

North Berwick Area Children & Youth Network Action Plan 2015

Aims

- Work together for the best interests of children and young people in the North Berwick Area.
- Listen to children and young people and ensure that their views are heard.
- Raise awareness of issues affecting children and young people in the North Berwick Area.
- Promote the positive role and contribution that children and young people make to the community e.g. North Berwick Area.
- Prepare and implement an action plan.
- Delegate responsibilities and duties to a sub-committee as required.

Key Themes

- Inclusion (address the barriers for young people)
- Building Life/employability skills
- Building resilience – dealing with setbacks
- Community based approach
- Creating more opportunities to bring different age groups together (intergenerational)

Outcomes

To reduce inequalities both within and between our communities by supporting...

- Safe & Vibrant Communities
- Resilient People

Priorities 2015

1. To sustain the current provision for children and young people in the North Berwick Coastal Ward.
2. To create employability opportunities for young people to enhance their skills and experience
3. Work with North Berwick High School to organise activities during SAFE WEEK
4. Represent the views of young people to ensure their voices are heard when planning activities.
5. Work with the local Support from the Start Group to help strengthen the network of parents and services who are working towards helping children (pre birth to 8 years) and families get the best start in life.
6. Represent the network on the Area Partnership.
7. Promote the network to a wider audience to ensure services for young people are co-ordinated and meet local need.
8. Promote youth achievement awards schemes to young people

Priority 1

The difference we want to make		Why is this important in this area:				
1.To sustain the current provision for children and young people in the North Berwick Coastal Ward.		The Network members and Area Partnership have identified a need to sustain the opportunities for children and young people in the community.				
Related outcome in the East Lothian Plan	Resilient People – Young People are successful learners, confident individuals, effective contributors and responsible citizens					
Action needed to achieve this	Timescales	Lead Group / Agency	Others involved	Resources required	Linked to Contributory Outcome (if relevant)	Key milestones / indicators of success
Support for local projects to					All children,	Reduced referrals

<p>sustain and develop their current provision.</p>					<p>including those at risk, looked after, or with a disability, make appropriate progress, taking into account their age, aptitude and abilities. Children are safe. Young people and children are involved in community life and their achievements are recognised.</p>	<p>to statutory services. More confident and resilient young people. More young people included in their community. More young people moving onto positive destinations.</p>
<p>North Berwick Youth Project</p> <ul style="list-style-type: none"> • Provide youth work to young people through drop ins and targeted work e.g the Girls Group, cookery group • Provide support to disengaged and vulnerable young people at NBHS, through Princes Trust, Future Skills, Hairdressing and one to one support • Establish Intergenerational 	<p>Subject to</p>		<p>Dementia Friendly</p>	<p>Support with funding applications – references, raising awareness. Publicity. Joint funding bids</p>	<p>(as above)</p>	

<p>Cafe on Friday afternoon – Dementia friendly</p> <ul style="list-style-type: none"> • Refurbish Youth Area at Hope Rooms to be made more attractive to young people • Work with Midlothian training services and youth project to become an accredited SQA centre • Offer Zap Disability Group 	funding from Young Start	Midlothian Training Services, SDS, EL Works, NBHS	Network, Care Homes, Day Centre			
<p>Star Youth Club</p> <p>Star Youth Club Residential</p>	April 2015- March 2016	Star Youth Club	CLD – Youth Workers North Berwick CC	East Lothian wide club – budget allocation from CLD	(as above)	
East Lothian Special Needs Playscheme	April 2015 – March 2016	ELSNP North Berwick CC	CLD	East Lothian wide service	(as above)	
Healthy Respect Drop In	To March 2015 April 2015- March 2016	CLD	NHS NBHS	CLD Youth Workers	(as above)	
Gullane Youth Club	To March 2015 Sept 2015- March 2016	CLD	CLD Gullane Village Hall		(as above)	
Youth Music Initiative	To March 2015	CLD	CLD Youth Music		(as above)	

			Initiative The Space			
Identify gaps in provision (villages – Aberlady?)	April 2015	CLD	Network	Funding applications	(as above)	
Monitor impact of the SPACE closing						

Priority 2

The difference we want to make			Why is this important in this area:			
2. To increase access to employability opportunities for young people to enhance their skills and experience.			Guidance staff/staff from NBHS/Youth Project identified young people at risk who would benefit from local opportunities to gain skills for employment.			
Related outcome in the East Lothian Plan	Resilient People – Young People are successful learners, confident individuals, effective contributors and responsible citizens					
Action needed to achieve this	Timescales	Lead Group / Agency	Others involved	Resources required	Linked to Contributory Outcome (if relevant)	Key milestones / indicators of success
North Berwick Youth Project <ul style="list-style-type: none"> Provide Stage 2 Employability Courses in partnership with MTS Provide employment opportunities through 	(see priority 1)	NB Youth Project	MTS	Funding	As above	

the Café in the Lodge and Intergenerational Cafe at Hope Rooms						
Work with Guidance staff at NBHS through 16plus Hub to raise awareness of opportunities within the community and identify local opportunities for young people.	Study leave 28 April-June 2015	NBHS PSE Programme	Network East Lothian Works 16 plus Hub NB Rotary NB Business Association	Network members attend 16 plus Hub -	As above	Reduced referrals to statutory services. More confident and resilient young people. More young people included in their community. More young people moving onto positive destinations.
East Lothian Special Needs Playscheme – provide volunteer opportunities to young people	March 2015- March 2016	East Lothian Special Needs Playscheme	CLD	Funding	As above	As above
Duke of Edinburgh – young people take up local volunteering opportunities as part of their Bronze Award	Jan-Dec 2015	CLD Parent Volunteer	CLD	Fundraising by Young People CLD Youth Work budget	As above	As above
Promote opportunities for young people to volunteer in their community e.g. North Berwick Playgroup North Berwick Day Centre	Jan-Dec 2015	CLD	NBHS	Staff time	As above	As above

Coastal Museum Scottish Seabird Centre (link to Priority 8)						
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Priority 3

The difference we want to make			Why is this important in this area:			
3. Work with North Berwick High School to organise activities to build resilience			Guidance staff at North Berwick High School have identified a need to support vulnerable young people.			
Related outcome in the East Lothian Plan	Resilient People – Young People are successful learners, confident individuals, effective contributors and responsible citizens Safe and vibrant communities					
Action needed to achieve this	Timescales	Lead Group / Agency	Others involved	Resources required	Linked to Contributory Outcome (if relevant)	Key milestones / indicators of success
Working with Head teachers from local primary schools to identify young people who would benefit from additional support in their transition to High School – organise activities for young people	May/June 2015	NBHS	CLD North Berwick Youth Project	Funding for Youth Workers	As above	Young people settled into High School. Resilient learners .

Offer girls group to build confidence, assertiveness and looking after emotional wellbeing.	May/June 2015	NBHS	CLD North Berwick Youth Project	Funding for Youth Workers	As above	
Plan an event to promote Resilience (2016?) for parents and pupils.	Feb 2016	North Berwick High School	Network, members of the local community ABLE	Staff Time Online resources Community resources	As above	Reduced referrals to statutory services. More confident and resilient young people. More young people included in their community. More young people moving onto positive destinations.
Offer Session for parents on Internet safety Online information updated and made available to parents	10 Feb 2015	North Berwick High School (Mat O'Connor) (Craig Burgess)		Staff Time	As above	
Offer session on Drugs Awareness	24 Feb 2015	North Berwick High School	Crew 2000	Staff time from Crew 200 and NBHS	As above	

Priority 4

The difference we want to make	Why is this important in this area:
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<p>4. Represent the views of young people to ensure their voices are heard when planning activities.</p>	<p>Young people in North Berwick can feel marginalised within an ageing population. Promote the positive role and contribution that children and young people make to the community.</p>					
<p>Related outcome in the East Lothian Plan</p>	<p>Resilient People – Young People are successful learners, confident individuals, effective contributors and responsible citizens</p>					
<p>Action needed to achieve this</p>	<p>Timescales</p>	<p>Lead Group / Agency</p>	<p>Others involved</p>	<p>Resources required</p>	<p>Linked to Contributory Outcome (if relevant)</p>	<p>Key milestones / indicators of success</p>
<p>Strengthen links with young people to gain their views</p> <p>Attend Pupil Council meetings – primary and secondary schools to find out views from young people.</p> <p>Strengthen links through Youth parliament elections</p>	<p>2015/16</p>	<p>CLD (Caroline Davies)</p>	<p>NBHS Pupil Council</p>	<p>Attend Pupil Council meetings</p>	<p>As above</p>	<p>More confident and resilient young people.</p> <p>More young people included in their community.</p>

Priority 5

The difference we want to make		Why is this important in this area:				
5. Work with the local Support from the Start Group to help strengthen the network of parents and services who are working towards helping children (pre birth to 8 years) and families get the best start in life.		North Berwick is perceived as an affluent community and families at risk can feel marginalised in their community and unable to take advantage of local opportunities.				
Related outcome in the East Lothian Plan	Safe and vibrant communities					
Action needed to achieve this	Timescales	Lead Group / Agency	Others involved	Resources required	Linked to Contributory Outcome (if relevant)	Key milestones / indicators of success
<p>Sustain links with the 'Support from the Start' Group in North Berwick Area to take action forward for early years and report back to network.</p> <ul style="list-style-type: none"> • Raise awareness of activities : • Bursary Scheme • Raising Children with Confidence Course • Healthy Minds, Happy Babies Group • Friend R Us parent befriending • North Berwick recycle scheme 	Ongoing	Support from the Start	Support from the Start Network	Staff time Support from the Start funding	As above	<p>Reduced referrals to statutory services.</p> <p>More confident and resilient children and young people.</p>

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Priority 6

The difference we want to make			Why is this important in this area:			
6. Represent the network on the Area Partnership.			To ensure the views of young people are taken into account when planning local services.			
Related outcome in the East Lothian Plan	Resilient People – Young People are successful learners, confident individuals, effective contributors and responsible citizens					
Action needed to achieve this	Timescales	Lead Group / Agency	Others involved	Resources required	Linked to Contributory Outcome (if relevant)	Key milestones / indicators of success
Represent the network on the Area Partnership Ensure views of young people are represented. (e.g. Link with East Lothian Community transport strategy Feed in views from young people re community transport Community mini bus Young people’s travel pass with	Ongoing	Youth Project – Lesley Kay Ian Watson	Network members	Staff Time	As above	More confident and resilient young people. More young people included in their community. More community groups/agencies working together. Community more responsive

more flexibility re transport links (special pass) Community spaces.						
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Priority 7

The difference we want to make			Why is this important in this area:			
7. Promote the network to a wider audience to ensure services for young people are co-ordinated and meet local need.			Funding and resources are restricted due to decreased public spending. By working together we can maximise resources and attract external funding to sustain and develop opportunities for young people.			
Related outcome in the East Lothian Plan	Resilient People – Young People are successful learners, confident individuals, effective contributors and responsible citizens					
Action needed to achieve this	Timescales	Lead Group / Agency	Others involved	Resources required	Linked to Contributory Outcome (if relevant)	Key milestones / indicators of success
Promote the network to a wider audience Membership leaflet Links to Web sites Article in community council newsletter Update directory of activities for children and young people	Ongoing March 2015- Dec 2015	CLD North Berwick CC	Network	Staff Time	As above	More young people included in their community.

Priority 8

The difference we want to make		Why is this important in this area:				
8. Promote youth achievement awards schemes to young people		Young people can maximise opportunities to gain employability skills.				
Related outcome in the East Lothian Plan	Resilient People – Young People are successful learners, confident individuals, effective contributors and responsible citizens					
Action needed to achieve this	Timescales	Lead Group / Agency	Others involved	Resources required	Linked to Contributory Outcome (if relevant)	Key milestones / indicators of success
<p>Promote Youth achievement awards schemes and encourage the community to offer opportunities for volunteering.</p> <p>Duke of Edinburgh Bronze Group</p> <p>Saltire Awards</p> <p>John Muir</p>	Jan-Dec 2015	CLD	CLD STRIVE Parent Volunteer	Staff Time Fundraising	Young people and children are involved in community life and their achievements are recognised	<p>Reduced referrals to statutory services.</p> <p>More confident and resilient young people.</p> <p>More young people included in their community.</p> <p>More young people moving onto positive destinations.</p>