices
 East Lothian Community Hospital
 Alderston Road
 EH41 3PF

Contact us

If you have any questions completing this form, please contact the Community Occupational Therapy Team on **0300 3690 680** and select option 2.