

REPORT TO: East Lothian Integration Joint Board

MEETING DATE: 5 December 2019

BY: Chief Officer

SUBJECT: Update on Progress with Change Boards

1 PURPOSE

1.1 To update the Integration Joint Board on progress across the six Change Boards in progressing work across service areas and client groups which reflect strategic priorities.

2 RECOMMENDATIONS

2.1 The IJB is asked to note progress in each Change Boards' delivery of work across its priority areas.

3 BACKGROUND

- 3.1 In February 2018 the IJB agreed that the Health and Social Care Partnership (HSCP) should focus its energies in 2018-2019 and beyond on priority work in order to deliver against financial pressures and to support service change and delivery of local, regional and national priorities. The agreed priorities were:
 - develop and deliver the Primary Care Improvement Plan
 - develop and deliver the Financial Plan for 2018/19 and beyond
 - commence reprovision of Abbey and Eskgreen care homes and Edington and Belhaven hospitals and provision of housing with care
 - review community services for adults with complex needs
 - review services for adults with mental health and substance misuse issues
 - implement the Carers Strategy

- review actions to deliver delayed discharges/emergency admissions/A&E improvements.
- 3.2 To support delivery of these priorities a new strategic planning structure was established, with six 'Change Boards' to be formed towards the end of 2018, to focus on the six agreed IJB strategic priorities at the core of the 2019-2022 strategic plan. The Change Boards are tasked with delivering programmes for change, to support integrated working as part of:
 - improving access to primary care through the delivery of the Primary Care Improvement Plan
 - improving services for adults with complex needs
 - improving services for adults with mental health and substance use issues
 - shifting the balance of care
 - reprovisioning services (renamed 'Transforming Services for Older People' to reflect the group's focus – this Board has yet to begin its work)
 - improving support to carers.
- 3.3 In delivering on the above priorities the Change Boards also have a key role in progressing the:
 - IJB strategic aims and objective
 - MSG Indicators
 - golden threads
 - all other relevant strategies and target.
- 3.4 The five established Change Boards were important contributors to the development of the 2019-1922 Strategic Plan. This ensured the plan reflected their strategic priorities. The Boards remain engaged with strategy development through the attendance of the chairs on the Strategic Planning Group.
- 3.5 As the Transforming Services for Older People Change Board has yet to establish itself, its work has yet to progress. It is expected to launch in the spring.
- 3.6 Robust links are being established to ensure the transformational change expected of the IJB Directions is monitored and reported on by the relevant Change Board.
- 3.7 Each Change Board is chaired by a senior HSCP Officer and co-chaired by an IJB member.

- 3.8 The work of the Change Board is informed by a standing reference group with a wide membership reflecting the focus of work. This ensures ongoing engagement is built into each Board's work. The Primary Care Change Board has used a working group approach focussed on 4 service development areas. These Working Groups will only operate until they deliver on priorities within the Primary Care Improvement Plan. The Primary Care Change Board also links to the West and East Cluster Groups of GPs.
- 3.9 There is an expectation that when a Change Board delivers against its work areas the Board will be brought to a close and another established focussing on another priority area.
- 3.10 The relationship of the Change Boards to the Strategic Planning Structure is set out in the chart at appendix 1
- 3.11 The Change Boards are at various stages of development as set out in the attached and most recent reports from each Change Board.

4 ENGAGEMENT

4.1 Engagement is achieved for each Change Board through the operation of the corresponding Reference Group, or in the case of the Primary Care Change Board its Working Groups and the Cluster Groups.

5 POLICY IMPLICATIONS

5.1 There are no policy implications from this paper.

6 INTEGRATED IMPACT ASSESSMENT

- 6.1 The subject of this report does not affect the wellbeing of the community or have a significant impact on equality, the environment or the economy.
- 6.2 Individual actions, which result in service change, will be appraised using an Integrated Impact Assessment by the partner/s introducing the change, with action taken accordingly.

7 DIRECTIONS

7.1 Each Change Board is responsible for the delivery of all Directions associated with their work areas. In view of this, any implications for Directions arising from the actions will be individually assessed with the partner/s involved in the work and reported on to the IJB as required.

8 RESOURCE IMPLICATIONS

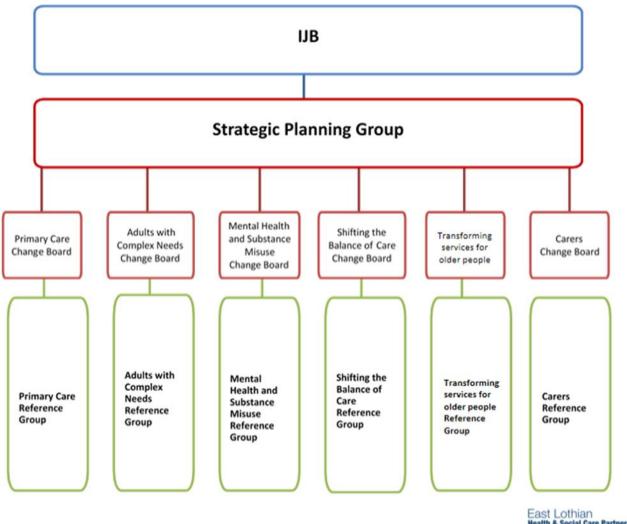
- 7.1 Financial There are no financial implications arising from this paper or the recommendations within.
- 8.2 Personnel There are no personnel implications associated with the recommendations contained in this paper.
- 8.3 Other None

9 BACKGROUND PAPERS

- 9.1 Appendix 1. Change Board Structure
- 9.2 Appendix 2. Change Board Reports

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DATE	25 th November 2019

Appendix 1. Change Board Structure





Appendix 2 – Change Board Reports



Date:

Change Board:

		Lead	
Programme/Project (Please note any	1.Delivery of the Transformation Programme – transforming the model of care for community based day supports and services	Rona Laskowski	
current workstreams)	2. Delivery of the Learning Disability Action Plan	Rona Laskowski	
	3. Increase capacity for opportunity for independent living for people with complex needs	Rona Laskowski	
	4. Transitions - policy, planning and process for transition of young people into adult HSCP services	Rona Laskowski	
	5. Delivery of additional capacity through Shared Lives Services business plan	Gillian Neil	
	6. Delivery of the Fairer Scotland Action Plan	Gillian Neil	
(What do you hope to achieve through each workstream)	 Through a process of community engagement, develop a redesign and associated policy change to address need for affordable, sustainable day time community services which can meet the needs of the growing population with complex needs. Deliver the range of actions negotiated with the LD planning group, which includes: increase capacity for local short breaks services 		
	 work with NHS Lothian and Lothian HSCP partners to ensure fit for future specialist LD forensic service work with the HSCP data group to progress a needs assessment to identify/ forecast the growing number of older people with LD, and to begin to plan/ prepare services accordingly 		
	3. In partnership with housing, and the commitments in the EL Local Housing Strategy, develop capacity of local housing options which can provide efficient and appropriate community based housing with support for people with complex needs		
	4. Ensure HSCP service and budget planning processes are informed, in a timely manner, of forthcoming needs of young people requiring adult services from the HSCP.		
	Ensure young people and their families are supported to engage in transition planning at an early stage assessment and plans are negotiated well in advance of school leaving age.	e to ensure outcomes focussed	



Date:

Change Board:

	5. Develop and implement a business plan that builds resilience and sustainability into the core Shared Lives service, enabling appropriate business conditions for growth and expansion to maximise opportunities for short breaks.
	6. In partnership with the Physical Disability and Sensory Impairment Planning Group - develop and implement East Lothian's contribution to the Fairer Scotland strategy.
Progress to date:	1. Transformation Programme: Final recommendations and model supported by the Reference and Engagement group and endorsed by this Change Board at its meeting of 05.09.19
	2. Forensic service: Negotiation underway with Lothian HSCP partners. Seeking conclusion by end of current financial year. Capital Finance secured to develop Hardgate flat, Haddington, to develop a local respite service for people with complex needs. PIN notice to test market interest in development.
	3. HSCP has secured a development in Elder Street Tranent, and is continuing to seek resolution on the Fa'side development.
	4. Not progressed. Awaiting identification of strategic support from Planning and Performance.
	5. Shared Lives Business plan developed for consideration by CFO and CO.
	6. EL is engaged with the Lothian wide sensory impairment group. Current contracts for specialist provision are under review.
Key Milestones ahead	1. Transformation programme to report model and key initial implementation stages to SPG and following IJB to seek endorsement and authority to proceed. Indicative time frame December / Feb IJB.
(Key dates with regards to reviews, deadlines for delivery	2. PIN notice for respite service – January 2020



Date:

Change Board:

of work, implementation etc)	3.
	4.
Golden Threads: What are you actively doing to support work on	1.Carers needs are underpinning the development of both the Shared Lives and respite service developments.
the Golden Threads (For each workstream,	2. SDS is a core principle of the model of provision within the Transformation Programme.
please identify which Golden Thread(s) is being supported and	3.Transition – supports early intervention and prevention
how)	4. Ensure maximum efficiency of resources – underpins all the above work streams

Golden Threads



Date:

Change Board:



Support Carers Needs and Rights

Promote SDS Rights

Support the Tackling Health Inequalities

Support Re-ablement/Recovery

Address the Needs of people with Dementia

Support Health Promotion

- Support Community Justice
- Support Tackling Social Isolation
- Ensure Maximising Efficient Use of Resources
- Promote Integrated Working and Delivery
- Can be evidenced through holistic datasets
- Advocacy



Date: 20.11.2019

Change Board: Carers Change Board

		Lead
Programme/Project	1.Implementation of the East Lothian Carers Strategy	Trish Carlyle
(Please note any current workstreams)	2.	
,	3.	
	4.	
Outcome Description	1.NHS staff will be well informed of support available to carers and how to refer carers for services	
(What do you hope to achieve through each workstream)	2. ELHSCP to be provided with an assessment of how well Minority Ethnic groups, and those with protected within our services, policies and strategies.	characteristics are included
ŕ	3. ELHSCP will have a longer-term plan in place for carer funding providing through a formal procurement process. This will provide greater security for our carer organisations whilst also meeting procurement and legal requirements.	
	4.Staff to be briefed on the changes to replacement care/respite charging.	
	5. Carers will have access to counselling support through their local carers organisation	
Current Update & Risks to Delivery	1. COEL has continued to provide Think carer training to NHS staff over the course of the year completing so OT's, managers and Hospital to Home services. A further session is planned for Jan 2020. These are being Kearslake from VOCAL. COEL has now completed their move to the East Lothian Community Hospital and I profile among NHS staff to make referrals for their services more likely. Discussions are taking place with Jaround including COEL within staff induction into the hospital.	conducted alongside Jess hopes that this will raise their
	2. The MECOPP audit steering group has met again in November. The audit is underway and MECOPP hope to have a draft completed by end Dec. Training sessions on outcomes workshops will be planned for 2020. Dates to be confirmed.	



Date: 20.11.2019

Change Board: Carers Change Board

	3. The procurement working group comprising of staff from Childrens Wellbeing, MELDAP, The One Partnership Fund and Adult Wellbeing is continuing to outline plans for procurement of carer services. Engagement is ongoing with carers. Surveymonkey questionnaires have been sent to adult carers, both hard copies via COEL's newsletter and an online survey available through the consultation hub. There have been delays with engagement with young carers due to challenges working with ELYC. Members of the working group recommended that schools and guidance teachers be involved in completing the survey with young carers known to them. ELYC are also to complete focus groups with young carers in November. Feedback from the engagement will inform the service specification. Current carer services have also been mapped against the outcomes within the carers strategy – as a result it has been noted that much of the current funding is focused on awareness raising, information and advice and identification of carers. While this is appropriate at this stage as we try to raise awareness of carers and carer issues, the group are keen that procurement look at improving provision of services to carers (outcomes 4 – 8 of the strategy) ie breaks from caring, supporting carers to have a life outside of their caring role.
	4. Replacement care briefings have taken place over October to assessment staff in Adult Wellbeing. Staff now understand the approach ELHSCP are taking to charging for breaks from caring and replacement care. Support plans are beginning to filter through for carers to access free breaks from caring/replacement care. Work is still ongoing with MOSAIC team around changing how this support is logged on the system. Performance reports may have to be amended to reflect the changes and need to be planned to ensure they capture the data correctly.
	5. Carers of East Lothian was provided with funding this year to set up a counselling post within their service. The 12 counselling coordinator post recruited. The co-ordinator will provide both direct counselling as well as co-ordinate counselling students to provide a service to carers. COEL has now confirmed the service will start once they have moved to the new hospital end Oct with carers being offered 6 sessions. Recruitment of student counsellors will happen once the service is more established.
Key Milestones ahead	1.
(Key dates with regards to reviews, deadlines for delivery	2.Audit to be completed by Dec 2019
of work, implementation etc)	3. Procurement aims to be completed around June 2020, depending on engagement with carers and whether there is a need to build in time for mobilising a new provider.



Date: 20.11.2019

Change Board: Carers Change Board

	4. Staff briefings planned for Oct 2019
	5.The service will begin early Sep 2019
Golden Threads: What are you actively doing to support work on the Golden Threads	1. All elements of the project are working towards supporting carer needs and rights (making respite/replacement care free of charge, raising awareness among staff of the changes to processes, and ensuring carers organisations are adequately funded). Support provided to carers also supports the promotion of the four SDS options.
(For each workstream, please identify which Golden Thread(s) is	2.Increasing awareness of minority ethnic groups and their ability to access services will support social isolation as well as potentially positively impacting health inequalities.
being supported and how)	3.
	4. Briefings to senior practitioners will promote SDS rights by re-iterating that carers will be able to access the same SDS options as the cared-for person.

Golden Threads



Date: 20.11.2019

Change Board: Carers Change Board



Support Carers Needs and Rights

Promote SDS Rights

Support the Tackling Health Inequalities

Support Re-ablement/Recovery

Address the Needs of people with Dementia

Support Health Promotion

Support Community Justice

Support Tackling Social Isolation

Ensure Maximising Efficient Use of Resources

Promote Integrated Working and Delivery

Can be evidenced through holistic datasets

Advocacy



Date: 25th November 2019 Change Board: Primary Care

		Lead
Programme/Project	1. Musselburgh Model Rollout to HIVE practices	Aleisha Hunter
(Please note any current workstreams)	2. PCAHPs (Primary Care AHPs and Primary Care OT's)	Alastair Clubb
current workstreams,	3. CTACS (Community Treatment and Care Services)	Krista Clubb
	4. ELHViS (East Lothian Health Visiting Service)	Alastair Clubb
	5. Pharmacotherapy	Alan Millarvie
	6. Links workers	Jo Smail
Outcome Description	1.Same day Triage and advice/consultation in support of Inveresk, The Harbours and Tranent practices, bringing a total of 52000 patients into the care model.	
(What do you hope to achieve through each workstream)	2.Physio Practitioner and Primary Care OT led services available by self referral/care navigation from all East Lothian GP practices, available same day to all East Lothian residents	
ŕ	3.Treatment Room nurse led services available by self referral/care navigation from all East Lothian GP practices, available same day to all East Lothian residents	
	4. Paramedic and Nurse Practitioner led home visiting services in support of East Lothian GP Practices	
	5. Level 3 Pharmacotherapy Service for all East Lothian practices as specified in 2018 GP Contract.	
	6. Links worker service for all East Lothian practices as specified in 2018 GP Contract, by Apri	il 2020
Current Update & Risks to Delivery	1. HIVE practices in consultation over concerns about capacity in CWIC. This may delay rollou	ut.



Date: 25th November 2019 Change Board: Primary Care

	2.Recruitment of staff- Five additional Primary Care (mental health) Occupational Therapists now in post.
	3. Recruitment dependent.
	4. Pilot is in progress and further expansion likely to follow in 2020 dependent upon evaluation
	5. Variable level of Pharmacotherapy support, not all practices yet receiving support. Staff turnover and recruitment shortfalls relevant
	6. Pilot still running in four practices in west of county. Engagement with potential service providers and with service users including GP practices, in progress October 19. Service specification and tendering process to follow
Key Milestones ahead	1. Rollout scheduled to begin 22 October 2019.
(Key dates with regards to reviews, deadlines for delivery	2. Mental Health service commencing before the end of 2019 MSK service commencing in November 2019
of work, implementation etc)	3. First CTACS expected to open at ELCH before Xmas 2019.
	4. Pilot is in progress and further expansion likely to follow in 2020 dependent upon evaluation
	5. Target is by April 2021



Date: 25th November 2019 Change Board: Primary Care

	6. Current Links worker service target implementation date is April 2020.
Golden Threads: What are you actively doing - the whole Primary Care Improvement Plan programme addresses the golden thread Ensure Maximising Efficient Use of Resources-GPs are a scarce resource with the workforce crisis being the main driver of the whole programme to support work on the Golden Threads (For each workstream, please identify which Golden Thread(s) is being supported and how)	1. Support Early Intervention and Prevention, Support Tackling Health Inequalities, Promote Integrated Working and Delivery 1. The Musselburgh Model is improving access to Primary care, and particularly early intervention with its ability to provide a same day response for patients. Thereby we are addressing health inequalities by improving capacity and access in an area of higher deprivation. One of the strengths is integrated working and delivery, with GP practices, HSCP/CWIC, and NHS24 working together in very novel ways.
	2. <u>Support Early Intervention and Prevention, Support Tackling Health Inequalities, Promote Integrated Working and Delivery</u> PCAHPs will deliver same day/next day access to mental health and MSK advice and support, with an emphasis on early supported self management, delivered by AHP colleagues, addressing these three golden threads
	3. CTACS will mainly increase capacity in treatment room delivered care and might be argued thereby to address health inequalities consequent upon lack of capacity in practices to meet all demand.
	4. ELHViS focuses on improving home visiting capacity and thereby can be expected to address the golden threads Support Reablement/Recovery, Address the Needs of people with Dementia, and Support Tackling Social Isolation
	5. Pharmacists and technicians take on work which would otherwise have to be done by GPs thus addressing the golden thread - Ensure Maximising Efficient Use of Resources-GPs are a scarce resource with the workforce crisis being the main driver of the whole programme
	6. Links workers are intended to have major impact on health inequalities by introducing patients with complex psychosocial issues to appropriate sources of help and support. Income maximisation by provision of information and support on benefits and rights has significant potential in this area.



Date: 25th November 2019 Change Board: Primary Care

Golden Threads

- Support Early Intervention and Prevention
- Support Carers Needs and Rights
- Promote SDS Rights
- Support the Tackling Health Inequalities
- Support Re-ablement/Recovery
- Address the Needs of people with Dementia
- Support Health Promotion

- Support Community Justice
- Support Tackling Social Isolation
- Ensure Maximising Efficient Use of Resources
- Promote Integrated Working and Delivery
- Can be evidenced through holistic datasets
- Advocacy



Date: September up-date

Change Board: Shifting the balance of care

		Lead	
Programme/Project	1. Repatriation of mental health beds from Midlothian community hospital to the East Lothian community hospital.	Lorraine Cowan.	
	2. Review of hospital to home services and homecare services to move towards an integrated team.	Lorraine Cowan.	
	3. Proposed pain pathway	Jon Turvill / Lesley Berry	
	4. Actively reviewing patient processes to continue to improve delayed discharge performance, introduction of the home first concept.	Lorraine Cowan	
Current Update	1. Project Board and working group continues to take this forward, paper presented at the IJB who thought this was a positive move, date set for the move to commence. Meeting taking place with the Mental health		
	2. Project Board established. Four working groups that were in operation now amalgamated into one group focusing on the model and the management structure.		
	3. Paper brought to last meeting illustrating how the pain service proposed could be delivered locally, this is going to workforce and organisational change board.		
	4. Older people and access resource group are progressing work to further develop patients padischarge.	nthways to reduce delayed	
Key Milestones ahead	1. Paper has gone through governance framework.		
	2. Paper completed illustrating model and way forward presented at all relevant groups, work identify operation working and governance structure.	now continues to progress to	



Date: September up-date

Change Board: Shifting the balance of care

	3. Paper to go to workforce and organisational change group.
	4. First home concept being implemented across all ward areas within East Lothian , roll out programme in operation
Outcome Description	1. To repatriate mental health beds and patients back to East Lothian, enabling patient to have their care provided locally, and their families to be able to support and visit their relatives within East Lothian.
	2. To redesign the two services within the partnership utilising the concept of enablement, ensuring that clients remain as independent as possible, whilst streamlining the two service that operationally manage key areas such as double up service, palliative care and rehabilitation.
	3. To be taken forward to implementation.
	4. To improve the partnerships performance in relation to delayed discharge by redefining and redesigning processes.
Status	1. Date set for repatriation.
	2. In progress
	3. Progressing well.
	4. Ongoing – home first concept being rolled out will be completed by end of December.



Date: September up-date

Change Board: Shifting the balance of care

Golden Threads: What are you actively doing	1. Address the needs of people with dementia.
to support work on the Golden Threads	2. Support re-ablement and recovery, and to maximise use of all resources
	3. Promote integrated working and delivery.
	4. Maximising efficient use of resources by promoting integrated working through delivery.

Golden Threads		
Support Early Intervention and Prevention	Support Community Justice	
Support Carers Needs and Rights	 Support Tackling Social Isolation 	
Promote SDS Rights	 Ensure Maximising Efficient Use of Resources 	
Support the Tackling Health Inequalities	 Promote Integrated Working and Delivery 	
Support Re-ablement/Recovery	 Can be evidenced through holistic datasets 	
Address the Needs of people with Dementia	• Advocacy	
Support Health Promotion		



Date: 25th November 2019 Change Board: MH & SMD

		Lead	
Programme/Project	1. Delivery of the East Lothian Mental Health Plan	Rona Laskowski	
(Please note any current workstreams)	2. Delivery of the Alcohol and Substance Misuse Action Plan for East Lothian	MELDAP	
	3. Delivering Trauma Informed Practice	Rona Laskowski	
	4. Delivering suicide Prevention Training to all NHS Workforce in the HSCP	Rona Laskowski	
Outcome Description	A range of improvements of access, ongoing support and recovery for people experiencing mental ill- health or substance misuse issues	g difficulty and/ or distress related to	
(What do you hope to achieve through each workstream)	2. Addressing the health inequalities experienced by people with substance misuse needs, and those with poor mental health, particularly those with severe and enduring conditions.		
	3. Collaboration with community justice to support those with poor mental health and/or substance misuse needs		
	4. Improved access to a range of treatment and supports locally, i.e. in East Lothian and with Lothian.	nin the area partnerships across East	
Current Update & Risks to Delivery	1. Workforce scoping underway to identify training needs/ resource required to begin to row out trauma informed practice to Health and Social Care, Childrens Services, Primary Care, Housing and Community Development.		
	Suicide Prevention Training will be delivered alongside given the complimentary nature of the input.		
	2. Health Needs Assessment for East Lothian very recently completed by Public Health to inform our planning of the needs of the population in relation to substance misuse and sexual health needs.		
	3. Following 2 public engagement events, the MH Reference Group is currently prioritising act will be reported to the January 2020 Reference Group, and subsequent Change Board.	ions for year 1 of the action plan which	



Date: 25th November 2019 Change Board: MH & SMD

Key Milestones ahead	1.	January 2020 Reference Group for the recommendations for year 3 Acton 15 mental health strategy monies.
	2.	January/ February Change Board for the prioritised actions for the mental health plan.
(Key dates with		
regards to reviews, deadlines for delivery	3.	
of work,	4.	
implementation etc)		
Golden Threads: What are you actively doing to support work on	1.	Both the MH and SMS plans are focussed on outreach/improving access and therefore improving early intervention and prevention.
the Golden Threads	2.	Support to family and carers is an underpinning priority of the MH plan.
(For each workstream, please identify which	3.	
Golden Thread(s) is	4.	
being supported and		
how)		



Date: 25th November 2019 Change Board: MH & SMD

Golden Threads

- Support Early Intervention and Prevention
- Support Carers Needs and Rights
- Promote SDS Rights
- Support the Tackling Health Inequalities
- Support Re-ablement/Recovery
- Address the Needs of people with Dementia
- Support Health Promotion

- Support Community Justice
- Support Tackling Social Isolation
- Ensure Maximising Efficient Use of Resources
- Promote Integrated Working and Delivery
- Can be evidenced through holistic datasets
- Advocacy