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REPORT TO: Members' Library Service

BY: Chair of Children's Strategic Partnership, Head of Children and Adult Services, East Lothian Health & Social Care Partnership

SUBJECT: Children and Young People Services Plan 2017-2020

1 PURPOSE

- 1.1 To note **East Lothian Partnership's Children and Young People Services Plan 2017–20**, which contains non-substantive alterations to the previously approved (by the Resilient People Partnership on 9 March 2016) Children and Young People Services Plan 2016-2019. This is in order to meet new legislative requirements, under the Children and Young People (Scotland) Act 2014.

2 RECOMMENDATIONS

- 2.1 It is recommended that members note and endorse acceptance of the contents of the East Lothian Partnership's Children and Young People Services Plan 2017–20, approved for adoption by the East Lothian Partnership by Mr Mike Ash, Chair of Resilient People Partnership and for East Lothian Council by Councillor Shamin Akhtar, Cabinet Spokesperson for Education and Children's Services.

3 BACKGROUND

- 3.1 Resilient People Partnership oversees the work of the Children's Strategic Partnership and its supporting Planning and Delivery Groups (PaDs).
- 3.2 The Children's Strategic Partnership produced a three-year Children and Young People Services Plan running from April 2016, which was approved by Resilient People Partnership on 9 March 2016 and published in April 2016.
- 3.3 The 2016-2019 plan had been informed by the PaDs; leadership workshops informing the vision, values and priorities in partnership; children, young people and family's feedback (through surveys, focus groups, participation events etc); feedback gained through the Joint Inspection of Children's Services process, from children and young people, parents and carers, partners and practitioners; and from an

extensive public consultation at the end of 2015, resulting in amendments to the plan prior to approval and publication of the plan in April 2016.

- 3.4 As the 2016-2019 plan was developed subsequent to the passing of the Children and Young People (Scotland) Act 2014, it was able to take into account future legal obligations not yet in force, such as the requirement to embed effective partnership planning around outcomes focussed on the wellbeing indicators and consultation requirements.
- 3.5 The Children and Young People (Scotland) Act 2104 requires that every local authority and health board is jointly responsible for producing a three year children's services plan, with the initial period running from 1st April 2017. Statutory Guidance on Children's Services Planning allows for any plan already in place to be adapted to the initial three year period.
- 3.6 The 2016-2019 plan has therefore only needed to be amended slightly to take into account the new time period, and to remove or amend any out-of-date references and links. There have been no substantive amendments to its content. The plan has been reproduced, and is attached as Appendix 1, as the East Lothian Children and Young People Services Plan 2017 – 2020. The Resilient People Partnership and the Children's Strategic Partnership will continue to oversee and report on annual progress and performance against the plan.
- 3.7 NHSLothian has been fully involved in the production of the plan and has formally adopted it at the meeting of the Health Board on 13 April 2017.
- 3.8 The East Lothian Children and Young People Services Plan 2017 – 2020 will be submitted to Scottish Government, Dept by the end of April, in compliance with our statutory duty.

4 POLICY IMPLICATIONS

- 4.1 There are no new implications.

5 EQUALITIES IMPACT ASSESSMENT

- 5.1 The subject of this report does not have any additional effect on the wellbeing of the community or have any new significant impact on equality, the environment or economy.

6 RESOURCE IMPLICATIONS

- 6.1 Financial - There are no immediate financial implications arising from approval of the new Plan. Partners and services aim to deliver the new Plan within existing budgetary resources, recognising that as new initiatives come forward, there may be a need to bring forward individual reports relating to financial matters and financial priorities to be agreed in

partnership to ensure delivery of the new Plan and achievement of the partnership outcomes stated therein.

6.2 Personnel - There are no immediate personnel implications arising from approval of the new Plan. Partnership working is an intrinsic feature of delivery of services for children and young people and will continue. Where opportunities arise to improve partnership and multi-agency working, and where such proposals have staffing implications, these will be progressed within and through appropriate single and multi-agency organisational and staffing change policies and procedures as appropriate.

6.3 Other - None.

7 BACKGROUND PAPERS

7.1 Appendix 1 FINAL Children and Young People Services Plan 2017-20

| | |
|----------------------|---|
| AUTHOR'S NAME | Sharon Saunders |
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| DATE | 24 April 2017 |

East Lothian Partnership

Children & Young People

Services Plan 2017 to 20

**getting
it right**
for every child



It takes a whole community to raise a child

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Foreword to our plan

The East Lothian Children and Young People's Services Plan 2017 to 2020 is our partnership commitment to every child and young person in East Lothian, based on a partnership-prepared plan which was consulted on with data available in 2016.

East Lothian's children and young people are the future for our county. Without them achieving their fullest potential in life, our county cannot thrive and grow. From the best possible start in life, we want East Lothian's children and young people to enjoy being young, with the right supports in place to make sure all children and young people are successful learners, confident individuals, effective contributors and responsible citizens in their community. We want our children and young people to live safe, healthier, more active and independent lives. Together, we want to get it right for every child and young person.

Most children and young people grow and achieve in East Lothian through access to mainstream 'universal' services. There are

some who need additional supports. To meet the range of needs of all children and young people, early intervention (where required) and prevention are at the centre of our planning and delivery of services.

This plan also provides a framework for all staff, carers and volunteers working with children and young people in East Lothian. It helps them identify and understand the needs of East Lothian's young population and promotes the participation of children, young people, families and carers in helping shape and improve the services we offer.

Working in partnership with families, our core principle is that we work to do things 'with' rather than 'to' our children and young people in our communities. This plan has been developed in partnership with our children and young people. It sets out the shared local priorities for achieving the vision and priorities for all children and young people. It makes clear what services and partners need to do together to achieve them.

East Lothian Partnership originally prepared, consulted on and published this plan last year in advance of the requirement to publish a three-year plan starting in April 2017. We will review and report on our performance annually, and consult and update the plan with the benefit of the most up-to-date information annually.

The partnership is fully committed to this plan. We thank all partners for their contribution to this plan and for their ongoing commitment to working together to achieve the best possible outcomes for our children and young people living in East Lothian.

Cllr Willie Innes / Chair of East Lothian Partnership

Mike Ash / Outgoing Chair of East Lothian Resilient People Partnership

Fiona Robertson and **Sharon Saunders** / Joint Chairs of East Lothian Children's Strategic Partnership

March 2017

Introduction

Welcome to *East Lothian's Children and Young People's Services Plan 2017-2020*. It has been written by East Lothian Partnership to set out its commitment to give every one of our children the best possible start in life and to ensure that all our children and young people are safe, healthy, achieving, nurtured, active, respected and responsible and included.

What is East Lothian Partnership?

East Lothian Partnership is a grouping of four high-level partnerships: the governing body, the Resilient People Partnership, the Sustainable Economy Partnership and the Safe and Vibrant Communities Partnership and also six Area Partnerships. Each partnership is made up of organisations who work together alongside residents in East Lothian to oversee how best to work together to deliver services to all the people of East Lothian. The Partnership has 22 member organisations including East Lothian Council, NHS Lothian, Police Scotland, Scottish Fire and Rescue Service, Queen Margaret

University, Job Centre Plus Edinburgh College and many other organisations including those in the voluntary sector such as STRIVE.

East Lothian Partnership is responsible for *The East Lothian Plan 2013 to 2023*, otherwise known as our *Single Outcome Agreement*. *The East Lothian Plan's* top priority is to reduce inequalities within and between our communities. It promotes three strategic objectives:

- sustainable economy;
- resilient people;
- safe and vibrant communities;

It also sets out 10 high level outcomes that provide a clear vision for East Lothian and everyone who lives here. All these affect the lives of children and young people living in East Lothian.

East Lothian Partnership's work relating to the children and young people of East Lothian is carried out by the Resilient People Partnership and its supporting Children's Strategic Partnership, who have immediate oversight of and responsibility for this

Children's and Young People's Services Plan and in turn are overseen by East Lothian Partnership.

You can find out more about East Lothian Partnership and the Children's Strategic Partnership through the information in the sections of this plan called '**More about East Lothian Partnership**' (Sections 9.1) and '**More about the Children's Strategic Partnership**' (Section 9.2).

What is the purpose of this plan?

This plan builds on the high quality partnership working currently taking place across East Lothian and outlines how services including East Lothian Council, NHS Lothian, Police Scotland and those in the voluntary sector will work in partnership over the next three years to improve outcomes for our children and young people.

It provides a framework for all staff, carers and volunteers who work with children and young people to identify and understand

Introduction

their individual needs and to consider what support is required. It also outlines our commitment to working together with children, young people and their families to finding solutions to the challenges we face.

This plan is driving the agenda for the Children's Strategic Partnership, a group which is responsible for overseeing the joined-up approach to delivering the best outcomes for children, young people and families in East Lothian.

Who has helped to contribute to this plan?

The Children and Young People's Services Plan 2017-2020 was informed by feedback from children and young people and their families, inspections and reviews and our own self-evaluation. The views of children, young people and families are gathered in a range of different ways including our Care Experienced Young People's Champion's Board, school student surveys, family feedback and community consultation. We have used the feedback from these consultations to inform

some of the actions in section 6. For example, young people told us that they wanted more emphasis placed on the value of relationship-based practice and parents who participated in the consultation process emphasised the need for training on attachment and trauma. The mental health of our children and young people has become a key priority as a result of the input to our Partnership meetings from young people, an issue reinforced by many other respondents. You can find out more in the section of this plan called '**More about involvement by children and young people**' (Section 9.3).

Where does this plan fit in with other plans?

East Lothian Partnership's overall aim is to reduce inequalities both within and between our communities. This is set out in our *East Lothian Plan*, which is an agreement with the Scottish Government called the *Single Outcome Agreement*, often referred to as the 'SOA'.

The East Lothian Plan has ten high level outcomes we hope to achieve. Fuller details about the plan and these ten outcomes are contained in the section of this plan called '**More about the East Lothian Plan (Single Outcome Agreement)**' (Section 9.4).

All of these outcomes impact on the lives of East Lothian's children and young people. *The Children and Young People's Services Plan* links those ten outcomes to the wellbeing of all our children and young people and gives more detail as to how we hope to achieve those outcomes.

Embedding the United Nations *Convention on the Rights of the Child* and the Scottish legislative framework of the *Children and Young People Act 2014*, we will work together to 'Get it Right for Every Child' (GIRFEC) and will progress our work to assess the wellbeing outcome improvements achieved for all children and young people in East Lothian.

Introduction

Why must we work together to achieve this Plan?

The Children and Young People's Services Plan will be implemented during a time of great change and challenge in the delivery of public sector services across Scotland. We have been already changing our culture, processes and practice over recent years: see '**More about Getting It Right for Children and Young People in East Lothian**' (Section 9.5). Over the next three years we will continue to implement: *The Children and Young People (Scotland) Act 2014*, including introducing the Named Person Service and the Child's Plan; the *Early Years Framework*; *Raising Attainment for All*; *Developing Scotland's Young Workforce – Scotland's Youth Employment Strategy*.

Children's Health and Social Care Services are also included in Health and Social Care Integration and this Plan provides a solid

basis on which the Integration agenda can build.

We reckon we spend approximately £105 million on services for children between all agencies in the partnership - see the section in this plan called '**More about what we spend in partnership on children and young people's services**' (Section 9.6). That sounds like a lot of money but in reality we have more and more needs to meet with less and less money at our disposal. We need to move towards more early intervention with a shift towards prevention - see the section in this plan called '**More about the shift to early intervention**' (Section 9.7).

We remain in a time of tighter budgets, shrinking resources and increased demand for services. This is even more reason that we must work together so that we make best use of the resources we have.

It is also the reason why we expect this plan to be a living document that will grow and adapt over the next three years as we implement the changes and monitor the impact within our communities and on the wellbeing outcomes for our children and young people.

This plan, and the Children's Strategic Partnership, recognise that no one service works in isolation, that to effectively meet need we must continue to develop our partnership approach - therefore the plan concentrates on activity undertaken by partners working together to improve outcomes rather than single-agency activity or priorities, which may inform individual service plans.

We are bound together by a common commitment to early intervention – to prioritise and shift our spending in the context of our shared vision and values, which are outlined in the next section.

1 Our partnership vision and values

Section 1: Our partnership vision and values

Our vision

East Lothian Partnership agreed that the overarching statement of intent for our work together (focussed on improving the lives of everyone in East Lothian) is:

“We will work in partnership to build an East Lothian where everyone has the opportunity to lead a fulfilling life and which contributes to a fair and sustainable future.”

The East Lothian Partnership is committed to making sure that all services are accessible and work together to meet common goals and develop effective partnership working across all sectors – public sector, third sector (voluntary and charity) and private sector – and most importantly with the people and communities of East Lothian.

The East Lothian partnership is fully committed to securing and advancing the rights of all children and young people in East Lothian. The Children’s Strategic Partnership and associated planning and delivery groups have signed up to progressing the following areas:

- *Promote and respect the rights of children and young people as laid out on the UNCRC*
- *Positive participation and consultation activity for children, young people and their families in the development, monitoring and review of plans*
- *Take account of wider participation activity that takes place across the local partnerships*
- *Keep language simple and accessible to all*
- *Record and report back to children, young people and their families what has changed.*

The overarching priority in East Lothian is to reduce inequalities both within and between our communities. This places a ‘prevention and early intervention’ approach (along with the promotion of equality and respect for diversity) at the heart of our partnership working, to address both individual and “whole system” wider structural issues affecting the lives of children and families.

It is within this context that the Resilient People Partnership and the Children’s Strategic Partnership agreed a Partnership Vision that applies to all of our work affecting the lives of East Lothian’s children and young people, particularly those who experience isolation because of disability, looked after status, sexual orientation, cultural background or religion etc:

“We will work together with children, young people and their families, delivering well-integrated, seamless services which result in positive outcomes for children and young people; we will “get it right” for all of East Lothian’s children and young people.”

Our values

Working together to achieve improved outcomes for East Lothian’s children and young people, it is important everyone providing support and services for our children and young people share a common

Section 1: Our partnership vision and values

set of values, irrespective of which service or partner agency they work within.

The Resilient People Partnership and the Children's Strategic Partnership have agreed the following values that we hope to see applied: in the principles of practice and the approach taken in our partnership working with children and young people:

- We are committed to securing and advancing the rights of all children and young people as laid out in the United Nations Convention on the Rights of the Child
- we will focus our thinking and our actions on the needs of the child or young person
- we will intervene early to make sure children and young people get the help they need when they need it
- we will respond to each child or young person's needs in a personalised, proportionate, appropriate and timely way
- we will work together to assess the needs of individual children and young

people and to meet needs in a co-ordinated and integrated way

- we will provide targeted support to children and young people in greatest need
- we will develop services to meet the needs of children and young people at the earliest/lowest level of need to prevent higher levels of need developing
- we will work together to help and strengthen the abilities of children, young people, families and communities to achieve improved outcomes for themselves
- we will fully consider the ethnic, cultural, religious and language needs of children and young people when we work with them
- we will support children, young people and families to be involved in planning the services they need
- we will ask children, young people and families how effective our supports and services have been for them and

make service improvements based on their feedback

- we will emphasise a relationships-based approach in our work with children, young people and families.

We intend that the influence of our vision and values can be seen clearly in the outcomes and actions contained later on in the actual Wellbeing Indicator (SHANARRI) plan.

2 Who are our children
and young people?

Section 2: Who are our children and young people?

All children and young people in East Lothian

Total number of people in East Lothian aged 0-21: 25,996

Live births = 1,057

2015 Mid Year Population Estimates (GRO(S))

0-4 yrs: male 2,964 female 2,880

5-11 yrs = male 4,441 female 4,194

12-16 yrs = male 2,796 female 2,791

17-21 yrs = male 3,002 female 2,928

School roll = 13,658

Vulnerable children

Number of children living in poverty (after housing) costs

4,939

- Low birth weight babies = 1.75%
- Number of homeless households with children or pregnant women in temporary accommodation = 87
- Teenage pregnancies = 8.86 per 1,000 females aged 13-15
- School leavers not in positive destinations = 8.1%
- Number of children referred to Children's Hearing = 233
- Proportion of primary pupils eligible for free school meals = 11.3%
- Proportion of secondary pupils eligible for free school meals = 8.6%

Children in Need

Number of referrals to Children's Wellbeing

- Children on Child Protection Register = 25
- Looked After Children – number at home = 60
- Looked After Children – number in Foster Care = 93
- Looked After Children – number in residential care = 23
- Kinship Care children = 48 (formal kin care)

(As at 31 March 2016)

2,848

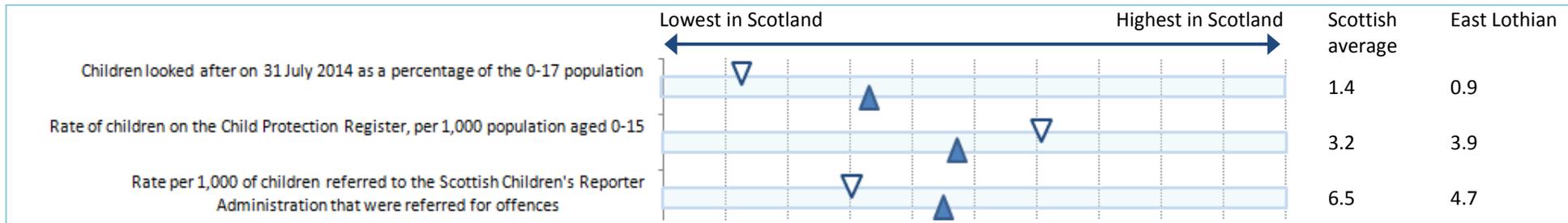
East Lothian is the 21st largest area out of Scotland's 32 local authorities in terms of population. An estimated 23,659 children and young people under the age of 20 lived in East Lothian in 2015 (2015 Mid Year population estimates GRO(S)). This represents 23% of the total East Lothian population, a slightly higher proportion than the Scottish average. Our young people's population aged 0-25 years is expected to grow to 33,268 by 2025.

Section 2: Who are our children and young people?



Comparisons between children and young people in East Lothian and the rest of Scotland

Key: Scottish average ▲ East Lothian ▼



Comparisons between children and young people within East Lothian

| Measure | Highest school cluster result | East Lothian Average | Lowest school cluster result |
|--|-------------------------------|----------------------|------------------------------|
| % of pupils agreeing that they feel safe to go out in local neighbourhood during the day | 98.3 | 96.3 | 92.5 |
| % of pupils agreeing that they feel safe and secure in school | 96.2 | 94.6 | 92.2 |
| % of pupils agreeing that they feel safe to go out in local neighbourhood during the evening | 88.3 | 79.2 | 66.3 |
| % of pupils who know what to do if they are not happy about how someone is treating them | 97.2 | 93.5 | 88.7 |
| % of pupils able to get information about health services in East Lothian | 90.8 | 87 | 83.6 |

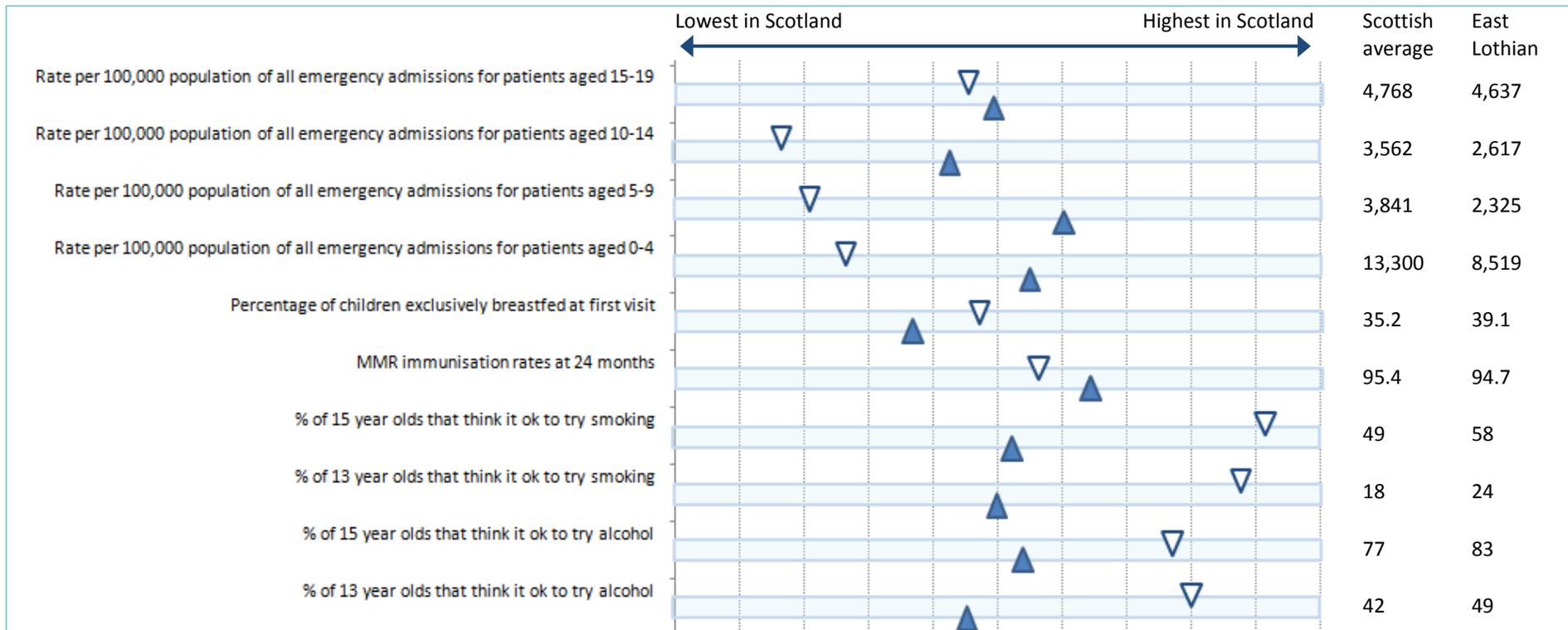
Section 2: Who are our children and young people?



Healthy

Comparisons between children and young people in East Lothian and the rest of Scotland

Key: Scottish average ▲ East Lothian ▼



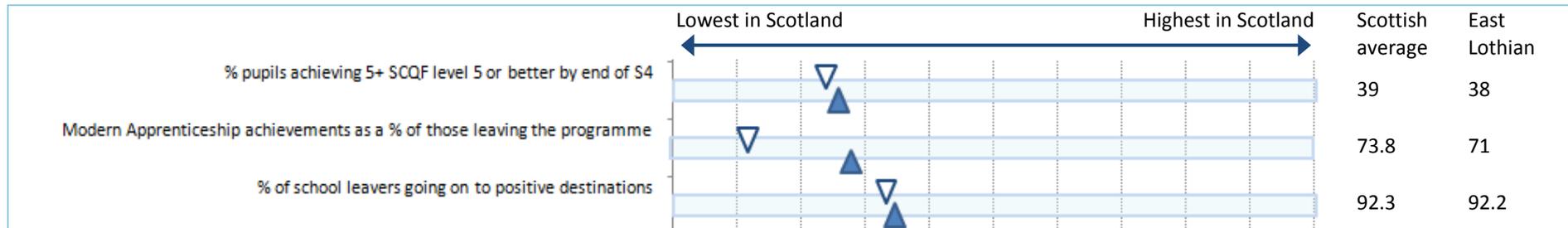
Section 2: Who are our children and young people?



Achieving

Comparisons between children and young people in East Lothian and the rest of Scotland

Key: Scottish average ▲ East Lothian ▼



Comparisons between children and young people in East Lothian and the rest of Scotland

| Measure | East Lothian Average | Virtual comparator | Scottish average |
|---|----------------------|--------------------|------------------|
| Average tariff score of the highest attaining 20% of school leavers | 179 | 174 | 163 |
| Average tariff score of the middle 60% of school leavers | 852 | 875 | 805 |
| Average tariff score of the lowest attaining 20% of school leavers | 1867 | 1855 | 1817 |
| Average tariff score of the highest attaining 20% of school leavers looked after away from home | 725 | 1238 | 842 |
| Average tariff score of the middle 60% of school leavers looked after away from home | 290 | 458 | 224 |
| Average tariff score of the lowest attaining 20% of school leavers looked after away from home | 134 | 118 | 25 |

Comparisons between children and young people within East Lothian

| Measure | Highest school cluster result | East Lothian Average | Lowest school cluster result |
|--|-------------------------------|----------------------|------------------------------|
| % of pupils agreeing that the school recognises their achievements in school | 89.9 | 84 | 80.1 |
| % of pupils agreeing that the school recognises their achievements out of school | 70.2 | 61.9 | 51.1 |

Section 2: Who are our children and young people?



Nurtured

Comparisons between children and young people in East Lothian and the rest of Scotland

Key: Scottish average ▲ East Lothian ▼



Comparisons between children and young people within East Lothian

| Measure | Highest school cluster result | East Lothian Average | Lowest school cluster result |
|---|-------------------------------|----------------------|------------------------------|
| % of P6 pupils who say "I enjoy being at this school" | 93.8 | 91.4 | 88.8 |
| % of S2 pupils who say "I enjoy being at this school" | 88.1 | 80 | 63.9 |

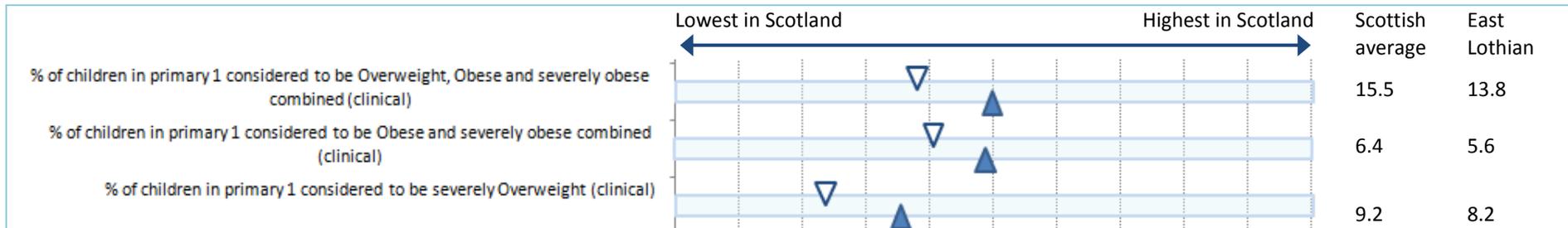
Section 2: Who are our children and young people?



Active

Comparisons between children and young people in East Lothian and the rest of Scotland

Key: Scottish average ▲ East Lothian ▼



Comparisons between children and young people within East Lothian

| Measure | Highest school cluster result | East Lothian Average | Lowest school cluster result |
|---|-------------------------------|----------------------|------------------------------|
| % of P6 pupils agreeing that they take part in physical activities outside the school day | 93.4 | 87.4 | 82.4 |
| % of S2 pupils agreeing that they take part in physical activities outside the school day | 93.3 | 80.4 | 72.8 |
| % of pupils agreeing that they live a healthy life | 97.5 | 96 | 93.5 |

Section 2: Who are our children and young people?



Respected

Comparisons between children and young people in East Lothian and the rest of Scotland

Key: Scottish average ▲ East Lothian ▼



Comparisons between children and young people within East Lothian

| Measure | Highest school cluster result | East Lothian Average | Lowest school cluster result |
|--|-------------------------------|----------------------|------------------------------|
| % of P6 pupils agreeing that they are treated fairly in school | 96.1 | 91.9 | 88.1 |
| % of S2 pupils agreeing that they are treated fairly in school | 88.9 | 78.5 | 70.3 |

Section 2: Who are our children and young people?



Responsible

Comparisons between children and young people within East Lothian

| Measure | Highest school cluster result | East Lothian Average | Lowest school cluster result |
|---|-------------------------------|----------------------|------------------------------|
| % of P6 pupils who regularly help to take care of someone in their family (ill/drugs/alcohol) | 31.2 | 27.4 | 20.8 |
| % of S2 pupils who regularly help to take care of someone in their family (ill/drugs/alcohol) | 31.1 | 22.8 | 14.9 |
| % of P6 pupils agreeing that they have opportunities to contribute to decisions made in their school | 91.4 | 89.3 | 87.3 |
| % of S2 of pupils agreeing that they have opportunities to contribute to decisions made in their school | 74.2 | 69 | 61.5 |
| % of P6 pupils who think most pupils behave well in their school | 88.9 | 81 | 69.7 |
| % of S2 pupils who think most pupils behave well in their school | 83.7 | 61.3 | 48.6 |
| % of P6 pupils agreeing that they take account of other people's feelings and viewpoints | 97.1 | 92.8 | 89.1 |
| % of S2 pupils agreeing that they take account of other people's feelings and viewpoints | 95.6 | 92.5 | 90.8 |
| % of P6 pupils who have heard about the UN Convention on the Rights of the Child | 96.4 | 88.8 | 72.8 |
| % of S2 pupils who have heard about the UN Convention on the Rights of the Child | 98.7 | 88.7 | 75.4 |

Section 2: Who are our children and young people?



Included

Comparisons between children and young people in East Lothian and the rest of Scotland

Key: Scottish average ▲ East Lothian ▼



Section 2: Who are our children and young people?

Included (cont)

Comparisons between children and young people within East Lothian

| Measure | Highest school cluster result | East Lothian Average | Lowest school cluster result |
|---|-------------------------------|----------------------|------------------------------|
| % of P6 pupils agreeing that young people's views are listened to | 84.5 | 75 | 65.7 |
| % of S2 pupils agreeing that young people's views are listened to | 65.5 | 54.4 | 39.5 |
| % of P6 pupils agreeing that they are treated fairly in school | 96.1 | 91.9 | 88.1 |
| % of S2 pupils agreeing that they are treated fairly in school | 88.9 | 78.5 | 70.3 |

You can find out more about who our children and young people are in the **More About Us** section of this Plan in Section 9.

3 What are our priorities?

Section 3: What are our priorities?

What are our priorities for East Lothian's children and young people?

We have assessed the 'make up' of East Lothian's children and young people, and feedback from them, and have reviewed the outcomes we are currently achieving with them. We have identified and agreed five Partnership Priorities within *the Children and Young People's Services Plan*, linked to and driven by our Single Outcome Agreement and multi-agency planning supporting service delivery. The Scottish Government has as its ambition 'to make Scotland the best place in the world to grow up for all babies, children, mothers, fathers and families', and our priorities have been developed with this in mind. We can see from our assessment of current outcomes for all children and young people in East Lothian that we can improve outcomes in these five core aspects of services for all children and young people:

Early Years - East Lothian's children have the best start in life and are ready to succeed

A child's world in the early years of life is largely defined by the family. We know that a child brought up in a stable and nurtured environment is better placed to succeed in life than a child from a less secure background. The biggest gains in improved outcomes and reduced inequality will come from supporting parents – to help them help themselves – and by creating communities which are positive places to grow up. That is why we have invested in Support from the Start and developed Parenting Pathways.

Early years (including pre-birth) is a national priority as laid out in Early Years Framework (2008); Early Years Collaborative (now part of the Children and Young People Improvement Collaborative); The Best Start: A Five Year Forward Plan for Maternity and Neonatal Care in Scotland (2017) and the Universal Pathway Pre-Birth to Preschool (2016).

The Early Development Instrument (EDI) is used in East Lothian to assess how 'ready' children are for primary school and learning. It concluded that 4% of children in East Lothian are already identified as having additional **needs**. A further 9.5% are recognised as having problems needing further assessment by teachers, parents or other professionals. Girls are less likely to be developmentally vulnerable than boys (consistent with other research) and older children less likely to be developmentally vulnerable than younger children.

East Lothian's Young Workforce – "Positive Destinations"- Scottish Government's 16+ Learning Choices initiative ensures that all young people leaving school, leave with an offer of a positive destination.

East Lothian is currently above the Scottish average in terms of leavers going into a positive destination. The percentage of 18-24 year olds claiming employment-related benefits in East Lothian during December 2016 was 3.3%, which is 1.1% higher than

Section 3: What are our priorities?

people of all ages in East Lothian - 3.3% compared with 2.2%. The Scottish national figure for 18-24 year olds claiming employment related benefits is 3.2%. Between April and September 2016, 137 East Lothian young people aged between 16-19 commenced Modern Apprenticeships, with 674 in Modern Apprenticeship training as of 30th September 2016.

Corporate Parenting – The outcomes of looked after children and young people match the outcomes of other children

Young people who are looked after have, on average, poorer outcomes than those who are not looked after. Educational attainment and positive destinations on leaving school are on average worse. In East Lothian, the average Tariff Scores (points given for academic progress through the examination system) for Children who are looked after in S4 is 95.6 compared with a non-looked after average of 194.9.

Young people with care experience are disproportionately affected by homelessness. In 2014/15, there were almost 1,500 homeless applications from ex-

looked-after young people out of a total of 35,764 in Scotland. East Lothian received 190 homeless applications from young people in 2014/15.

There are 72 care-experienced young people receiving an After Care service in East Lothian.

Children are safe – We will work together to keep children and young people safe embedding the Signs of Safety approach in the assessment of risks and needs for vulnerable children and young people

It is estimated that for every child identified as needing protection from abuse, another eight are suffering from abuse. There are currently 50,000 children identified as needing protection from abuse in the UK and over 29,000 children and young people talked to Childline about abuse last year. In Scotland, the biggest concern that was presented at case conferences last year was parental substance misuse closely followed by emotional and domestic abuse.

There were 280 child protection Initial Referral Discussions (IRDs) held for East

Lothian children. For 70 children, this was a repeat IRD within the space of 15 months. Fifty-eight per cent of East Lothian children on the Child Protection Register are under the age of five. There has been a continual reduction in the number of East Lothian children on the Child Protection Register over the last twelve months and at 30th September 2015 the number was 20. This represents a rate per 1,000 (0-15) of 1.1 compared with a national rate of 3.2 per 1,000 (0-15).

The Children's Services division in East Lothian council has 902 allocated cases (0-18). This represents one child/young person in every 26 of the 0-18 population.

Children and young people's mental health

The NHS Lothian Strategy for Children and Young People (2014-2020) quotes official UK statistics, estimating that 1 in 10 children between the ages of 1 and 15 has a mental health disorder.

Many mental health problems start early in life. Half of those with lifetime mental health problems first experience symptoms by the age of 14. We know that mental health will

Section 3: What are our priorities?

impact on every aspect of a child and young person's life and therefore responding to the issue needs a coordinated approach.

In the quarter ending September 2013, 1,014 referrals were made to the Child and Adolescent Mental Health Services (CAMHS). The referral rate per 1,000 people under 18 for East Lothian was 25.4, significantly higher compared to the whole of the Lothians (6.8) and Scotland (5.3).

CAMHS generally operate their service at the highest level of need, referred to as 'Tier 3', and so for many young people their mental health has deteriorated significantly before they can access the CAMHS service.

Speaking directly to the Children's Strategic Partnership in October 2015, young people representing the East Lothian Champion's Board highlighted the importance of mental health. Therefore the Partnership will prioritise it as a key theme for the partnership groups, building on examples of good practice. For example, our Looked After Children's Nurses team now include mental health and emotional wellbeing as part of their overall health assessment of looked after children and young people. In

the period January to August 2015, the LAC Nurse Service received on average 4.5 new referrals per month and carried out assessments of these young people within four weeks (as per the service target).

Intervening and providing supports much earlier, when a young person's mental health is identified as a concern, is a partnership priority.

Additional Support Needs and Disability – Children with a disability make appropriate progress taking into account their age, aptitude and abilities

In Scotland in 2014, 140,542 pupils (20.8% of all pupils) had additional support needs, of which 62% were boys. About 4.2% of pupils had social, emotional or behavioural difficulties and another 2.3% had a learning disability. (95% of them) are in mainstream schools, making up 19.9% of mainstream school pupils. In East Lothian this equates to 4,665 0-17 year olds. In 2013/14, 87.9% of school leavers with additional support needs in East Lothian entered a positive post school destination.

Cross-cutting themes in delivery of services for East Lothian's children and young people

These priorities share a number of cross-cutting themes including -

Participation and service-user involvement

Each of our Planning Groups has been tasked with evidencing how they have sought the views of children, young people and families and how they have used this feedback and information to inform service provision and action. As part of the reporting cycle to the Children's Strategic Partnership, Planning Group Chairs will update the partnership on how they have embedded participation in what they do.

Transition

Some of our children and young people face complex issues in their lives and their needs span the remit of different strategic remits and operational services, for example, Health, Education, Children's Wellbeing, Adult Wellbeing and Housing. Examples of areas of focus in our work on transitions are in respect of the 'Named Person' service and the function which sees the transitions of

Section 3: What are our priorities?

the Named Person responsibilities from Health to Education. Also, in 2015 work took place to review how young people are supported in their transition into independent living from a care setting.

Our planning processes around these transitions, whether these are at age or stage, are being considered in each of the Planning and Delivery Groups relevant to the needs of the children and young people the group supports. To ensure we develop a consistent and robust approach, transition is a theme that the Children's Strategic Partnership will monitor and the Supporting Planning Officers from each group will progress as part of their regular meetings.

Training and development

While there will be specific training and development needs that each of the planning and delivery groups engages with, we will consider overlapping training needs and opportunities as these arise (for example, around the implementation of the various aspects of *the Children and Young People (Scotland) Act 2014*). We appointed a

Lead Education Officer to progress the anticipated implementation of parts 4 (Named Person), 5 (Child's Plan) and 18 (Wellbeing Assessment) of the Act. The post ended as implementation was delayed so are now re-appointing to the post. We have established a multi-agency group to develop and deliver multi-agency training. We have reviewed our Staged Assessment and Intervention approach, aligned with the anticipated implementation of the Named Person function and will incorporate awareness-raising of the revised model - the Child's Planning Process - into this training programme.

Prevention and Early Intervention

The East Lothian Plan: Single Outcome Agreement (SOA) 2012-23 is our 10 year strategic plan to improve the lives and opportunities of East Lothian's people.

Our SOA has one overarching priority - 'to reduce the inequalities across and within our communities.'

The ambition and aspirations set out in the SOA will only be achieved if all partners work together. A shared focus on moving

from reactive to preventative and early intervention services is embedded within all of our work. This plan is no different and a focus on prevention and early intervention underpins all of the work undertaken within the Children's Strategic Partnership planning and delivery groups, requiring partners to identify and agree joint service priorities with an equivalent shift and refocusing of individual partner resources to enable those joint priorities to be met. To find out more about our shift of focus, read the information in the **More About Us** section of this plan.

4 Review of our 2013-2017 plan

Section 4: Review of our 2013-2017 plan

Review of East Lothian Integrated Children's Services Plan 2013- 17

This section reports on our progress in implementing the plan which we had previously been required to produce under the Children (Scotland) Act 1995: the *East Lothian Integrated Children's Services Plan, 2013-2017*. Our review of the 2013-2017 plan took place in preparation for its early replacement which covered the period 2016-2019, using the latest full data available at that time which covered 2014/2015. That 2016-2019 Plan was launched in April 2016 and we have now updated it to conform to current statutory requirements for a three year Children's Services Plan running from 1st April 2017, under the Children and Young People (Scotland) Act 2014.

We report here on current progress in achieving the key Outcomes for East Lothian's children and young people as stated in our East Lothian Integrated Children's Services Plan 2013-2017.

We also outline our key achievements in improving the wellbeing of children and young people during the period 2013 - 2016. These achievements are reported under the wellbeing indicator headings as this helps connect the previous 2013-2017 plan to the new 2017-2020 plan.

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Priority 1 - Early years and early intervention:

Medium-term outcomes:

- **Women have a positive experience of pregnancy**

| Indicator | 2013/14 | 2014/15 | Target |
|---|-------------------|---------|--------|
| Proportion of women who are identified as smoking at antenatal booking | 18.4% | 16.5% | 18% |
| Proportion of women in each Scottish Index of Multiple Deprivation quintile booked for antenatal care by the 12th week of gestation | 90.2% baseline | 92.3% | 90% |

- **Families are supported**

| Indicator | 2013/14 | 2014/15 | Target |
|---|---------|---------|--------|
| Percentage of children who have reached their developmental milestones by their 27-30 month health review | 80.4% | 81.9% | 81% |

- **All children are ready to start primary school**

| Indicator | 2013/14 | 2014/15 | Target |
|--|---------|---------|--------|
| P1 On-Entry (baseline) average total PIPS scores | 50.97 | 50.24 | 51 |

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Priority 2- Curriculum for Excellence/Staged Assessment and Intervention

Medium-term outcomes:

- All children - particularly those at risk, looked after or with a disability - make appropriate progress taking into account their age, aptitude and abilities

| Indicator | 2012/13 | 2013/14 | Target |
|---|---------|---------|--------|
| Proportion of school leavers entering positive destinations | 89.9% | 92.2% | 93.2 % |

- Young people and children are involved in community life and their achievements are recognised

| Indicator | 2013/14 | 2014/15 | Target |
|---|---------|---------|--------|
| Percentage of P6 and S2 pupils agreeing that their school recognises their achievements out of school | 60% | 61.9% | 65% |

- Getting It Right For Every Child is effectively and safely implemented

| Indicator | 2013/14 | 2014/15 | Target |
|--|---------|---------|--------|
| % of pupils who have heard of the 'Wellbeing Indicators' (Safe, Healthy Achieving Nurtured Active Respected, Responsible and Included) | N/A | 39.5% | 50% |

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Priority 3 – Corporate parenting

Medium-term outcome:

- The outcomes of Looked After children match the outcomes of other children

| Indicator | 2012/13 | 2013/14 | Target |
|--|---------|---------|--------|
| Percentage of school leavers, looked after away from who are in a positive destination | 64.3% | 70% | 72.9% |

- Children are cared for in their communities, schools and families

| Indicator | 2013/14 | 2014/15 | Target |
|---|---------|---------|--------|
| The percentage of Looked After children who are accommodated in the community | 87.3% | 87.7% | 88% |

Priority 4 - Child protection

Medium-term outcome:

- Children are safe

| Indicator | 2013/14 | 2014/15 | Target |
|---|---------|---------|--------------|
| The percentage of children on the Child Protection Register reregistered within a 12 month period | 0% | 1.5% | Less than 5% |

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Priority 5 – Additional support needs/disability

Medium-term outcomes:

- Children with a disability make appropriate progress taking into account their age, aptitude and abilities

| Indicator | 2012/13 | 2013/14 | Target |
|--|---------|---------|--------|
| Percentage of school leavers with Additional Support Needs in a positive destination | 79.7% | 86.2% | 88.7% |

- Young people and children with a disability are involved in community life

| Indicator | 2012/13 | 2013/14 | Target |
|---|---------|---------|--------|
| Increase percentage of children with additional support needs who have an allocated social worker using Viewpoint | n/a | n/a | 20% |

Section 4: Review of our 2013-2017 plan

Achievements in 2013- 2016

SAFE

Signs of Safety

In April 2013, East Lothian introduced the Signs of Safety approach to its child protection intervention and assessment process. Its introduction is part of a five-year plan. The Signs of Safety approach is a solution-focused, safety-oriented model of intervention. It aims to have a greater focus on planning, enabling families to present their views, ensuring that all views are grounded in evidence, placing strong emphasis on relationships, reducing power inequalities and building on existing strengths in families. The Signs of Safety approach was initially adopted in relation to initial child protection case conferences and following a positive evaluation of this approach was subsequently adopted in relation to all case conferences and core group meetings.

Public Protection Unit

The East Lothian and Midlothian Public Protection Committee (EMPPC) was established in July 2014, incorporating the duties and functions of the Adult Protection Committee, Child Protection Committee, Offender Management Committee and Violence Against Women Partnership and to ensure robust links with Midlothian and East Lothian Drug and Alcohol Partnership (MELDAP) and Police Scotland. A Public Protection Team was also established and is located in The Brunton, in Musselburgh. This multi-agency team works in a more integrated way to strengthen public protection practice, sharing skills and resources and giving innovative opportunities for a more joined-up response, which will improve outcomes for our most vulnerable service users.

HEALTHY

Preconception and perinatal

Preventative work begins even before women conceive. Unplanned teenage pregnancies have reduced since 2005, attributable in great part to initiatives such as Healthy Respect; C:Card etc. For young women concerned about being pregnant, Healthy Respect Drop-Ins exist throughout East Lothian offering pregnancy testing, sexual health information and options. These drop-ins are staffed by school nurses and appropriately trained Community Learning and Development staff, with additional support, management, fundraising and accommodation provided by Community Learning and Development. Young women who are pregnant and wishing to continue with pregnancy are supported to access their midwife quickly. The Antenatal HEAT Target is being exceeded, with booking at eight weeks versus the national average of 12 weeks and in excess of 90% of women being booked within 12 weeks. This ensures that any

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health, wellbeing or safety related issues can be identified and addressed quickly.

Health assessment for young people who are looked after

Currently all looked after and accommodated children have a health assessment carried out by the looked after children's nurses within 4 weeks of becoming looked after. Through increased investment from NHS Lothian, all 'Looked After' children, including those at home and in kinship care are now offered a comprehensive health assessment including a mental health screening.

ACTIVE

The Group

'The Group' is a youth group for young people who are looked after. It meets every Tuesday evening at the Gate House (opposite Musselburgh Grammar School). The young people in The Group have experience of a range of care settings including residential, foster care and kinship care. The group is open to young people

aged 13 plus. There is no restriction on the upper age limit. Young people have taken part in lots of interesting activities including 'Come dine with me' competitions, bowling and National Who Cares? (Scotland) events and summer camp. Due to its success an additional youth group has begun for younger children

Sports and leisure

Young people are encouraged to engage in sports activities. Each secondary school has an Active Schools co-ordinator. Each secondary school across Scotland offers two young people the opportunity to become Young Ambassadors; East Lothian has 12 Young Ambassadors. Their key role is to promote sport and motivate and inspire other young people to get involved in sport in a wide range of settings within their local communities, including school, clubs and community organisations. There is also an accessible range of sporting activities developed and supported by the Community Learning and Development Service, held in Community Centres across East Lothian. Swimming is offered as a 10 week block with the aim of achieving the standard of a

25-metre swim. When this is not achieved primary school-aged children get free swimming lessons until they reach this standard.

Children and young people who are looked after and accommodated are increasingly involved in a range of sport, leisure and cultural activities. This is enhancing their self-esteem and confidence. Staff and young people within the residential houses run a weekly football group and badminton group to promote active lifestyles.

NURTURED

Partnership Working - Support from the Start

Support from the Start is a network which works in partnership with local communities and agencies to facilitate a range of positive parenting & play experiences and opportunities as well as sharing learning on good practice in early years.

Local parents and services can access on a 'simple rules' basis small development grants through the SFTS local network. This has led to a range of developments for

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parents and children from local bursary schemes to baby massage and promotion of free play experiences like 'Pop up Play' and mud play, in community parks or open space settings. Dads Play (offered a half-day on a Saturday) encourages dads to come along with their children and play. Play is also woven into groups supporting young or vulnerable parents. This is provided by family support workers, either through one-to-one at or in group settings.

Parenting groups

We have established a regular pattern of Parenting Groups and parenting courses, using evidence-based approaches including Incredible Years (for parents of pre-school and primary aged children) Escape (for parents of secondary aged children) and Raising Children with Confidence (for parent parents and carers of children 0-11) . Staff from a range of agencies (including Education, Children's Wellbeing, the Voluntary Sector, Community Learning and Development Services) have been trained in these approaches and deliver four to six

programmes a year. Feedback from parents participating in these programmes has been extremely positive.

Kinship care

In working with children and families, we purposefully look to find strengths and supports within families and their extended family network; this is our commitment to the lowest form of intervention in family life and to 'keeping families together' whenever possible. From April 2013 to March 2016, this saw the number of children and young people living safely within their families increase significantly, from 32 Formal placements to 48, and from 27 Informal placements to 53. This early intervention and prevention enables children and young people to remain with their families and relatives, in their local communities, attending local schools and participating in community activities, keeping connections and supports active.

Early Years Collaborative

East Lothian Council, Midlothian Council NHS Lothian and voluntary sector services within both East and Midlothian all agreed to work in partnership for the national Early Years Collaborative. Tests of change are piloted to promote better outcomes for children and parents. Examples include improved engagement with treatment services for pregnant substance users, and bedtime reading.

Supporting parenting - Olivebank

Olivebank Child and Family Centre provide services for 40 to 50 of the most vulnerable young children. An inspection report stated that some parents said the centre "provided them with life-changing experiences and real chances to become good parents." Some felt the centre was instrumental in getting them 'back on their feet' as parents and as individuals."

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ACHIEVING

East Lothian Works

East Lothian Works was officially launched 15 April 2013. East Lothian's employability-related services work alongside a variety of partners to deliver a range of services from one Haddington town-centre premises. They include Business Gateway, Adult Learning, ELVOS (supported employment service for disabled adults), Community Learning and Development Services and East Lothian Skill Centre (who specifically focus on young people moving into positive post-school destinations).

East Lothian Works have a range of services to support young people whilst at school, through their transition and post school including Activity Agreements and prevocational learning opportunities

Young People's Duke of Edinburgh and Community Awards:

Community Learning and Development administer and oversee an extensive DoE programme in East Lothian. In 2014-15, there were 279 new entrants to the Duke of Edinburgh Award and during the same

period, 145 young people gained Duke of Edinburgh awards

Young People's Volunteering - STRIVE:

The number of young people achieving Duke of Edinburgh and Saltire awards continues to increase. We have developed a draft volunteering strategy which includes targeted volunteering activity for young people.

Graduate/Work Experience Scheme:

The East Lothian Works initiative has facilitated the establishment of increased employment and training opportunities for young people across the council and community planning partners.

By end of March 2015, 163 young people had benefitted from paid work or paid work experience job opportunities (including 107 young people employed in new jobs in the private sector). Fifty-six young people were employed within the Council, including 39 paid work experience placements, eight graduate internships and nine new modern apprenticeship opportunities.

Positive destinations:

Numbers of unemployed people participating in council-funded or operated employability programmes and numbers of unemployed people assisted into work from Council funded or operated employability programmes are both reported quarterly and both continue to reveal positive upturns in trends. East Lothian continues to achieve incremental improvement in school-leaver positive destination results, the most recent increasing from 89.9% to 92.2% of young people leaving school and moving into employment, training or further education.

RESPECTED and RESPONSIBLE

Youth E-Panel

A new Youth E-Panel was launched in 2015 to gather the views of young people between the ages of 14 and 25 living in East Lothian. Once young people sign up as Youth E-Panel members they will be emailed links to regular surveys which will ask for their views on a range of issues including their local community, the environment,

Section 4: Review of our 2013-2017 plan

education, health and wellbeing, culture, sport and leisure, transport and more. The information gathered through the Youth E-Panel will be used to help plan and improve services relevant to young people. The East Lothian Youth Council and other groups of young people will also use the information to help them identify what's important to young people locally.

Listen More Assume Less

Listen More Assume Less continues to report on a range of consultation and participation activities that have taken place with children and young people in east Lothian. Listen More Assume Less has a focus on the voice of young people who are care-experienced and/or who have additional support needs and their parents and carers. The section on what has changed as a result of consultation and involvement activity is a key way of telling children, young people and their families that we have acted on what they tell us.

Viewpoint

Viewpoint is our online survey tool which gives looked after people the opportunity to provide feedback on a range of wellbeing issues. It was re-launched in January 2015. Questionnaires were shortened and young people can now complete viewpoint online. Young people's views are mapped out using a wellbeing web. Viewpoint questionnaires are available for children and young people looked after both at home and away from home and for young people who are involved in child protection processes. A questionnaire for young people when their care placement ends is also available. Use of Viewpoint improved during 2015 where in the first 6 months of the year 46 looked after young people completed the viewpoint questionnaire, in comparison to 4 in the same period in 2014.

INCLUDED

Specialist education provision for young people with autism

In June 2015, East Lothian Council approved the creation of a new specialist education and community provision for children and young people with autism. The new provision is now be sited in the renovated former Haddington Infant School building, as part of the Knox Academy Campus. It opened in August 2016 with 18 pupils currently and will have capacity for 30 pupils (following a second renovation phase). This will include five classrooms, an independent living apartment, a sensory room, a cafe area, therapy rooms, a common room and a 'soft play' exercise room.

Champion's Board

The East Lothian Champion's Board was launched on the 1st May 2015. It aims to give young people with care experience a platform to have their voices heard and to influence change in the experiences young people have in the 'care system'. The Board

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is made up of three groups: the *Champions Group* is made of young people; the *Support Group* is made up of staff who support the young people in every way they can; and the *Ambassador's Group* is made up of Heads of Services and Elected Members. The young people have identified seven priorities for change. These are:

- education
- keeping loved ones together
- supports available to parents
- housing
- finance
- aftercare support
- police

In 2016, the Champions Board was successful in its bid for a three year funding grant of £243,000 from the Life Changes Trust. This funding is helping the Champions Board deliver on a range of projects including an individual grants programme for care leavers. The Champion's Board have also recruited dedicated staff. Their overall aim is to bring about

transformational change in the lives of care leavers.

ZAP

ZAP is a specialist youth group for young people with autism, from across East Lothian, delivered at Prestonpans Community Centre.

Young Mums Group

The Young Mums Group supports an integrated holistic service to young parents. It provides a dedicated and integrated service for vulnerable young parents in East Lothian. The Young Mum's group improves outcomes for both mother and child. Positive outcomes reported by members of the group include:

- increase in confidence in their parental skills
- positive parent/child attachment
- reduction in future involvement from social work services
- increased opportunities for their children to socialise and learn and develop

General achievements

In addition, over the period of the previous Plan, we progressed a lot of prevention and early intervention work aimed at supporting increased resilience and capacity in our communities:

Parenting

In 2014/15 we introduced the Psychology of Parenting Programme, targeting this service to families interested in developing positive parenting approaches, particularly in parenting young children or teenage young people. During 2016, NHS Lothian brought the Family Nurse Partnership to East Lothian, focussing on supporting young parents in their early experiences of parenting. The age-range has now been widened in early 2017.

Families

Our 'Musselburgh Total Place: Family Focus' project, began in March 2014, and has focussed on partnership working across the Musselburgh area, to identify opportunities

Section 4: Review of our 2013-2017 plan

to develop better integrated supports and services for families facing challenges. This project shared its findings in 2016, and now has commitment to shift resources to address the recommendations agreed between partners, specifically the establishment of a Family Focus Team.

Early Learning and Childcare

In the academic year 2014-15, we allocated 2130 out of 2134 applications for 600 hours of early learning and childcare for three and four year olds at local authority nurseries. In addition 359 children accessed 600 hours of early learning and childcare in our partner provider nurseries.

Eighty-five applications were also received for early learning and childcare places for the group of children referred to by Scottish Government as 'Priority 2's' i.e. children aged 2 for whom additional early learning and childcare support would be helpful. Geographically, most of 'Priority 2' need is located in the west of the County. Of the 85, 84 children were allocated places in partner

and community childcare facilities.

This equates to 70% of the Scottish Government's predicted number of 120 children in East Lothian who meet the qualifying criteria. We have therefore set our target at 80% in this plan.

To learn more about our partnership approach to early intervention and prevention, go to the **More About Us** section ... see Section 9 at the end of this plan.

Corporate Parenting

Queen Margaret University now provide our care leavers and care experienced students with a dedicated member of support staff. They also offer the 'QMConnect' Peer Support Project (including online pre-entry forum and mentoring) and 'QMAdvance', an induction programme for new students with priority access to campus, staff and essential induction information.

5 How have we structured
the plan and why

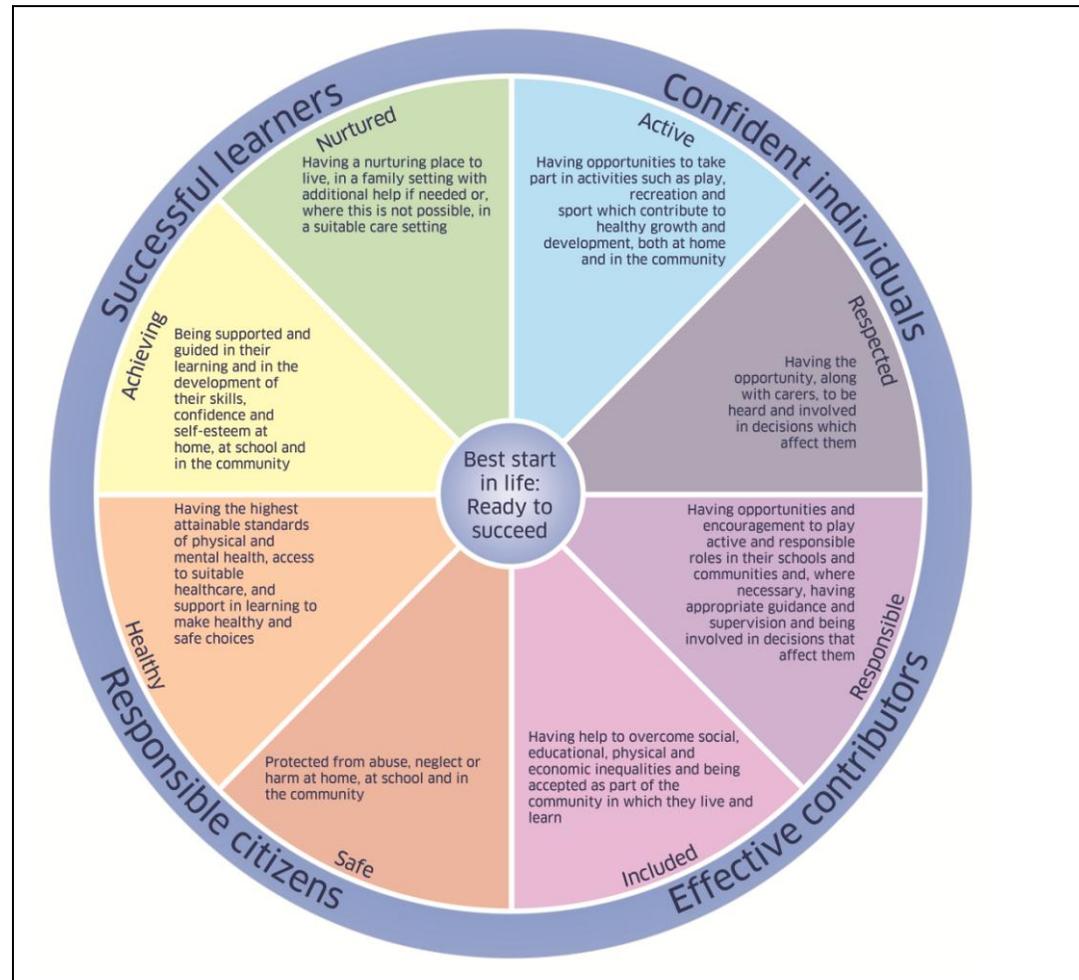
Section 5: How we have structured this plan and why

Underpinning our vision and values are the eight indicators of wellbeing in children and young people: that they are **safe, healthy, active, nurtured, achieving, respected, responsible and included** (sometimes referred to for short as ‘Wellbeing Indicators’). These wellbeing indicators were set out around a decade ago by the Scottish Government, and have now become the legal definition of wellbeing in children and young people in Scotland under Section 96 of the *Children and Young People (Scotland) Act 2014*.

We are also mindful of the use of these Wellbeing Indicators in the National Practice Model which underpins our practice when assessing and planning for individual children. (See [Section 12 Appendices](#) for more information about the National Practice Model.)

They form the outcomes we want to see for all our children and young people and so each of the Wellbeing Indicators has its own section in this plan. Therefore the wellbeing indicators form the Outcome Framework for

the plan, which all partners have agreed to use to measure progress in achieving outcomes for children and young people.



Section 5: How we have structured this plan and why

Better Outcomes for East Lothian's Children and Young People

SAFE

1. Children are protected from abuse, neglect or harm at home, at school and in the community.
2. Children are well-equipped with the knowledge and skills they need to keep themselves safe.
3. Young people and families live in increasingly safer communities where anti-social and harmful behaviour is reducing.

HEALTHY

4. Children and young people experience healthy growth and development.
5. Children and young people make well-informed choices about healthy and safe lifestyles.

ACHIEVING

6. Children and young people are equipped with the skills, confidence and self-esteem to progress successfully in their learning and development.
7. Children and young people are supported to achieve their potential in all areas of development.

NURTURED

8. Children and young people thrive as a result of nurturing relationships and stable environments.
9. Families receive support, advice and guidance which is well-matched to their needs and available in ways which helps them to prepare for the various developmental stages.

ACTIVE

10. Children and young people are physically active.

RESPECTED AND RESPONSIBLE

11. Children and young people know their rights and are confident in exercising these. They are able to express their views and be involved meaningfully in decisions which affect them.
12. Families are valued as important contributors and work as equal partners to ensure positive outcomes for their children and young people.

INCLUDED

13. Children, young people and their families are supported well to develop the strengths and resilience needed to overcome any inequalities they experience.
14. Children, young people and families are enabled to tell us what they think about services and the community in which they live, and improvement is determined with their involvement and by understanding their views, wishes, and expectations.

In East Lothian, all of our work to achieve positive wellbeing outcomes for our children, young people and families is underpinned by the National Practice Model for Getting It Right for Every Child (GIRFEC), a framework for partnership working ensuring we share, assess and plan for children and young people in the best way we can. For more information about the National Practice Model, please see the Appendix.

6 Our plan for improving wellbeing

Section 6: Our plan for improving wellbeing

Our plan for improving the wellbeing of East Lothian's children and young people 2017-2020

This section of the plan provides detail of what we aim to achieve and how we will do this over the next three years.

We have not presented the full range and extent of activity undertaken by all the partnership groups and services that support and engage with children, young people and families. Much of this detail can be found in the specific action plans and strategies which inform the work of these groups and services and it is not our intention to merely duplicate this information. Instead we have outlined what we regard as the high level priorities which the Children's Strategic Partnership will concentrate on.

We have grouped these priorities under the most relevant Wellbeing Indicator, although we recognise that there is much overlap, as they do not sit in isolation from each other.

The **performance indicators** we have included in each section highlight what we want to change, usually by increasing, reducing or reviewing percentages. The **baseline** states where we were in 2015) and where we want to be by 2020.

The **action** describes what we will do to achieve the stated **outcome** and the **evaluation** provides us with the evidence of the extent to which we have achieved it.

Finally, the '**lead**' describes which partnership group or service is responsible for driving the achievement of the Outcome in partnership, making sure the relevant group/s and services deliver on the specific action/s required.

Rather than tracking a lot of actions ourselves, our intention as a Partnership is to 'chase the outcomes', together, making sure that all partners are focused on these for the best collective impact on achieving the outcomes sought for East Lothian's children and young people



Safe

Healthy

Achieving

Nurtured

Active

Respected

Responsible

Included



1.1 What we aim to improve

1. Pre-birth: Women who are socially vulnerable to risk are supported during pregnancy and during postnatal period
2. Children are protected from harm in the community
3. Children are protected from harm at home
4. Children are protected from harm at school
5. Young people are safe and can access appropriate accommodation on leaving care
6. Child's transitions take place seamlessly and through GIRFEC process

| Performance indicator | Baseline | Target |
|--|----------|--------|
| Proportion of women in each SIMD quintile booked for ante-natal care by 12th week of gestation | 90% | 92% |
| Number of children under 2 on Child Protection Register due to Parental substance misuse | 4 | 2 |
| Proportion of Child Protection plans audited as SMART | 26% | 100% |
| Proportion of school staff receiving training in radicalisation (PREVENT awareness) programme | 0% | 100% |

1.2 How we plan to do it

| Outcome | Action | Evaluation | Lead |
|--|---|---------------------------------|---------------------------------------|
| Women are supported during pregnancy and during postnatal period | <p>Develop a better understanding of the reasons behind non-engagement during pregnancy (SOA 5)</p> <p>Better signposting to NHS Lothian maternity booking system (SOA 5)</p> <p>Improved web and mobile access to information (SOA 5)</p> <p>Routine enquiry for risks of domestic abuse in pregnancy and postnatal period (SOA 5,6)</p> | Service user feedback | Early Years Planning & Delivery Group |
| Women are supported during pregnancy and during postnatal period | Develop a specialist support for pregnant women misusing substances (SOA 5, 6, 7) | Service User Feedback | Early Years Planning & Delivery Group |
| Children at home who have been identified as being at risk of harm are kept safe | Implement the Signs of Safety Action Plan 2014-19 (SOA 4 and 7), working with families so all child plans make a practical difference by being specific, measurable, achievable, realistic and time-based. (SOA 7) | Audit of child Protection Plans | Signs of Safety Steering Group |
| Children at home who have been identified as being at risk of harm are kept safe | Ensure all children have a multi-agency chronology (SOA 7) | Audit of Child Protection Plans | Named Person Service |
| Children are protected from harm at | Finalise and implement the Education Service Anti-bullying Policy (SOA 7 and 10) with particular regard to the impact on pupils with additional | Monitoring | Education Steering |

Safe

at home, at school, in the community

| Outcome | Action | Evaluation | Lead |
|--|--|--|--|
| school | support needs | Reports | Group |
| Children are protected from harm at home, at school and in the community | Implement the E-safety plan (SOA 7 and 10)) | Annual Report to Public Protection Committee | Education Steering Group |
| Children are protected from harm in the community | Implement <i>Child Protection Improvement Plan</i> (sexual exploitation; communication, chronologies; risk management of young people putting themselves at risk; approaches where children fall below the child protection threshold; developing SMARTER plans for children; reporting annually on the work of the Public Protection Committee) (SOA 4 and 7) | Audit of Child Protection case files | Head of Children's Wellbeing/ Signs of Safety Steering Group |
| | Explore widening the extension of car exclusion zones at/near schools to reduce road traffic accidents involving children and young people (SOA 3,6,7, 8) | East Lothian Council Evaluation of Pilot | Road Services |
| | Develop and implement Road Safety Action Plan to ensure road safety continues to improve over next 3-5 years | Road Safety Working Group | Safe and Vibrant Communities |
| | Provide appropriate "Relationships, Sexual Health and Parenthood" programme for children and young people with additional support needs and disabilities and share the programme with parents/carers(SOA 4, 6,7,10) | Healthy Respect evaluation of programme | Additional Support Needs/ Disability Planning & Delivery Group |
| | Adapt public protection face to face and e-learning training to incorporate new legislation on radicalisation prevention (SOA 7and 10) | Workforce Development | Public Protection Committee |

Safe

at home, at school, in the community

| Outcome | Action | Evaluation | Lead |
|--|--|--|---|
| | | Participation data | |
| Young people are safe and can access appropriate accommodation | Develop increased availability of specialist housing provision as well as emergency housing provision for young people who are looked after (SOA 2,6, 9) | Audit of Care Leaver Pathway Plans | Housing Service / Corporate Parenting Planning and Delivery Group |
| Child's transitions take place seamlessly and through GIRFEC process (SOA 4 and 5 and 9) | Implementation of Named Person Service pre-birth to age 18 (SOA 4,5,6,7) | NHS Lothian Service User Feedback Student Evaluation of Education Experience Survey | Named Person Service |
| Children and young people's experiences of bullying in schools reduces | Update and implement the anti-bullying policy within all nurseries and schools (SOA 4,7,10) | Incident data reports Student Evaluation of Education Experience Survey | Education Steering Group |
| Reduced experience of identity-based bullying (e.g. LGBT, gypsy travelers, refugees etc) in youth settings | Review support to schools to tackle identity-based bullying and hate crime e.g. homophobic bullying and islamophobia | Number of identity-based bullying incidents reported in schools | Education / Police / Equality Officer |



Safe

Healthy

Achieving

Nurtured

Active

Respected

Responsible

Included



2.1 What we are aiming to do

1. Women are better supported during pregnancy and during the post natal period
2. Children achieve their appropriate developmental milestones by 13-15 months, 27-30 month review and on starting P1 (also contributes to Achieving)
3. Looked after children's health needs are met in a timely and effective manner, starting with a health assessment to all within 4 weeks of being looked after
4. Children and young people with autism receive timely diagnosis and support
5. Children, young people and young parents make informed choices about their sexual health
6. Children and young people's mental health and wellbeing outcomes improve

| Performance indicator | Baseline | Target |
|---|--------------------------|-------------|
| Percentage of women attending for antenatal booking by 12 th week gestation will continue to rise above the national target across all 5 SIMD quintiles (SIMD 1 quintile will rise to same range as remaining quintiles) | SIMD 1 baseline 88.2% | 92% |
| Percentage of pregnant women who are smokers | 14.3% (NHSL) | 13.5% |
| Percentage of babies born at low birth weight (below 2.5 kg) will reduce | 6.2% | 5.25% |
| Percentage of children exclusively breastfed at first visit and at 6-8 weeks | 43.5% and 36.7% | 50% and 42% |
| Percentage of children in Primary 1 who are overweight or obese (using epidemiological thresholds and clinical | 22% at risk | 18% at risk |

Healthy

physical, mental, sexual health

| | | |
|--|--|---|
| BMI) | 15.3% clinical | 13% clinical |
| Percentage of children registered with a dentist at 0-2 years and 3-5 years | 48.7% & 88.9% | 52% and 92% |
| Percentage of Looked after children receiving a health assessment (and within 4 week target time) and any identified health needs being met | 100% (of those who were referred and opted for the assessment, seen within 4 weeks) No current recording of those opting out | 100% (of those referred and opting in receiving assessment within 4 weeks) 0% opting not to receive assessment |
| Health needs identified requiring referral on to another service (e.g. CAMHS) will be done in a timely manner to ensure need re prioritised - Qualitative data set to be created | | |
| % of teenage pregnancy rates | 42.8:1000(<20yrs) 29.2:1000(<18yrs) 6.5:1000(<16yrs) | 40:1000 26:1000 5:1000 |
| Tier 1 & tier 2 referrals and/or inappropriate referrals to CAMHS will reduce (as needs met in universal and community settings) as measured by % accepted from weekly referral assessment | 38% - 72% range | 75-100% |
| Children and young people waiting over 18 weeks CAMHS treatment time target | 20 | 0 |

2.2 How we plan to do it

| Outcome | Action | Evaluation | Lead |
|---|--|---|---------------------------------------|
| Women are supported during pregnancy and during the post natal period | Early antenatal booking will be promoted to ensure that women across the SIMD quintiles can access maternity care and support as early as possible for both maternal and infant outcomes (SOA 2, 5, 6) | AM Booking run charts with NHS | Early Years Planning & Delivery Group |
| | Plan to reduce maternal stress and resulting harm to unborn child (SOA 2, 5, 7) including: <ul style="list-style-type: none"> targeted support for parents/main care givers in the 'at risk' group; improved capacity of staff; working to include fathers / improving secure attachment; signposting to money advice; support around domestic abuse | Various measures of outcomes around routine inquiry, welfare benefits referrals | Early Years Planning & Delivery Group |
| | Plan to improve maternal nutrition (SOA 2, 5, 10): <ul style="list-style-type: none"> achieve the UNICEF Baby Friendly award; promotion of breast feeding; promotion of Healthy Start vouchers and vitamins look at Health and CPP input to promoting smoking awareness in the preconception period and antenatal period to reduce maternal smoking in pregnancy | Baby Friendly rates; Healthy Start rates | Early Years Planning & Delivery Group |
| | Safer environment: | Public Protection | Signs of Safety/Child |

Healthy

physical, mental, sexual health

| Outcome | Action | Evaluation | Lead |
|---|---|--|--|
| | <ul style="list-style-type: none"> develop specialist support for pregnant women using substances (SOA 2, 6); offer access to safe housing for women and children affected by domestic violence (SOA 9) | Office: Violence Against Women Lead Officer Quarterly Reports | Protection Steering Group |
| | Family Nurse Partnership offered to all first time mothers-to-be who are 20 years and under (SOA 2,5,6) | NHSL Annual Implementation Update Report | Early Years Planning & Delivery Group |
| Children achieve their appropriate developmental milestones by 13-15 months and 27-30 month review and on starting P1 | Implement the universal pre-birth to pre-school pathway; collect and analyse review data to shape pre-school service. (SOA 5,7) | Annual Update Report and Data Analysis | Early Years Planning & Delivery Group |
| Looked after children's health needs are met in a timely and effective manner as identified by the health assessment within 4 weeks of being looked after | Ensure all looked after children have an up to date physical and mental health assessment (SOA 4) Ensure that a dataset of health intelligence is developed for Looked After Children (SOA 4) | Annual Audit of Looked After Children's Plans | Corporate Parenting Planning & Delivery Group |
| Children and young people with autism receive timely diagnosis and support | Implement East Lothian Autism Strategy (SOA 6) | Autism Strategy Steering Group Implementation Plan Update Reports | Additional Support Needs/ Disability Planning & Delivery Group |

Healthy

physical, mental, sexual health

| Outcome | Action | Evaluation | Lead |
|---|---|--|--|
| Young people make informed choices in their sexual relationships | Implement the NHS Lothian Teenage Pregnancy Pathway (SOA 2, 5) | Annual review of NHS Lothian East Lothian teenage pregnancy data | NHSL / Education Service |
| | Implement Share and Share Special Programmes in schools (SOA 4, 6) | | |
| Young people's emotional and mental health is effectively supported | Delivery the Healthy Respect programme in schools (SOA 4, 6) | Family Nurse Partnership NHSL | NHSL |
| | Promote C card and healthy respect drop- ins in each of the 6 clusters (SOA 4, 6) | | |
| | Delivery of Family Nurse Programme (with data about reduction in subsequent early pregnancy etc) (SOA 2, 6) | | |
| Young people's emotional and mental health is effectively supported | Implement the Lothian Mental Health Strategy, reducing waiting times for Child and Adolescent Mental Health Service (CAMHS) referrals and offering low level mental health supports within schools. (SOA 4, 10) | NHS Lothian CAMHS Referral and Waiting List Data | NHSL/Education Service |
| | Upskill school based health and pupil support professionals with Mental health 'First Aid' training. (SOA 4, 6, 10) | NHSL CAMHS Capacity Development Sessions | NHSL / CAMHS / Education Psychology Service NHSL School nurse pathway group |
| | Introduce the new national school nurse pathway and increased role of school nurses for mental health and wellbeing | | |
| | Implement range of education, prevention and substance misuse harm reduction measures within the Mid and East Lothian Drug and Alcohol | MELDAP Annual SALSUS survey | MELDAP / Education |

Healthy

physical, mental, sexual health

| Outcome | Action | Evaluation | Lead |
|---|--|--|---|
| | Partnership (MELDAP) New Psychoactive Substances Plan. (SOA 2, 4, 6) | results | |
| Children's oral health improves | Work in partnership with NHS Lothian's Public Dental Service, supporting Childsmile Oral Health Improvement programmes within the pre-school and primary school settings, and promote dental registration within the 0-2 year old and 3-5year old population. (SOA5) | NHSL/Health Improvement Data | Early Years Planning and Delivery Group |
| Children and young people's physical health and activity levels improve | Implement the Active Schools Programme. (SOA 3,5, 6, 8, 10) Increase input on child health weight from health visiting teams and increased referrals to child healthy weight programme (SOA 6) | Active Schools Annual Report. NHSL CHW evaluation | Active Schools / Enjoy Leisure /QMU NHSL |
| | Promote Enjoy Leisure facilities to families, children and young people(SOA 5, 6,8,10) | Enjoy Leisure Annual usage data. | |
| | Promote Active Schools programme via partnership with QMU's Children's University (SOA 2,4,10) | Children's University Annual Progress Report | |



Safe
Healthy



Achieving

Nurtured
Active
Respected
Responsible
Included

3.1 What we aim to improve

1. Children experience positive parenting and good attachment
2. Children have good opportunities for play and development and are ready to learn
3. All our children reach their potential for their age and ability
4. An improvement in the attainment of the lowest performing 20% of East Lothian's school age children and especially looked after children
5. An increase in the number of pupils and school leavers with well developed employability skills

| Performance indicator | Baseline | Target |
|--|-----------------------|---------------|
| Percentage of children receiving their developmental and wellbeing assessment at 13-15 months | 0% (starting May '17) | 95% |
| Percentage of children with a developmental or wellbeing concern at 13-15 month assessment | No baseline yet | 10% |
| Percentage of children receiving their developmental and wellbeing assessment at 27-30 months | 82% | 95% |
| Percentage of children (in any domain) with a developmental or wellbeing concern at 27-30 month assessment | 15.7% | 14% |
| Percentage of eligible 3 and 4 year olds accessing the 600 hours of early learning and childcare scheme | 98% | 99% |
| Percentage of eligible (Priority) two year olds accessing the 600 hours of early learning and childcare | 70% | 80% |
| Percentage of P1 pupils making progress as expected or quicker than expected in reading | 70% | 75% |

Achieving

becoming successful learners, confident individuals, responsible citizens and effective contributors

| | | |
|---|-------|-------|
| Percentage of P1 pupils making progress as expected or quicker than expected in Mathematics | 74% | 75% |
| Percentage of pupils with Additional Support Needs (ASN) entering positive post school destinations | 81.8% | 87.9% |
| The average total tariff score for the lowest attaining 20% of school leavers | 154 | 225 |
| Percentage of school leavers entering positive destinations | 91.9% | 95% |

3.2 How we plan to do it

| Outcome | Action | Evaluation | Lead |
|--|---|---|--|
| Children experience positive parenting and good attachment | <p>Introduction of Universal pre-Birth to pre-school pathway for all children, with increased home visiting contacts to support parenting and child wellbeing (SOA 5)</p> <p>All parents of Priority 2's and 3 and 4 year olds have access to Incredible Years or Triple P Parenting programmes (SOA 5,10)</p> | <p>Level of contacts successfully being offered and taking place</p> <p>Evaluation by PoPP by the national database</p> | <p>NHS Lothian pathway implementation group</p> <p>Early Years Planning & Delivery Group</p> |
| Children have good opportunities for play and development and are ready to learn | <p>Develop East Lothian Play Strategy linking to National Play Strategy;</p> <p>Provide learning through play opportunities for children and identify next steps for learning (SOA 3,4,5,6,8,10)</p> | <p>Support from the Start Annual Report</p> | <p>Early Years Planning & Delivery Group / East Lothian Play Association</p> |

Achieving

becoming successful learners, confident individuals, responsible citizens and effective contributors

| | | | |
|--|---|--|--|
| Children have good opportunities for play and development and are ready to learn | Improve readiness of boys to start school (SOA 2,4,5) | P1 PIPS data EDI Data | Nursery Providers/Support from the Start Area Groups |
| | Continue to promote Queen Margaret University's Children's University to 5-14 year olds. (SOA 4,10) | Participation Data | QMU |
| All our children meet or exceed development for their age and ability | Maintain the Bookstart programme (including training for staff); provide access to therapeutic support following assessment (SOA 2,4,5 and 6) | Participant Evaluation | Early Years Planning & Delivery Group |
| All our children meet or exceed development for their age and ability | Implement the new <i>3-18 Numeracy and Mathematics strategy</i> and the <i>3-18 Literacy strategy</i> (SOA 2,4,5,6) | Education Reports Quality Improvement Reviews | Education Steering Group |
| | Continue to support and challenge schools to raise attainment overall as measured by national examinations through improved analysis of data, improved professional judgements, the target setting process and improved learning and teaching (SOA 2,4,5,6) | Benchmark Data | Education Service |

Achieving

becoming successful learners, confident individuals, responsible citizens and effective contributors

| | | | |
|---|---|---|---|
| Improvement in the attainment of the lowest performing 20% of East Lothian's school age children and especially looked after children | Work with partners to enhance the school vocational programmes including Senior Phase Opportunities and promote opportunities available for target groups to participate in South East Scotland Academies Partnership. Link in with Champion's Board Education priority (SOA 1,2,4,6) | Champion's Board annual report | Education Steering Group and Champion's Board |
| An increase in the number of pupils and school leavers with well developed employability skills | Implement <i>Developing East Lothian's Young Workforce</i> plan in line with strategy from Scottish Government(SOA 1,2,4,6) | School Leaver Destination reports and Participation Measure | Developing East Lothian's Young Workforce – Positive Destinations Group |
| | Continue to focus on commissioning of provision across the county to meet the needs of all young people, taking into consideration the rural nature of East Lothian and the needs of young people with additional barriers, e.g. young carers, Looked After Children etc. (SOA 1,2,4,6) | | |
| Better outcomes for Young People in further learning and employment. | Continue to support the 16 plus hub and prioritise young people who are eligible for aftercare service within ELWorks services. (SOA 1,2,4,6) | School hub monitoring data | Developing East Lothian's Young Workforce – Positive Destinations Group |



Safe
Healthy
Achieving



Nurtured

Active
Respected
Responsible
Included

Nurtured

a nurturing place to live in a family setting with additional help if needed or, if not possible, in a suitable care setting

4.1 What we aim to improve

1. Children experience positive parenting and good attachment
2. Children are cared for in their communities, schools and families
3. Children and young people who are looked after have better long-term outcomes

| Performance indicator | Baseline | Target |
|---|----------|--------|
| Increase the percentage of Looked After children who feel settled where they live | 82% | 90% |
| Increase the proportion of Looked after children and young people in Kincare | 22% | 30% |
| Reduce the proportion of Looked After children in external residential placements | 43% | 30% |

Nurtured

a nurturing place to live in a family setting with additional help if needed or, if not possible, in a suitable care setting

4.2 How we plan to do it

| Outcome | Action | Evaluation | Lead |
|---|--|--|--|
| Children experience positive parenting and good attachment | Implement the East Lothian Parenting Strategy to ensure equitable access to services and parenting programmes: maintain Pathways of Support in every cluster through universal and targeted services; all Priority 2's and vulnerable 3 and 4 year olds parents/carers have access to Incredible Years or Triple P; provide appropriate training for staff in attachment and parenting (SOA 5) | Evaluation of PoPP via the national database | Early Years Planning and Delivery Group |
| Children are cared for in their communities, schools and families | Expand the range of foster placements available by focusing the Foster Carers recruitment on teenage and sibling placements (SOA 10) | Annual report from the Champion's Board | Corporate Planning Delivery Group |
| Children are cared for in their communities, schools and families | Develop and deliver multi-agency of training on issues particularly affecting looked after and adopted children such as attachment, brain trauma, Foetal Alcohol Spectrum Disorders | Children's Strategic Partnership | Children's Strategic Partnership |
| Children are cared for in their communities, schools and families | Deliver on all actions identified by the Kinship Care Steering Group (SOA 10) | Report to the CSP | Corporate Planning Delivery Group |
| Children are cared for in their communities, schools and families | Reduce the numbers of children with severe and complex needs placed away from home (SOA 4,10) | Annual review of External Placements | Multi-agency Resource Group and ASN/Disability Planning & Delivery Group |

Nurtured

a nurturing place to live in a family setting with additional help if needed or, if not possible, in a suitable care setting

| | | | |
|---|---|--|--|
| Children are cared for in their communities, schools and families | Develop Self-Directed Support approaches e.g. personalised budgets, to enable children particularly those with additional support needs to be cared for locally with a disability, particularly within the context of Self Directed Support | Report on implementation of SDS | ASN/Disability Planning & Delivery Group |
| Children are cared for in their communities, schools and families | Develop and promote relationship-based practice across services and partnership groups | Children's Strategic Partnership | Children's Strategic Partnership |
| Children and young people who are looked after have better long-term outcomes | Deliver family interventions that work to strengthen families so that children can safely stay with them (SOA 4) | National statistics on positive destinations for Looked After young people | Developing East Lothian's Young Workforce: Positive Destinations Planning & Delivery Group |
| | Work with education partners such as Edinburgh College and Queen Margaret University to ensure Looked After Children have equitable advice and guidance re progression to post-school Further Education and Higher Education opportunities (SOA 2,4) | | |
| Children and young people who are looked after have better long-term outcomes | Review financial arrangements for Looked After Children and ensure they have access to all financial supports / benefits (SOA 2) Champion's Board priority | Champion's Board annual report | Corporate Parenting Planning & Delivery Group |
| Children and young people who are looked after have better long-term outcomes | More targeted out of hours support for former looked after children (SOA 10) | Champion's Board Surveys | Corporate Parenting Planning & Delivery Group |
| Children and young people who are looked after have better long-term outcomes | Increase awareness of Corporate Parenting to new public bodies and young people via social media (SOA 10) | Increased Public Information | East Lothian Partnership |



Safe
Healthy
Achieving
Nurtured



Active

Respected
Responsible
Included

Active opportunities to take part activities such as play, recreation and sport which contribute to healthy growth and development

5.1 What we aim to improve

1. Our children are more physically confident and competent from the earliest age
2. Our children have equal opportunities to be participate
3. Our children’s wellbeing and resilience is supported in communities through physical activity and sport

| Performance indicator | Baseline | Target |
|--|----------|------------------------|
| Percentage of primary school pupils benefitting from at least 2 hours per week of physical education | 100% | Maintain level at 100% |
| Percentage of secondary school pupils (S1 to S4) benefitting from two periods of physical education per week | 100% | Maintain level at 100% |
| Number of residents from specific target groups accessing local sport and leisure facilities at reduced rates | 3740 | 4123 |
| Average number of visits per person from specific target groups accessing local sport and leisure facilities at reduced rates) | 21 | 23 |

Active opportunities to take part activities such as play, recreation and sport which contribute to healthy growth and development

5.2 How we plan to do it

| Outcome | Action | Evaluation | Lead |
|--|---|--------------------------------|--|
| Our children are more physically confident and competent from the earliest age, and have more improve opportunities to participate, progress and achieve in sport and Physical Activity and improve the skill profile of the population | Sustain and support Countryside Volunteer and Path Warden Schemes. (SOA 3,6,8,10) | SCL Service Plan and Scorecard | Principal Officer Countryside Services |
| | Deliver an outdoor learning programme for young people. (SOA 4,6,8) | SCL Service Plan and Scorecard | Principal Officer Outdoor Education |
| | Design and deliver specific target group developments to create inclusive programmes. These programmes will include but not limited to: Child Healthy weight, disability, teenage girls, non participants of physical education, health inequalities. (SOA 6) | SCL Service Plan and Scorecard | Principal Officer Active Schools & Community Recreation |
| Our children have more opportunities to participate, progress and achieve in sport where they may have barriers to participation and development taking into consideration, gender, disability, rural disadvantage, origin, culture and ethnicity. | Provide a disability activity programme for school pupils(SOA 4,6,10) | SCL Service Plan and Scorecard | Principal Officer, Active Schools & Community Recreation and Principal Officer, Sports Development |
| | Engage girls in Active Schools activities (SOA 4,6) | SCL Service Plan and Scorecard | Principal Officer, Active Schools & Community Recreation |
| | Engage looked after and accommodated children (LAAC) in activity(SOA 4,6,7) | SCL Service Plan and Scorecard | Principal Officer, Active Schools & Community Recreation and Principal Officer Sports Development |

Active opportunities to take part activities such as play, recreation and sport which contribute to healthy growth and development

| Outcome | Action | Evaluation | Lead |
|---|--|--------------------------------|---|
| | Increase engagement of pupils from low income families in sport and physical activity(SOA 2,4,6) | SCL Service Plan and Scorecard | Principal Officer, Active Schools & Community Recreation Principal Officer, Sports Development |
| Support wellbeing and resilience in communities through physical activity and sport | Prioritise increasing the number and diversity of participants in Active Schools. (SOA 6) | SCL Service Plan and Scorecard | Principal Officer, Active Schools & Community Recreation |
| | Improve the connections between schools and clubs. (SOA 6,10) | SCL Service Plan and Scorecard | Principal Officer, Active Schools & Community Recreation Principal Officer, Sports Development |
| | Provide training and competition opportunities for age group and district squads that will increase the number of athletes and coaches representing at Regional and National level. (SOA 6,10) | SCL Service Plan and Scorecard | Principal Officer, Sports Development |



Safe
Healthy
Achieving
Nurtured
Active



Respected

Responsible
Included

Respected

having the opportunity, along with carers to be heard and involved in decisions which affect them

6.1 What we aim to improve

1. Children and Young people understand their rights as laid out in the United Nations Convention on the Rights of the Child (UNCRC)
2. Young people and their families are supported to express their views and are supported to participate in individual and service planning.
3. Looked after young people feel listened to and their views acted on

| Performance indicator | Baseline | Target |
|--|-----------------|---------------|
| Increase the number of young people who are looked after and accommodated that complete Viewpoint questionnaire | 40 | 80 |
| Increase in the % of young people that report they are aware of the United Nations Convention of the Rights of the Child | 89% | 95% |
| Increase the percentage of pupils who feel that young people's views are listened to in their local neighbourhood | 64.7% | 70% |
| Increase numbers of care experienced young people that sign up to the Champions Board | 10 | 60 |
| Number % of pupils who feel they are treated fairly in school | 85.2% | 90.0% |

Respected

having the opportunity, along with carers to be heard and involved in decisions which affect them

6.2 How we plan to do it

| Outcome | Action | Evaluation | Lead |
|---|--|---|--|
| Children and Young people know about and understand their rights as laid out in the UNCRC | Review uptake of Rights Respecting Schools (SOA 4) | Student evaluation of experience survey | Education Steering Group / Children's Parliament |
| | Participate in the Children's Parliament Festival of Architecture programme in academic session 2015/16, within the Tranent Cluster (SOA 1,3,4,7,8) | | |
| | Promote understanding of the wellbeing indicators with children, young people and families, linking these with the duties inherent in part one of the Children and Young People's Act and building on the work carried out through Rights Respecting Schools | Student evaluation of experience survey | Children's Strategic Partnership |
| Young people and their families are supported to express their views and are supported to participate in individual and service planning. | Widen out the use of accessible communication tools for children and young people with additional support needs(SOA 4,10) | Audit of young people's participation within staged assessment meetings | ASN/Disability Planning & Delivery Group |
| Young people's views inform their personal plans as well as strategic plans | Promote Viewpoint tool and report on completed surveys in Listen More Assume Less(SOA 4,7) | Annual report to the Children's Strategic Partnership | Corporate Parenting Planning & Delivery Group |

Respected

having the opportunity, along with carers to be heard and involved in decisions which affect them

| Outcome | Action | Evaluation | Lead |
|---|---|-----------------------------|---|
| Care experienced people feel listened to and their views acted on | Develop a Champions Board for young people who are looked after (SOA 4,7) | Champions Report evaluation | Corporate Parenting Planning & Delivery Group |
| Young people are supported to have their voice heard and used to inform decisions about their lives | Promote existing advocacy provision ('Let's Talk ASN') for young people with additional support needs who are making a reference to Additional Support Needs Tribunal (SOA 4) | Evaluated nationally | Education Service |
| Young people inform multi agency service planning and delivery | Adopt <i>The Golden Rules for Participation</i> as a new framework for supporting the participation of children and young people (SOA 4,10) | Annual participation report | Children's Strategic Partnership |

Safe
Healthy
Achieving
Nurtured
Active
Respected



Responsible

Included



Responsible

– having opportunities and encouragement to play active and responsible roles in their schools and communities,
and where necessary, having appropriate guidance and supervision and being involved in decisions which affect them

7.1 What we aim to improve

1. Children and young people will choose not to take illegal drugs or misuse alcohol
2. Reduce adolescence smoking prevalence
3. Children and young people will engage positively in their communities
4. Fewer teenagers will become pregnant

| Performance indicator | Baseline | Target |
|--|----------|--------|
| Children referred to the Reporter on offence grounds in East Lothian | 43 | 38 |
| Reduce number of 15 year olds who report they usually drink at least once a week | 13% | 11% |
| Reduce number of 15 year olds who report they are regular smokers at least once a week | 9% | 8% |
| Reduce number of 15 year olds who report they used Cannabis in the last year | 20% | 16% |
| Increase the number of young people that engage in volunteering - Duke of Edinburgh | 145 | 160 |
| Increase the number of young people that engage in volunteering - Saltire | 655 | 720 |
| Reduce the number of teenage pregnancies in East Lothian (per 1,000) | 28.7 | 24.5 |
| Increase the percentage of pupils who have a personal bank account | 60.1% | 70.0% |
| Increase percentage of pupils agreeing they have opportunities to get involved with local environmental issues | 60.6% | 63% |
| Number % of pupils agreeing that most pupils behave well in school | 71.2% | 75.0% |

Responsible

– having opportunities and encouragement to play active and responsible roles in their schools and communities, and where necessary, having appropriate guidance and supervision and being involved in decisions which affect them

7.2 How we plan to do it

| Outcome | Action | Evaluation | Lead |
|--|--|-------------------------------------|---|
| Children and young people will choose not to take illegal drugs or misuse alcohol | Deliver appropriate preventative and education programmes on alcohol and substance misuse within schools (SOA 2,4,6,7) | MELDAP report | MELDAP |
| Reduce adolescence smoking prevalence | Deliver <i>Decipher-Assist</i> peer led smoking prevention programme in secondary schools (SOA 4,6) | ISD Scotland Health Indicator Data | NHS Health Promotion/ CLDS |
| Children and young people will positively engage in their community | Implement the <i>East Lothian Volunteering Strategy</i> (SOA 4,6,10) | Volunteering Strategy Working Group | STRIVE |
| Fewer teenagers will become pregnant | Deliver appropriate education programmes on sexual health, relationships and parenthood in schools and other young people's settings (SOA 4,6,7) | ISD Scotland Sexual health Data | Early Years planning and delivery group |
| Outcomes for child and young people involved in child protection processes are met | Roll out full Signs of Safety approach to the whole child protection process including core groups [and to all multi-agency meetings making a child's plan] (SOA 7) | Signs of Safety annual report | Signs of safety /child protection planning and delivery group |



Safe
Healthy
Achieving
Nurtured
Active
Respected
Responsible



Included

Included

having help to overcome social, educational, physical and economic inequalities and being accepted as part of the community in which they live and learn

8.1 What we aim to improve

1. Children and young people with additional support needs / disability feel included within youth, sports, leisure, arts and after school activities
2. Children are protected from poverty
3. Young people with additional support needs /Disabilities are supported to live in their own tenancies where appropriate
4. Young Carers specific needs are recognised and appropriately met
5. Children and young people and their families are treated fairly and supported to overcome inequalities that they experience
6. Children and young people whose first language is not English are integrated into the community

| Performance indicator | Baseline | Target |
|---|-----------------|---------------|
| Increase take up of direct payments | 35 | 65 |
| Increase the numbers % of pupils agreeing they enjoy being at school | 85.7% | 88.0% |
| Increase the number % of pupils who can access regular public transport where they live | 86.9% | 88% |
| Increase the number % of pupils who can use the internet in their home | 97.8% | 99.0% |
| Decrease the percentage pupils who regularly help to take care of someone in their family who is physically or mentally ill or has problems with drugs or alcohol | 31.4 | 30 |

Included

having help to overcome social, educational, physical and economic inequalities and being accepted as part of the community in which they live and learn

8.2 How we plan to do it

| Outcome | Action | Evaluation | Lead |
|--|---|---|---|
| Children and young people with additional support needs / disability are involved in community life | Improve access to information for families about the range of sports, leisure, cultural and youth work activities available to children with ASN/disability(SOA 4,6,10-+) | Active Schools Annual report | Additional Support Needs/Disability Planning & Delivery Group |
| | Increase access to social and leisure activities for young people who are looked after (SOA 6) | Viewpoint annual report | Corporate Parenting Planning & Delivery Group |
| | Implement the recommendations of the <i>Education Accessibility Strategy</i> including staff development to support this (SOA 4,6,10) | Consultation with parents/carers | Additional Support Needs/Disability Planning & Delivery Group |
| Young carers' specific needs are recognised and appropriately met | Implement the recommendations from Scottish Government's strategy 'Getting it Right for Young Carers' | Student evaluation of experience survey | Additional Support Needs/Disability Planning & Delivery Group |
| Children and young people with additional support needs / disability have more choice and control over their lives | Implement the <i>Self Directed Support Action Plan</i> (SOA 6 and 9) | Review take up of direct payments | Additional Support Needs/Disability Planning & Delivery Group |

Included

having help to overcome social, educational, physical and economic inequalities and being accepted as part of the community in which they live and learn

| Outcome | Action | Evaluation | Lead |
|--|---|---|---|
| Children are protected from poverty | Increase participation of parents in employability related adult learning (SOA 1,2,10) | Performance update from East Lothian Works | Early Years Planning & Delivery Group |
| Children are protected from poverty | Implement the Welfare Reform Action Plan and carry out Welfare Rights and Advice Review | Anti-Poverty Alliance published data | Welfare Reform Task Group |
| Young people are supported to participate in decision making structures within schools and their communities | Develop <i>Education Participation Plans</i> enabling mechanism for children and young people to fully participate in school planning, including reviewing the operation and function of the School Pupil Councils and Dialogue Youth (Youth Council) (SOA 4) | Annual participation report to the Children's Strategic Partnership | Chair of Education Steering Group |
| | Develop a consistent approach for the involvement and engagement of children and young people in decision making across all services e.g. including Area Partnerships and clarifying the role of the Youth Council (SOA 4) | Annual report to the Children's strategic partnership | Chair of Children's Strategic Partnership |
| Young people in East Lothian live in communities where people from | Implement the East Lothian Equality Plan | East Lothian | Equality Officer |

Included

having help to overcome social, educational, physical and economic inequalities and being accepted as part of the community in which they live and learn

| Outcome | Action | Evaluation | Lead |
|---|--------|------------|------|
| different backgrounds and cultures get on well together | | Council | |

7 Managing our performance

Section 7: Managing our performance

how well are we doing?

How we will report progress on the Plan

The Resilient People Partnership (RPP), through the Children's Strategic Partnership, has overall responsibility for implementation and achievement of the Children and Young People Services Plan.

The Partnerships will:

Review evidence and learning about children and young people's services and experiences from:

- Outcomes evidence within the East Lothian profile and six Ward Profiles
- Output reports and improvement actions from Regulated and Partnership Inspections of services for Children and Young People
- Feedback from East Lothian's children and young people through pupil and care experienced children and young people's surveys
- Performance data and trends relating to children and young people's outcomes in respect of education, social care,

health, youth justice and child protection

- Complaints and compliments about children and young people's services
- Engage directly with children and young people to hear 'how it is'

Plan to develop services together to better achieve the outcomes sought by:

- Reviewing the Children and Young People's Services Plan annually, asking "How good are we now? How do we know? How good can we be?"
- Reporting performance progress against agreed indicators, annually
- Conducting planned shared self evaluation of partnership service delivery using the Care Inspectorate Performance Framework for Children and Young People's Services: "Care Inspectorate Guide to Evaluating Services Using Quality Indicators"
- Developing refreshed priorities and implementation plans on a annual basis

Do service delivery together by:

- Agreeing plans and priorities
- Implementing shared delivery mechanisms together
- Reviewing operational arrangements to improve effectiveness of partnership working
- Releasing and moving necessary resources to support delivery of agreed plans and priorities

Monitor achievement of plans through:

- Reporting of key performance indicators
- Assessing progress of plans through quarterly action reporting
- Planning and Delivery Group Chairs present progress reports to CSP twice annually
- Challenging progress, especially where it is not on track
- Self-evaluating the Partnerships' leadership of services for children and young people
- Reporting publicly, annually, on the progress of plans and achievements of outcomes

8 How we will make
sure our plan lives

Section 8: How we will make sure our plan lives

Our plan makes promises and commitments to all of East Lothian's children and young people. It shapes the focus and attention of everyone working with children and young people in East Lothian, no matter what their job is or who their employer is.

The Partnership views that it takes the whole community to raise and look after our children and young people, and so it is the community who must help achieve the outcomes for our children and young people.

The Partnership firmly believes that, if we all work together, with children, young people, families and communities, on achieving the outcomes set out in this plan, we will improve the wellbeing and life experience of all of East Lothian's children and young people.

To make sure this plan 'lives', the partnership will regularly promote it widely and monitor it closely. Section 9 of the plan describes how we will monitor it.

To promote the plan, the partnership will develop a pack of posters and accompanying information leaflets, designed to make communication of the plan easy for all.

Community briefings about the plan will be provided to all 6 of East Lothian's Area Partnerships and to Parent Councils in schools, and to any other community groups who would like to hear more about the plan.

More generally, information about the plan and the priority outcomes being worked upon

for East Lothian's children and young people will be publicised in local press and radio.

News about services for children and young people will be regularly communicated through partners' websites and specifically through the production of a 6 monthly public newsletter.

To maintain connections with the Children's Strategic Partnership about the plan, and to provide feedback about children's services in East Lothian, e-mails can be posted to: csp@eastlothian.gov.uk.

9 More about us

Section 9: More about us

This section of our plan gives you a lot more information about how we work together to make progress on the outcomes for all children and young people in East Lothian.

It is presented to you in ‘**More About Us ...**’ sections, helping you to better understand how what we do together to focus on services for children and young people, connects to the wider services and planning arrangements for all of East Lothian’s partnership services for the whole community.

Each section summarises the main points about our arrangements and connections, and

gives you web links to the main public documents available online to make it easy for you to go and look at more in-depth information if you want to.

The ‘**More about us ...**’ sections you can read about are:

- 9.1 More about... East Lothian Partnership
- 9.2 More about... the Children’s Strategic Partnership
- 9.3 More about... involvement by children and young people

9.4 More about... the *East Lothian Plan (Single Outcome Agreement)*

9.5 More about... Getting It Right for Children and Young People In East Lothian

9.6 More about... what we spend in partnership on services for children and young people

9.7 More about... the shift to early intervention

9.8 More about... who are our children and young people

Section 9: More about us

Section 9.1 More about.... East Lothian Partnership

East Lothian Partnership is East Lothian's community planning partnership. The Partnership brings together East Lothian Council, other public sector bodies (like the NHS) along with the business and third sectors and community representatives to agree and then deliver our priorities for East Lothian. These are set out in [The East Lothian Plan](#) also known as the Single Outcome Agreement.

The Partnership's aim for East Lothian is set out in its 'Statement of Intent':

"We will work in partnership to build an East Lothian where everyone has the opportunity to lead a fulfilling life and which contributes to a fair and sustainable future."

East Lothian Partnership is the overarching partnership in East Lothian and is responsible for community planning. Its role is to show strategic and collaborative leadership and drive performance and good governance to achieve

the Partnership's aim and shared vision for East Lothian.

Sustainable Economy, Resilient People and Safe and Vibrant Communities are supporting partnerships, which report to East Lothian Partnership. They are responsible for the three objectives of *The East Lothian Plan*. Each supporting partnership is responsible for three or four of the ten high level outcomes. All Partnerships also have to contribute the Plan's headline priority – to reduce inequalities in East Lothian.

Area Partnerships have been established for each of East Lothian's ward areas. This aims to ensure a stronger link between communities, area based services, and East Lothian Partnership. Each Area Partnership includes representatives from Community Councils, Tenants groups and Parent Councils as well as other community group and all the Councillors for the multi-member Wards. The essential role

of the Area Partnerships is to agree a strategic level Area Plan based on a shared vision for the area and then to monitor how the Plan is being delivered.

The Resilient People Partnership has responsibility for the three Outcomes in The East Lothian Plan that directly relate to people. Two of these outcomes are most relevant to children and young people:

- All of East Lothian's young people are successful learners, confident individuals, effective contributors and responsible citizens
- East Lothian's children have the best start in life and are ready to succeed

Find out more on:

www.eastlothian.gov.uk/EastLothianPartnership

Section 9: More about us

The Children's Strategic Partnership has been given responsibility for these last two outcomes and the *Children and Young People's Service Plan*. This partnership is a multi-agency group involving the Council, Health, Police and the Voluntary Sector. It reports to the Resilient People Partnership. It has set up a number of sub groups who plan (e.g. Early Years) and deliver policies and services that will help to achieve the outcomes.

A key feature of the Partnership's approach is that services should be built around people and communities; not professions and organisations.

The Partnership is committed to, and has been developing, ways to engage effectively with local people and communities, to better develop services around their needs.

These include:

- direct involvement as partners in community planning
- effective consultation and engagement mechanisms
- capacity building for staff, community groups and individuals.

Section 9: More about us

Section 9.2 More about... The East Lothian Plan (SOA) – Supporting East Lothian’s Children and Young People

The East Lothian Plan: Single Outcome Agreement (SOA) 2013

The East Lothian Plan: Single Outcome Agreement (SOA) 2013 is the East Lothian Partnership’s ten-year plan. The plan is based on our understanding of East Lothian; the challenges we face and the strengths and opportunities provided, including:

- The economy and the recession
- Welfare reform
- Population growth
- Inequalities

The evidence used to help the partnership decide on its priorities is set out in some detail in the East Lothian Profile 2013 and six complimentary Ward Profiles (see Appendix).

From this understanding and analysis we developed *The East Lothian Plan*, based on three strategic objectives:

- Sustainable Economy (SE)
- Resilient People (RP)
- Safe and Vibrant Communities (SVC)

The overarching priority of *The East Lothian Plan* is to reduce the inequalities across and within our communities. The Single Outcome Agreement has ten high-level outcomes:

- 1 We have a growing sustainable economy (SE)
- 2 The cycle of poverty is broken (SE)
- 3 We are able to adapt to climate change and reduced finite natural resources (SE)
- 4 East Lothian’s young people are successful learners, confident individuals, effective contributors and responsible citizens (RP)
- 5 East Lothian’s children have the best start in life and are ready to succeed (RP)
- 6 In East Lothian we have healthier, more active and independent lives (RP)
- 7 East Lothian is an even safer place (SVC)

- 8 East Lothian has high quality natural environments (SVC)
- 9 Everyone in East Lothian has access to quality sustainable housing (SVC)
- 10 We have stronger, more resilient, supportive, influential and inclusive communities (SVC).

These outcomes have a small number of contributory outcomes that highlight the key stages towards meeting each outcome and that provide a clear indication of the difference the *East Lothian Plan* will make. Progress towards achieving the outcomes is measured by key indicators with three and ten-year targets.

All the outcomes and the Single Outcome Agreement as a whole are relevant to children and young people. But two of the 10 high level outcomes are specific to children and young people:

- All of East Lothian’s young people are successful learners, confident individuals, effective contributors and responsible citizens

Section 9: More about us

- East Lothian's children have the best start in life and are ready to succeed

Recognising the challenges ahead for our communities and our services, the East Lothian Partnership is committed to transforming our services so that they build in prevention and early intervention. Taking this preventative approach, by moving from a model of public services that focus on crisis intervention (providing services to put people and communities together again after things have failed) to a model that concentrates on preventing failure, lies at the core of the Single Outcome Agreement.

Partners are committed to transforming the way we deliver our services collectively by shifting resources – *people, facilities, funds* – towards prevention and early intervention and embedding this approach within our services. This shift in resources is the key to reducing inequalities whilst building community resilience and enhancing the life chances and opportunities for people across our communities.

The priorities outlined in this new plan contribute to meeting our overarching priority outlined in our *Single Outcome Agreement 2013 – 2023*; to reduce inequalities both within and between our communities.

Previous Integrated Children's Services Plans have concentrated on the three or four high level outcomes directly related to children and young people, however, we now recognise that all ten outcomes have a direct or indirect impact on the wellbeing of our children and young people, therefore we will evidence how our partnership approach contributes to meeting these outcomes.

The relevant SOA outcomes are linked in our children and young people's planning framework in part. As a Partnership we will continue to use Getting it Right for Every Child (GIRFEC) Wellbeing Indicators - *safe, healthy, active, nurtured, achieving, respected, responsible and included* - to inform our Planning Framework and to measure our progress against the stated actions.

Section 9: More about us

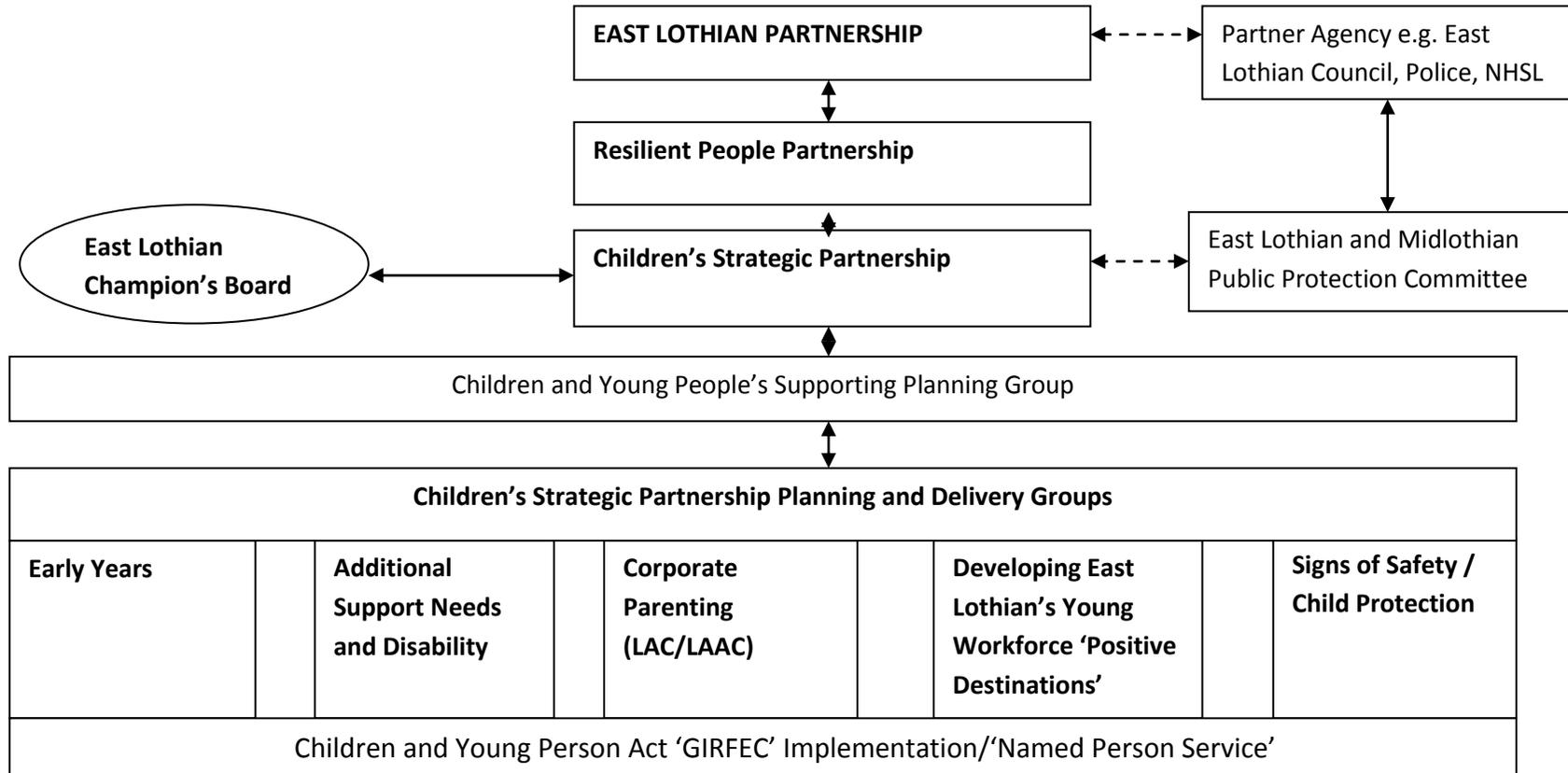
Section 9.3 More about...the Children’s Strategic Partnership

Our Children’s Strategic Partnership meets on a monthly basis and includes strategic leadership representation of children’s services from:

- East Lothian Council
- NHS Lothian

- East Lothian Health & Social Care Partnership
- Police Scotland
- STRIVE East Lothian Third sector Interface Agency
- Queen Margaret University
- Edinburgh College

The Children’s Strategic Partnership reports to the East Lothian Partnership through the Resilient People Partnership. This diagram shows how the Children’s Strategic Partnership connects to the East Lothian partnership.



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The Children's Strategic Partnership provides strategic leadership and direction for services to children and young people in East Lothian with responsibility for overseeing effective delivery and monitoring of this Plan and must:

- ensure that the East Lothian Partnership has a good understanding of the needs of children and young people in East Lothian in order to ensure that services are delivered to meet those needs
- provide active leadership, promoting a clear strategic direction of integrated children's services
- set the direction for children's services in East Lothian and to subsequently approve action plans from the thematic planning groups and to support them to deliver their tasks, removing barriers and holding members to account where necessary

- oversee the monitoring and reporting of the *Children and Young People's Services Plan* and publication of annual evaluation reviews
- facilitate change across children's services to further enable integrated working supporting implementation of Getting It Right For Every Child
- co-ordinate resource allocation and new partnership funding bids
- enable effective engagement and consultation with children, young people and families in planning, service delivery and evaluation
- ensure front line staff and relevant stakeholders are aware, involved and updated on the work of the partnership
- report to the public annually on progress being made towards achievement of the Plan and the

wellbeing outcomes of all East Lothian's children and young people.

Six multi-agency planning and delivery groups have been formed to take forward the work to achieve the priorities outlined in this plan and to report on progress to the Children's Strategic Partnership. These are the groups:

- Early Years
- Additional Support Needs/Disability
- Looked After/Looked After and Accommodated/Corporate Parenting
- Developing East Lothian's Young Workforce - Positive Destinations
- Child Protection – Signs of Safety
- Children & Young Person Act GIRFEC Implementation/'Named Person Service'.

Section 9: More about us

The current membership of the Children’s Strategic Partnership includes representation from:

| | |
|--|--|
| <p>Head of Children and Adult Services, East Lothian Health & Social Care Partnership</p> <p>Head of Education, ELC</p> <p>Director of East Lothian Health & Social Care Partnership</p> <p>Head of Resources, ELC</p> <p>Head of Communities & Partnerships ELC</p> <p>Chief Social Worker, ELC</p> <p>Children’s Health Commissioner, NHS Lothian</p> <p>Public Health Consultant, NHS Lothian</p> | <p>Detective Chief Inspector, J Division, POLICE Scotland</p> <p>STRIVE ,Children’s 3rd Sector Partner</p> <p>Head of College Communities, Edinburgh College</p> <p>Assistant Secretary, Queen Margaret University</p> <p>Chair Supporting Planning Officers Group</p> <p>Children’s Reporter, SCRA</p> <p>Chair, East Lothian and Midlothian Public Protection Committee</p> <p>Chairs of Planning and Delivery Groups</p> |
|--|--|

Contact can be made with the Children’s Strategic Partnership by e-mailing: csp@eastlothian.gov.uk or telephoning the Clerk to the Partnership, Lynda Ballantyne on 01620 827633.

Children’s Strategic Partnership Planning and Delivery Groups

The Children’s Strategic Partnership is supported by a Supporting Planning Group comprised of officers from across agencies

intent on implementing shared strategic priority and commitment through our joint service planning and delivery. Each planning and delivery group is supported by a member of the Supporting Planning Group.

Each of the planning and delivery groups is chaired by a Senior Officer from a partnership service. Each group has developed a Workplan for their area of responsibility. The Chair of each group present progress on their area of responsibility to the Children’s Strategic Partnership twice per year, creating

opportunity to highlight any specific challenges with which the Partnership can assist. The planning and delivery groups are responsible for the delivery of integrated services and for improvement planning, young people’s involvement, supporting prevention and early intervention, self-evaluation and performance reporting within their area of thematic service responsibility.

Section 9: More about us

Section 9.4.... More about ...involvement by children and young people

The East Lothian Community Planning Partnership values the engagement and participation of children, young people and their families in the planning and delivery of all services for children and young people.

In 2015, the Children's Strategic Partnership approved the 'Golden Rules for Participation' <http://www.sccyp.org.uk/education/golden-rules>. These golden rules have been developed by the Scotland Commissioner for Children and Young Children and Young people through consultation with children and young people across Scotland. Every golden rule has a list of things to consider about children and young people's participation. Each children and young people's planning and delivery group embeds these golden rules by demonstrating a commitment to the following areas:

- *Promote and respect the rights of children and young people as laid out on the UNCRC support the work of the*

Scottish Commission for the Rights of Children and Young people

- *Positive participation and consultation activity for children, young people and their families in the development, monitoring and review of plans*
- *Take account of wider participation activity that takes place across the local partnerships*
- *Keep language simple and accessible to all*
- *Record and report back to children, young people and their families what has changed.*

The Children and Young People's Service Plan 2017-2020 has been informed by the views of children, young people and the families through a range of different methods including:

- *Representatives from user groups including the Care-Experienced Young*

People's Champion's Board and Family Led Information Point sit on a number of multi agency planning groups

- *Champion's Board Priorities have been incorporated into the Corporate Parenting Planning and Delivery Group Action Plan*
- *Reports from surveys including Viewpoint and the Student Evaluation of Experience Survey are reported back to relevant planning groups and the Children's Strategic Partnership*
- *Family Led Information Point (parent) members fed in three priority areas of improvement for children and young people with additional support needs in to the Additional Support Needs/Disability Planning and Delivery Group Action Plan.*
- *Young people helped design a young person friendly consultation tool about*

Section 9: More about us

the *Children and Young People's Plan 2016-2019*.

The views of children, young people and their families informed the evidence base behind improvement actions within the *Children's and Young People's Plan 2017-2020*. There is a commitment shared by all partners to involve children, young people and their families in ongoing self evaluation, monitoring and review of the plan.

In East Lothian, there are a range of mechanisms that support engagement and participation of children and young people and their families. These include:

- **Pupil Councils** - are established in all Secondary Schools. These councils consider aspects of how the school is run and how it engages with its community and with a number of similar forums and consultation processes in primary schools.
- **Youth Councils** - representing the six secondary schools, feeding into

consultations linked to Community Planning and Area Partnerships.

- **Scottish Youth Parliament** - three Scottish youth parliament members are elected bi-annually to represent East Lothian. Their manifesto consultation should be linked to other local youth initiatives and priorities. The next SYP campaign 2016 will focus on Mental Health.
- **Who Cares? Scotland** - provide independent advocacy and children's rights support to children and young people that are looked after and represent their views at an individual and strategic level. The Who Cares? Participation Worker supports the involvement of care experienced young people in a range of local and national groups and events.
- **East Lothian Champion's Board** - The East Lothian Champions Board was launched in May 2015. It provides young people with care experience with

a platform to have their voice heard. The Board is made up of three groups. The participation group is made of young people. The support group is made up of staff that support the young people in every way they can. The ambassador's group is made up of Heads of Services and elected members. The young people have identified 7 priorities for change.

- **Viewpoint** - Children's Wellbeing uses Viewpoint (computer assisted interviewing technology) as a tool to gain the views of looked after children and young people. Results are used to inform their individual plans and reviews as well as multi agency service planning
- **Student Evaluation of Experience Survey** - The Education Department undertakes a pupil evaluation survey on an annual basis. The survey asks young people in Primary 6 and Secondary 2 for

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- their views on a wide range of subjects, including community safety, participation, child protection and environmental issues. The findings are presented to the Education Committee, and then to all elected members and policy-makers across the East Lothian partnership and informs service planning.
- **Family Led Information Point** - Family Led Information Point (FLIP) is a forum for parents and carers who have a child/relative with additional support needs. **FLIP** meets once a month and has an active Face book page where parents can access current information about support services both locally and nationally. Parents also share their views on a wide range of services including education, health, sports and leisure.
- **Parent Councils** -Parents and carers have been actively involved in the lives of their school, particularly since the implementation of the Parental Involvement Act in 2008. The council

has been proactive in working with parents to empower them, and parent councils have a key role to play in many school decision-making processes

- **Recruitment and Selection** -East Lothian Council has a commitment to involve young people in the recruitment and selection of senior staff in East Lothian, (ELC recruitment good practice guide).
- **Child & Adolescent Mental Health Service (CAMHS)** - CAMHS Team in East Lothian uses user feedback questionnaires and our Lothian wide “tier 4” service users are supported both by individual and collective advocacy services. Focus groups of **service users are used as part of service review and development.**
- **Listen More Assume Less** - a six monthly report that shares the views and experiences of children and young

people and their families. The report is shared with key partners, professionals and children, young people and their families. The report includes a section ‘You said, we did, so what’. This section is a way of telling children, young people and their families what outcomes develop from their engagement.

- **Social Media** - East Lothian is making better use of social media as a tool to engage with children, young people and their families. Facebook and twitter are the popular forums where young people can access news and information and share their views. In addition the Young Scot website and smart cards are a key area for information where young people can access discounts and rewards.

Section 9: More about us

Section 9.5 More about ... Getting It Right (GIRFEC) for every child and young person in East Lothian:

Where are we now?

Getting It Right for Every Child (GIRFEC) is an ambition of the Scottish Government which we share in East Lothian. In order to get it right for every child, the Government said some years ago that *cultures, processes* and *practice* needed to change in organisations that support children and young people.

The Scottish Government thought things were not moving fast enough across the whole of Scotland so they passed an Act of Parliament to ensure some things changed. The Children and Young People (Scotland) Act 2014 will make it law (from some point in 2018 once the implementation date is set) for every child to have a Named Person to help co-ordinate any support they might need, from birth to the age of 18. This will generally be the child's midwife and then health visitor pre-school and then a Head Teacher, Depute Head Teacher or Guidance Teacher through Primary School and

Secondary School years. It also sets out that when the wellbeing of any child is worrying people, they should look at the eight different areas that make up wellbeing: whether the child is safe, healthy, achieving, nurtured, active, respected, responsible and included. These are called the "wellbeing indicators". Any plan made for the child should use these eight headings.

In East Lothian, we have been using the eight wellbeing indicators in all our plans where more than one agency is working alongside the family, for at least five years. We have also had a system to co-ordinate planning for individual children and young people for well over a decade, which involves families and professionals together. We have been working on changing *culture* for several years, embedding a real focus on 'wellbeing' across all of our services and work with children and young people. More recently we have

introduced a particular way of working in child protection cases, called the Signs of Safety approach. This concentrates on the 'Safe' wellbeing indicator, with a focus on preparing families much more thoroughly for meetings so they are able to take part confidently. The strengths and dangers in a family situation are shared in simple language with everyone looking to build on the small signs of safety that can be found in the situation. The family use their own support networks to help with many of the actions when the plan is prepared together. This approach started in Child Protection work but is spreading to other areas.

We are developing our Named Person Service. We appointed GIRFEC Lead Officers for both Health and Education, with a responsibility to work together to develop the local East Lothian Named Person Service and supports. Consultations with children, young people,

Section 9: More about us

parents and carers, and professionals are informing our work. The GIRFEC Lead Officers have been developing training and guidance which will be amended once new and amended legislation is available so that all staff will be ready to launch the Named Person Service once it becomes law. Information about the Named Person Service will be readily available

to all children, young people, parents, carers and professionals e.g. in School Handbooks, on Council/NHSLothian websites etc.

Our **processes** are being reviewed again to make sure we work together in a co-ordinated way across services with families, identifying wellbeing concerns, assessing needs, and agreeing actions and outcomes. We want

streamlined processes for planning, assessment and decision-making which mean that families do not have to attend numerous meetings. We have been shifting **practice** so that families get help when they need it, to prevent things getting worse. As part of this we changed our parenting programmes to target parents of children under age five.

Section 9: More about us

Section 9.6 More about ... what we spend in partnership on children and young people services

All services involved in supporting children, young people and families have their own budgets. Our collective current 'spend' on services for children and young people is not easy to quantify as many services available to children, young people and families are also available to the entire East Lothian population e.g. Leisure Facilities, Community Facilities, Library Services, Police Services, etc.

To give a sense of the scale of current financial expenditure, where it is possible to do so, key partners have identified their current budget allocation specific to services identified as being solely for children, young people and families in East Lothian.

Cumulatively, key partners attribute some £105,250,000 to the provision of services for East Lothian's children and young people.

East Lothian Third Sector: All charities registered and delivering services in East Lothian are funded by a variety of sources, with most being dependent on more than one source e.g. Local Authority, Scottish Government, grant making bodies, trust funds, endowments, fundraising, service charges, membership fees & donations/gift aid etc. Moving forward some will generate income from Self Directed Support as well. The current financial investment in the East Lothian Third Sector is:

| | |
|--------------------------|-----------|
| After School Clubs | 1,075,886 |
| Family Support | 596,993 |
| Playgroups & Nurseries | 273,344 |
| Additional Support Needs | 342,116 |
| Sports & Leisure | 431,570 |
| Uniformed Organisations | 248,242 |

| | |
|----------------|-------------------|
| Youth Projects | 679,812 |
| Other support | 925,217 |
| <u>Total</u> | <u>£4,324,938</u> |

NHS Lothian - Health Visiting and School Nursing Service: Health Visiting and School Nursing Services are a joint service operating across East Lothian and Midlothian areas. In proportionate terms, relative to the staffing allocations across each geographic area, the current budgetary allocation to East Lothian is:

| | |
|--------------------------------|-------------------|
| Health Visiting | 1,085,743 |
| School Nursing (Joint ELC/MLC) | 372,456 |
| <u>Total</u> | <u>£1,458,199</u> |

Other NHS Lothian services for child and maternal health are funded pan-Lothian and are not proportionately attributed to East Lothian children and young people.

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East Lothian Council: Services for children, young people and families are not specifically budgeted for across all local authority services, with many services being open to all local residents irrespective of age. The proportion of the total council budget allocated to children and young people's services is approximately 49%. Those specific services with budgets wholly attributed to working with children, young people and families are as follows:

| | |
|---|--------------------|
| Children's Wellbeing | 12,576,000 |
| Education Preschool and Childcare | 6,387,270 |
| Education Additional Support for Learning | 7,876,000 |
| Primary Schools | 32,485,730 |
| Secondary Schools | 36,512,000 |
| School Support Services | 2,704,000 |
| Healthy Living Active Schools | 466,100 |
| <u>Total</u> | <u>£99,007,100</u> |

Police Scotland: Police Scotland receives funding of £500,000 direct from East Lothian Council. This funding supports the delivery of local policing and community safety priorities determined by Police Scotland and local community partners. It is not directly attributed to Police Scotland's work with children and young people, but does support the whole community in which our children and young people live.

Edinburgh College: expenditure attributed to East Lothian's young people presenting as students at Edinburgh College, by age group, is:

| | |
|--------------|-------------------|
| Under 15 | 123,987 |
| 16-19 | 958,884 |
| 20-24 | 378,401 |
| <u>Total</u> | <u>£1,461,272</u> |

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Section 9.7 More about ... our partnership's shift to prevention and early intervention

Transforming the way in which we deliver services to the community of East Lothian requires a significant culture change for all partners. We believe that this is the key to making a step change and requires all partners to embed the principles of early intervention and prevention across both their policies and practice. The *East Lothian Plan (Single Outcome Agreement)* is key in influencing the activities of all community planning partners.

People in East Lothian have been living through a period of financial austerity but also one of major demographic change. This has created a situation with hugely increased demand for service without an equivalent increase in service investment. Recognising this imbalance, East Lothian Partnership is looking to focus on prevention: tackling poverty, educational attainment and health inequality.

The Children and Young People's Services Plan will be delivered through a period of considerable change and one that will become increasingly challenging. Research is clearly telling us that we need to intervene earlier with many families in order to prevent the problems they experience escalating further. It is widely accepted that late intervention incurs high

costs not only in relation to financial value and reducing budgets, but also in high 'life costs' for children and families as these generally translate into poor outcomes especially in the longer term. At the same time, due to the demographic pressure, we are also experiencing a year on year increase in the number of vulnerable children and young people whom we require to respond to and support.

The Scottish Government's legislative and policy frameworks are driving forward the need for all agencies to jointly commit to prioritising investment in prevention and early intervention especially during the early years of children's lives e.g. the Early Years Collaborative.

Partners locally have begun to consider the findings of the Christie Commission on the Future Delivery of Public Services and how the move towards *prevention* and *place* can be delivered.

In East Lothian progress with responding to this agenda is evident in the Musselburgh Total Place: Family Focus project: this sees all partners review their work in supporting

families with a view to bringing forward local cross-partner, jointly resourced initiatives to target work with those families facing greatest challenge.

In addition, working in partnership to prioritise and refocus existing partnership resources is intended to target prevention and early intervention. Practical examples of this can be evidenced through the planned implementation of the Family Nurse Partnership approach to working with young vulnerable parents and the introduction of the Psychology of Parenting Programme with parents of children aged under five.

Working together to support communities create a better environment for their children and young people to grow up within, the East Lothian Partnership has embedded responsibility for community resilience and capacity building into the work of the 6 Local Area Partnerships. It is for this reason that we have embedded the Support from the Start community based network of supports for parents, carers and professionals into the Area Partnership arrangements. This brings the focus on developing local responses to meet

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the early health, education and wellbeing needs of children pre-birth to age eight into the heart of each local community.

The Musselburgh Area Partnership has for these reasons developed and introduced, in the 2015/16 academic year an 'Attendance Matters' community based initiative and competition to drive up education attendance levels at nursery, primary and secondary schools; the target audience being parents themselves.

The Pinkie St Peters 'Resilience Project' is another example of community ownership of the need to build capacity and resilience from within the hearts of communities themselves.

Community partners and communities, together, have faced reductions in public sector funding over recent years and the likelihood of further restrictions, will present additional challenges in how we secure this shift to a prevention based approach, simultaneously meeting the considerable needs of the

increasingly high levels of vulnerable families that we encounter. Nevertheless all partners are enthusiastically committed to taking up the challenge of changing our current approach to prevention and early intervention and will continue to work closely together to align our resources to achieving the outcomes that have been agreed.

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Section 9.8 More about....our children and young people

This document was created using information existing in the East Lothian and Ward 'by Numbers' statistical profiles to help the Children's Strategic Partnership understand and analyse the story of young people in East Lothian.

[East Lothian by Numbers: Children and Young People](#) provides a statistical overview of the younger population in East Lothian. It provides an analysis of a range of issues that affect the quality of life of children and young adults living in East Lothian.

It is structured under eight health and wellbeing indicators and an introductory demographics section. Each indicator – safe, healthy, active, nurtured, achieving, respected, responsible, and included – has been populated with a range of information designed to measure and explain health and wellbeing in East Lothian.

Appendices

Appendices

Appendices

This section of our Plan provides you with web links to many other relevant strategies, frameworks and information about services for children and young people. Each appendix listed is relevant to East Lothian's children and young people, and to all who provide services for them. Many of the documents listed are referenced throughout our Plan and provide context and framework for the local priorities established for East Lothian's children and young people

[East Lothian by Numbers: Children and Young People - Information, Statistics and Data about East Lothian](#)

[East Lothian by Numbers - Summary - Information, Statistics and Data about East Lothian - East Lothian Council](#)

[East Lothian Partnership Structure \(2017\)](#)

[East Lothian Partnership \(all strategic partnership groups\) meetings and papers](#)

[East Lothian Partnership: Member Organisations \(2017\)](#)

[Ward Profiles - Information, Statistics and Data about East Lothian - East Lothian Council](#)

[The East Lothian Plan: Single Outcome Agreement \(SOA\) 2013](#)

[Queen Margaret University Support for Care Leavers](#)

[Community planning - East Lothian Area Partnerships](#)

[Support from the Start - East Lothian Council](#)

[Volunteering Strategy](#)

[East and Midlothian Public Protection Office](#)

[Getting it right for every child \(GIRFEC\)](#)

[Early Years Collaborative](#)

[Raising Attainment for All Programme](#)

[Scottish Children's Commissioner website](#)

[National GIRFEC practice model](#)