

## Minutes of the meeting of the Fa'side Area Partnership

5<sup>th</sup> September 2017, 7-9pm, Macmerry Village Hall.

### Chair

Elizabeth Hutchison, Acting Chair (EH)

### Members and substitute members present

Cllr Fiona Dugdale, Elected Member, ELC (FD)

Cllr Kenny McLeod, Elected Member, ELC (KM)

Nicky Neighbour, Ross High School Parent Council (NN)

Alan Bell, Recharge (AB)

Robert McNeill, Tranent & Elphinstone Community Council (RMcN)

Joan Ramsay, Tranent & Elphinstone Community Council (JR)

Debbie Middlemass, Support from the Start, Fa'side (DM)

Isobel Berry, ECA (IB)

Phil Summerfield, Pencaitland Community Council (PS)

Margaret Scott, Tranent West TRA (MS)

Mark Ormiston, Ormiston West TRA (MO)

Neal Black, Ormiston Community council (NB)

Steven Wray, SftS (SW)

### Others in attendance

Simon Davie, Area Manager – Fa'side, ELC (SD)

Lorna Maclennan, Business Support Administrator, ELC (LM)

Lena Hutton, CLD, ELC (LH)

Alan Lauder, Macmerry & Gladsmuir Community Action Group

Ian Pryde, Macmerry & Gladsmuir CAC (IP)

Lucy Schofield, Tranent Conservation Regeneration (LS)

Maureen Allan, STRIVE Community Connections (MA)

### Apologies

Cllr John McMillan, Provost, ELC (JM)

Cllr Brian Small, Elected Member, ELC (BS)

Cllr Gordon Mackett, Elected Member, ELC (GM)

Cllr Colin McGinn, Elected Member, ELC (CM)

Cllr Shamin Akhtar, Elected Member, ELC (SA)

Maureen Cuthill, Macmerry & Gladsmuir Community Council (MC)

Quorum

11

|          |   | <b>Key discussion points</b>   | <b>Action</b>   |
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| <b>1</b> | <b>Welcome</b>  | <p>EH welcomed everyone to Macmerry Village Hall. EH read out a general statement about the resignation of Bill Laird from his position as Chair.</p> <p>SD confirmed that LH would continue in the role of Acting Chair, until our scheduled elections in November.</p> <p>Given a range of new faces round the table EH asked everyone to introduce themselves.</p> <p>LM stated that the meeting was quorate.</p>   |   |
| <b>2</b> | <b>Apologies</b>  | These were noted.  |   |
| <b>3</b> | <b>Approval of Minutes</b>                                | Minutes were approved as an accurate record – proposed RMcN and seconded by AB   |   |
| <b>4</b> | <b>Maureen Allan (MA), STRIVE – Community Connections</b> | <p>SD referred to the previously circulated power point presentation about the Community Connections service and information leaflet which had been sent to members. MA gave a talk about the role that she has with regards within Strive, which is focused on connecting older people who are socially isolated to their community and community activities. MA asked community representatives to make their groups aware of the service and if they had any queries to contact MA. A general discussion took place about the service.</p> <p>LH thanked MA for her really helpful update. <i>MA left the meeting.</i></p> <p>Attached to these minutes are the paper that MA referred too which describes the focus of the service. There papers were previously circulated to members prior to the meeting.</p>   | <b>Action:<br/>All members</b>  |
| <b>5</b> | <b>Matters Arising</b>                                    | <p>A Application form to be completed by Tranent Allotment Association.</p> <p>B There is an underspend from Big Hopes Big futures volunteer co-ordinators post but the correct amount is still being sought. It is hoped this can be clarified at the next meeting.</p> <p>C Area Plan requires updating but this will be completed after the Annual Public Meeting when priorities can be clarified.</p> <p>D Community Chairs have been identified for some of the subgroups. SD to discuss with Chair and Vice Chair his capacity and 2018/19 annual work plan and then consider how many sub groups can be facilitated. It is hoped that these groups can assist the main partnership by completing a range of tasks and bringing recommendations back to the partnership.</p> <p>E A paper had been circulated, seeking a community based Poverty Champion for the partnership. The role of the champion is to focus on the outcomes from the Poverty Commission report and action plan and embed this thinking into all of our partnership activity. To date no one has come forward. SD asked members to consider who in our community might be interested in taking on this role.</p> | <p><b>Action:<br/>SD</b></p> <p><b>Action:<br/>SD</b></p> <p><b>Action:<br/>SD/LM</b></p> <p><b>Action:<br/>SD/LH &amp;<br/>Chair</b></p> <p><b>Action:<br/>All members</b></p> |
| <b>6</b> | <b>Area Managers Update</b>                               | <p>SD provided a verbal update to members. Due to the amount of business on the agenda he did not want to take up a huge amount of time or a formal update at this meeting however, noted he would provide a written update for our next full meeting.</p> <p>A. Annual Plan update</p> <p>SD advised that there are a number of projects ongoing, some of which he would verbally update on through this item. SD asked members if there were any projects that they were keen to receive an update on?</p>   | <b>Action:<br/>SD</b>   |

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|  |  | <p>PS asked about whether there had been any communication with Glenkinchie about a possible community event? SD advised that he had no recent contact with Glenkinchie but would follow up on this matter and report back to members.</p> <p>No other questions were raised.</p> <p>B. Active schools update</p> <p>SD had previously circulated an update paper from Adam Martin who is the primary active school co-ordinator for the Tranent Cluster. The programme highlighted the free and accessible activities that were available in our communities. SD actively encouraged our representatives to promote this through their groups and make sure that families on low incomes knew who to contact in order to obtain this excellent service.</p> <p>C. Holiday Hunger</p> <p>SD referred to the previously circulated papers updating the partnership on the general direction of travel with regards to lunch clubs in East Lothian. The general consensus is that this is a service that should be mainstreamed an available across all our communities. A paper will be prepared by Sheila Laing requesting that ELC adopts this approach and mainstreams funding for this activity within the Education Service and our schools. SD will update the partnership on the outcome of the paper and request.</p> <p>SD noted that the Summer Lunch Club was a huge success with Fiona Robertson, Head of Education visiting the club and noting how impressed she was with the project.</p> <p>D. Foresters – parking project</p> <p>SD apologised, as his tablet had developed a fault and he was unable to share with the partnership the up to date visuals to show what was possible with regards the project. SD noted that the pre-planning community consultation had taken place and this had been extended to allow community clubs and facility users to feedback on the proposals. SD would update members on the project at our next full meeting and the visuals would be available at our public meeting.</p> <p>E. Tranent Business Association</p> <p>SD working with some local businesses to hopefully create an association for Tranent, although would welcome businesses from within the partnership boundaries. It is early days and SD will update members at our next full meeting.</p> <p>F. Blooming Belters</p> <p>LH noted that this group was informal at present however had been successful in obtaining funding from other community groups to assist their activities. At present they have a range of planters in Civic Square which she and a small group of volunteers are watering on a regular basis. Feedback has been really positive with members of the public even</p> | <p><b>Action:</b><br/><b>SD</b></p> <p><b>Action:</b><br/><b>All members</b></p> <p><b>Action:</b><br/><b>SD</b></p> <p><b>Action:</b><br/><b>SD</b></p> <p><b>Action:</b><br/><b>SD</b></p> <p><b>Action:</b><br/><b>SD</b></p> |
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|   |                                    | <p>offering donations to assist the group going forward. SD will provide a full update at our next full meeting.</p> <p>G. Youth reference group</p> <p>There is an annual sum, £1,000 devolved to the group which is paid to Recharge. As the group is not up and running yet, SD has discussed with AB that they will hold onto the initial sum (16/17) and once the group is formed this will provide them with a larger sum to help deliver our area plan priorities/initiatives. The alternative would be to provide current youth managers of Recharge with the sum devolved (this was the group who provided members with the presentation) in order to assist this group in existing projects, some of which are linked to area plan priorities. A discussion took place; it was agreed that due to the exceptional nature of the circumstances to allow Recharge to hold over the sum to assist the new sub group in delivering area plan activities. If this was not possible then we would revert to the alternative proposal.</p> <p>SD reminded members that if there was any project/initiative that he was working on through the annual plan that they wished an update on to contact him directly.</p>   | <p><b>Action:</b><br/><b>SD</b></p> <p><b>Action:</b><br/><b>All members</b></p> |
| 7 | <p><b>Funding Applications</b></p> | <p>SD noted that there were a range of Educational Attainment and Initiatives, applications to be considered by members. Some of the applications had been previously circulated. He noted that until we were able to facilitate a scrutiny sub group we required to make decisions on applications at our meeting.</p> <p>SD provided members with an update and illustration on the Educational Initiative budget element. He noted that we had insufficient funds to support all of the applications and in addition, we still had to confirm whether or not we wished to continue to support the two previously agreed project posts, Big Hopes and Support from the Start.</p> <p><b>a. Support from the start – 1<sup>st</sup> 1001 days’ family support worker.</b></p> <p>Prior to discussing the new applications, SD referred to the previously circulated report (and thanked SW for this report) and asked SW to highlight some of the key points from the report on the role of the Support from the Start – 1<sup>st</sup> 1001 days’ family support worker. SW did so and a general discussion followed on the report and members agreed that the work Heather was completing was providing a positive impact in our communities and thanked her for her efforts.</p> <p>RMcN asked that rather than making a decision on this specific project whether it would be worth having a discussion around all of the projects? All agreed.</p> <p><b>b. New applications</b></p> <p>The other applications were as follows:</p> <ul style="list-style-type: none"> <li><b>a. Olive bank Nursery – Music therapist. Requesting £2304.</b> It was clarified that children from the partnership area attend this facility in Musselburgh hence the application.</li> <li><b>b. St Martins Nursery – various items. Requesting £1,400.</b></li> <li><b>c. Loreen Pardoe – Resilience Film – Requesting £200.</b> Each partnership is being asked to contribute to the licence of the film. It is a life time licence for the total cost of £1,200.</li> <li><b>d. Recharge – Requesting £7,000 – local history project</b></li> <li><b>e. October Lunch club – Requesting £2,000 –</b></li> </ul> |  |

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|   |                  | <p>f. <b>East Lothian Indoor Bowling – Requesting 4,300</b> – Based at Meadowmill in our partnership area, seeking support for various items.</p> <p>A lengthy discussion took place regarding all of the projects and their merits. With some members feeling that they did not have the relevant expertise to prioritise one project over another.</p> <p>It was agreed that we would defer our decision making on the majority of projects to our AGM on 14<sup>TH</sup> November. This would enable SD to speak to applicants, obtain more information in some cases, clarity on certain projects in others and clarity on the Big Hopes Big Future underspend which would assist our deliberations. SD will convey the decisions to the applicants.</p> <p>Given the delay in our decision making and some of the projects which required an urgent answer it was agreed to support the following two new applications:</p> <ul style="list-style-type: none"> <li>c. Resilience Film.</li> <li>e. October lunch club.</li> </ul> <p>SD to contact the applicants to confirm the news and LM will arrange payment.</p> <p>In addition, due to the excellent work that Heather Kellichan was delivering in our area it was agreed to support this post for an extra six months (taking the post to the end of September 2018) on the following caveats:</p> <ol style="list-style-type: none"> <li>1. SW clarifies whether or not Support from the Start are able to become a registered charity (as this could open up other funding streams to support the project)?</li> <li>2. SW approaches other funders to clarify if they would support the other half of the post for the year ahead?</li> </ol> <p>SW would report back to members at our first meeting of 2018 with a response to these questions and update report on the work Heather had completed to date.</p> | <p><b>Action:<br/>SD</b></p> <p><b>Action:<br/>SD/LM</b></p> <p><b>Action:<br/>SW</b></p> |
| 8 | Sub Group update | <ul style="list-style-type: none"> <li>A. Fa’side Active Travel<br/>SD currently chairing. Will seek a new Community Chair.</li> <li>B. Health Inequalities (some discussions about whether we should review focus and call this an Older Person’s sub group – as this is why it was re-formed?)<br/>Maureen Allan has agreed to become the Community Chair.</li> <li>C. Community Facilities<br/>Robert McNeill volunteered to take on the role of Community Chair.</li> <li>D. Youth Reference Group<br/>Once formed the group will elect a Chair or decide how they want to take this aspect forward. Alan Bell will support this group and act as their representative in the meantime.</li> <li>E. Tranent Regeneration group<br/>SD will discuss with Paul Zochowski and Jamie Baker possible Chairs. If anyone has an interest in this role, please contact SD.</li> <li>F. Area Plan scrutiny and monitoring group</li> </ul>   |   |

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|    |   | <p>Joan Ramsay agreed to act as interim Community Chair until someone else can be found to take on this role.</p> <p>G. Communications sub group<br/>Suggestion that Ralph Averbuch will be chair. SD spoken to RA who reluctantly unable to take up this post. Still vacant.</p> <p>Although not a sub group there is a need for our partnership to have a 'Poverty Champion'. If anyone is interested in this role, please contact SD.</p>  |   |
| 9  | <b>Area Partnership review - Update</b> | SD advised members that the review had been completed and that our partnerships views had been represented. The report was now with ELC's Chief Executive for consideration. SD advised members that there was still a recommendation to obtain additional resource for the Area Partnership teams, recognising that there were capacity based issues for existing staff which were negatively impacting on the partnerships. SD will update members on progress following the review.  | <b>Action: SD</b>   |
| 10 | <b>AOCB</b>                             | <p>A. Fa'side Active Travel are having a launch day on 18<sup>th</sup> October at Foresters Park from 11am – 1pm. SD noted that the group were seeking to have a local launch to raise awareness of their activity and would hold this at Foresters Pavilion in Tranent, which is close to East Lothian's worst area of mass deprivation. SD advised members to look out for more information on the event and asked as many members to attend it and support it as was possible. Anyone who wished to attend or help out was to contact SD.</p> <p>B. The Public Meeting will be held at Ross High School on 7<sup>th</sup> November 2017 from 6.30-8.30pm.</p> <p>C. There will be as business meeting on 14<sup>th</sup> November at Meadowmill at 7.00pm.</p> <p>D. 'Heritage on your Doorstep' is a programme of events that will be running between 1<sup>st</sup> and 17<sup>th</sup> September 2017. The programme celebrates the Year of History and Heritage 2017. Gardiner Molloy, who is working on our community cairns will be providing some free carving workshop on the Heugh and there is a range of history walks. The programme link to the programme was circulated to members. If members wanted more information they were encouraged to contact Lucy Schofield.</p> | <p><b>Action: All members</b></p> <p><b>Action: All members</b></p> <p><b>Action: All members</b></p> <p><b>Action: All members</b></p> |
| 11 | <b>Date of Next Meeting</b>             | Tues 7th Nov – Annual Meeting, Ross High School, Tranent (Doors open 6pm for a 6.30pm start)  |   |
|    |   | Tues 14 <sup>st</sup> Nov – Room 1, Meadowmill Centre.  |   |

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# WELLBEING

STRIVE | SUPPORTING YOU & CONNECTING COMMUNITIES

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Imagine not speaking to another human being for a whole month. Most of us would agree that would be pretty tough, yet, this is the stark reality for around 100,000 older people in Scotland today.

## Loneliness & Isolation

Simon has already distributed the "facts/figures" the evidence so I am not going to go into it in great depth.

What I am going to say that the Community Connection Service is new(ish) and still on a great learning curve.

Those who know me, know that my "passion/thing" is working with older people and it is this that drives me forward, making sure **that there's someone there for everyone.**

Older people and that now includes me the 50 plus are at higher risk of being lonely as they are more likely to experience deteriorating health or the death of a loved one. Disability, poor health and even limited access to transport can all contribute to older people feeling cut off from their family, friends and local community. The closing of banks, post offices, small shops, libraries and even pubs particularly in rural areas, can be devastating for many older people who rely on them for social contact, exacerbating their feelings of being forgotten and lonely.

**What can we do to help???** The stark reality is **WE HAVE TO HELP OURSELVES AND OUR COMMUNITY** we have to be the solution whether its talking to your neighbour, visiting an old friend or just making time for the people we meet.

## Local Councillors can:

- Build awareness of loneliness and potential solutions into the councils strategic functions, especially public health, social care, housing and community development
- Include loneliness in the councils evaluation of its decisions through its scrutiny arrangements
- Support partnerships to address loneliness through the Health & Social Care Partnership and the Joint Strategic Needs Assessment
- Positively engage with Older People, their forums etc
- Promote neighbourliness and community action in their ward and be prepared to lead by example

Health & Social Care Professionals:

- Encourage colleagues to take loneliness seriously as a health issue
- Develop opportunities for staff/colleagues/GPs and community services to recognise loneliness and know where to refer people for help
- Support initiatives to address loneliness amongst older people including “social prescribing” and working jointly with the voluntary and community sector on such projects as Community Connections

Businesses can:

- Encourage and enable employees to volunteer to help lonely older people
- Join with other businesses for example the Business Association to promote initiatives
- Be open to sharing your resources, local knowledge with community and voluntary organisations to help address the problem – for example cafes could run a coffee morning for older people
- Be “eyes on the ground” to spot possible lonely older people amongst their customers and know where they could get help

**But most importantly YOU as an individual, a caring human being can:**

- **Make an effort to keep in contact with older relatives and friends**
- **Be friendly to older people living nearby**
- **Consider volunteering to help lonely and isolated older people**
- **Recognise that loneliness could at some point affect us too, so we should value our friends and do what we can to sustain our own social networks, however busy and crowded our lives may appear to be.**

