

REPORT TO: East Lothian Integration Joint Board

MEETING DATE: 26 June 2025

BY: Chief Officer

SUBJECT: Review of East Lothian IJB Directions

1 PURPOSE

1.1 To present recommendations regarding the East Lothian IJB Directions 2025-26 for consideration and approval by the IJB.

2 RECOMMENDATIONS

The IJB is asked to:

- 2.1 Consider and approve the 2025-26 East Lothian IJB Directions contained at appendices 1 and 2.
- 2.2 Note that active consideration should continue to be given to the introduction of additional directions as and when required, and that these should be developed in line with the IJB Directions Policy.

3 BACKGROUND

- 3.1 The 2024-25 East Lothian IJB Directions were approved at its meeting on the 27th of June 2024 and subsequently issued to delivery partners NHS Lothian and East Lothian Council.
- 3.2 The 2024-25 directions include a set of 'core directions' that were introduced for the first time in 2023, these are as follows:
 - Direction to NHS Lothian regarding the delivery of primary and community health services (Ref – DC1).
 - Direction to NHS Lothian regarding the delivery of hosted services (Ref DC2).
 - Direction to NHS Lothian regarding the delivery of set-aside services (Ref – DC3).

 Direction to East Lothian Council regarding the delivery of social work and social care services (Ref - DC4).

The introduction of core directions meets the statutory requirement for all IJB delegated functions be covered by a direction.

- 3.3 Appendix 1 presents the proposed core directions for 2025-26. These are based on the 2024-25 core directions, incorporating a number of minor changes to the text of the directions. The financial information for each of the four core directions has also been updated in line with the current year's opening budgets.
- 3.4 Appendix 2 presents recommendations in relation to the 2025-26 'specific directions'. In summary, these include:
 - Closure of the direction relating to the delivery of 2024 IJB budget decisions as related activity has now been completed (Ref D20).
 - Closure of the direction relating to the Planning for Older People's Services programme following presented of the programme's final report and recommendations to the IJB (Ref – D12I).
 - Amendment of the Workforce Plan direction to reflect the approval of an updated Strategic Workforce Plan for 202528 (Ref – D19a).
 - Amendment of the direction relating to Housing for Particular Needs, based on feedback from the East Lothian Housing and HSCP Delivery Group (Ref – D18h).
 - In addition, future review and amendment of the remaining 'specific' directions is recommended subject to progress with related development work.
- 3.5 As noted in the East Lothian IJB Directions Policy, active consideration should continue to be given to amending existing and / or issuing of further directions as and when required throughout the year.

4 ENGAGEMENT

4.1 Engagement with HSCP senior managers has informed the review of directions. Going forward, programme boards and associated delivery groups will allow for wider stakeholder engagement in the review of existing directions and development of new directions.

5 POLICY IMPLICATIONS

5.1 The approach described in this report reflects the East Lothian IJB Directions Policy and is in line with legislation and statutory guidance regarding the setting of directions by Integration Joint Boards.

6 INTEGRATED IMPACT ASSESSMENT

6.1 The subject of this report does not affect the wellbeing of the community or have a significant impact on equality, the environment or economy. However, Integrated Impact Assessments are carried out in relation to specific activity to deliver directions.

7 DIRECTIONS

7.1 This report presents proposed East Lothian IJB directions for 2025/26. These will be sent to NHS Lothian and East Lothian Council Chief Executives subject to approval by the IJB.

8 RESOURCE IMPLICATIONS

8.1 This paper has no specific resource implications, however, the identification of resource implications forms part of setting individual IJB directions.

9 BACKGROUND PAPERS

- 9.1 East Lothian IJB Directions Policy
- 9.2 <u>IJB Direction for 2024 / 2025 Report to East Lothian IJB, June 2024</u>

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DATE	17th June 2025

Appendix 1 - Recommendations re updates to Core Directions for 2025-26 (DRAFT FOR APPROVAL)

NHS Lothian de	elivery of core primary and community healt	h services – Ref DC.1 - DRAFT
Changes for 2025/26 direction	 Direction updated to include budget information for 20 Reference to the closure of Belhaven and Edington inpa 	25/26 financial year. atient beds removed as related activity is now complete.
Date direction issued by IJB / updates	Initial direction: 9/11/2023 Previous updates to direction: 27/06/24	
Direction to	NHS Lothian	
Services / functions covered	 This direction covers primary and community health functions Bodies (Joint Working) (Scotland) Act 2014 and outlined in Community Hospitals Community Nursing (including children's community health services, district nursing, health visiting & school nurses) Community mental health services Community learning disability services Substance misuse services Allied Health Professionals General Medical Services 	

Full text of direction	NHS Lothian is directed to continue the provision of the services listed within current budgets detailed below and in accordance with any statutory / regulatory obligations where applicable and aiming to meet both national and local targets. This includes reflecting Best Value as defined by the Local Government in Scotland Act 2023 and further detailed in the 2020 revised statutory guidance in relation to Best Value. Service development and delivery should be in line with East Lothian IJB's strategic objectives and strategic delivery priorities as laid out in its Strategic Plan for 2022-2025. Services in the list above may be the subject of additional directions where required in response to changing circumstances, including in response to service reviews, transformation programmes, strategic developments, or financial / budget changes.
Link to relevant IJB report	East Lothian IJB Strategic Plan 2022-25

Budget allocation from IJB to carry out direction

The **indicative budget** for delivery of these services, based on the NHS M1 report is £109,881,000. The table below provides a breakdown for broad service areas. NHS Lothian have agreed that the IJB's share of any additional funds received during the financial year for Pay Awards will be made available to the IJB.

	Indicative Budget - £000's	Notes
Community Hospitals	15,689	
Community Nursing (including children's community health services, district nursing, health visiting & school nurses)	8,234	
Community mental health services	7,142	
Community learning disability services	641	
Substance misuse services		1
Allied Health Professionals	6,687	
General Medical Services	40,909	2
General Dental Services	8,667	3
General Ophthalmic Services	2,540	3
Community Pharmacy	5,198	3
Palliative Care provided out with a hospital		4
Community continence service		4
Kidney dialysis services out with a hospital		4
Other	14,163	5
Total	109,881	

Notes

	1 The substance misuse budget is included in the community mental health budgets above.
	2 The GMS budgets include the budget for GP prescribing.
	3 These services are 'non-cash limited' and therefore do not have budgets as such. The 2024/25 expenditure shown as an indication of the quanta.
	4 These budgets are included in 'Other' below.
	5 This also included funds (Resource Transfer and Social Care Fund circa £11m which are transferred to the IJB's social care budget).
Alignment with	This direction relates to the following Strategic Objectives outlined in the IJB Strategic Plan:
Objectives /	1. Develop services that are sustainable and proportionate to need
Delivery Priorities	2. Deliver new models of community provision, working collaboratively with communities
	3. Focus on prevention and early intervention
	4. Enable people to have more choice and control and provide care closer to home as appropriate
	5. Further develop / embed integrated approaches and services
	6. Keep people safe from harm
	7. Address Health inequalities
	Within each of the Strategic Objectives there are a number of Strategic Delivery Priorities related to the services identified in this direction, with further details regarding these contained in the ELHSCP Annual Delivery Plan.
Compliance and	Performance in relation to delivering this direction will be monitored by review of the following:
performance	National and local performance targets.
monitoring	 Milestones and performance measures outlined in East Lothian Annual Delivery Plan and reflected in the East
	Lothian HSCP Performance Framework.
	 Milestones and performance measures in the East Lothian Primary Care Improvement Plan.

NHS Lothian is required to provide performance information to the IJB in relation to performance against local and national targets and with respect to performance indicators contained in the East Lothian HSCP Performance Framework.

NHS Lothian is also required to provide financial analysis, budgetary control, and monitoring reports as and when requested by the IJB. These reports should set out the financial position and outturn forecast against budget allocations by the IJB to NHS Lothian with respect to delivering integrated health services.

Changes for 2025/26 direction	Direction updated to include budget information	for 2025/26 financial year.
Date direction	Initial direction: 9/11/2023	
issued by IJB / updates	Previous updates to direction: 27/06/24	
Direction to	NHS Lothian	
Services / functions covered	 managed on a pan-Lothian level by other NHS Lothian IJB's Integration Scheme and are as follows: Public Dental Service Clinical Psychology Podiatry Mental Health (inpatient and psychiatric rehabilitation) Sexual & Reproductive Health Dietetics 	ngle Lothian-wide service, referred to as 'hosted services' and n management teams. These services are outlined in East Lothian Adults with Complex and Exceptional Needs SMART Centre Hospices and Palliative Care Pulmonary Rehabilitation Community Equipment Loan Service Continence Rehabilitation Medicine
Full text of direction	accordance with any statutory / regulatory obligation	the services listed within current budgets detailed below and in as where applicable and aiming to meet both national and local by the Local Government in Scotland Act 2023 and further ation to Best Value.

Service development and delivery should be in line with East Lothian IJB's Strategic Objectives and Strategic Delivery
Priorities as laid out in its Strategic Plan for 2022-2025.

Services in the list above may be the subject of additional directions where required in response to changing circumstances, including in response to service reviews, transformation programmes, strategic developments, or financial / budget changes.

Link to relevant IJB report

East Lothian IJB Strategic Plan 2022-25

Budget allocation from IJB to carry out direction

The indicative budget for delivery is £17,455,000. The table below provides a breakdown for broad service areas. NHS Lothian have agreed that the IJB's share of any additional funds received during the financial year for Pay Awards will be made available to the IJB.

	Indicative Budget - £000's	Notes
Public Dental Service	1,350	
Clinical Psychology	1,446	
Podiatry	2,030	1
Mental Health (inpatient and psychiatric rehabilitation)	4,363	2
Sexual & Reproductive Health	1,135	
Dietetics		1
Art Therapy		1
Adults with Complex and Exceptional Needs	227	
SMART Centre		3
Hospices and Palliative Care	626	

Pulmonary Rehabilitation		3
Community Equipment Loan Service	656	
Continence		3
Rehabilitation Medicine	1,210	
Other	4,412	4
Total	17,455	

Notes

- 1 Podiatry, Dietetics and Art Therapy are included in this budget.
- 2 This also includes the budget for in-patient Learning Disability Services.
- 3 These services are included in 'Other' below.
- **4** 'Other' also includes the budget for LUCS (£1.8m) and for the treatment of any East Lothian patient outwith NHS Lothian (£0.789m).

Alignment with IJB Strategic Objectives / Delivery Priorities

This direction relates to the following Strategic Objectives outlined in the IJB Strategic Plan:

- 1. Develop services that are sustainable and proportionate to need
- 2. Deliver new models of community provision, working collaboratively with communities
- 3. Focus on prevention and early intervention
- 4. Enable people to have more choice and control and provide care closer to home as appropriate
- 5. Further develop / embed integrated approaches and services
- 6. Keep people safe from harm
- 7. Address Health inequalities

	Within each of the Strategic Objectives there are a number of Strategic Delivery Priorities related to the services identified in this direction, with further details regarding these contained in the ELHSCP Annual Delivery Plan.
Compliance and performance monitoring	 Performance will be monitored by review of the following: National and local performance targets Milestones and performance measures outlined in the East Lothian Annual Delivery Plan and reflected in the East Lothian HSCP Performance Framework NHS Lothian is required to provide performance information to the IJB in relation to performance against local and national targets and with respect to performance indicators contained in the East Lothian HSCP Performance Framework. NHS Lothian is also required to provide financial analysis, budgetary control, and monitoring reports as and when requested by the IJB. These reports should set out the financial position and outturn forecast against budget allocations by the IJB to NHS Lothian with respect to delivering integrated health services.

Changes for	Direction updated to include budget information for 2025/26 financial year.
2025/26 direction	Direction apaated to include badget information for 2023/20 financial year.
Date direction	Initial direction: 9/11/2023
issued by IJB / updates	Previous updates to direction: 27/06/24
Direction to	NHS Lothian
Services /	This direction covers services provided under set-aside arrangements whereby NHS Lothian delivers delegated
functions covered	functions based in large hospitals on behalf of IJBs. These services include:
	Accident and Emergency and Combined Assessment
	General Medicine
	Geriatric Medicine
	Rehabilitation Medicine
	Respiratory Medicine
	Hospital based Palliative Care
Full text of	NHS Lothian is directed to continue the provision of the services listed within current budgets detailed below and in
direction	accordance with any statutory / regulatory obligations where applicable and aiming to meet both national and local targets. This includes reflecting Best Value as defined by the Local Government in Scotland Act 2023 and further detailed in the 2020 revised statutory guidance in relation to Best Value.
	Services in the list above may be the subject of additional directions where required in response to changing circumstances, including in response to service reviews, transformation programmes, strategic developments, or financial / budget changes.

Link to relevant IJB report	East L	othian IJB Strategic Plan 2022-25		
Budget allocation from IJB to carry out direction	agree	dicative budget is £21,934,000. The table below provides a bed that the IJB's share of any additional funds received during table to the IJB.		
			Indicative Budget - £000's	Notes
		Accident and Emergency and Combined Assessment	3,199	
		General Medicine	8,048	
		Geriatric Medicine	4,262	
		Rehabilitation Medicine	460	
		Respiratory Medicine	1,632	
		Hospital based Palliative Care		1
		Other	4,334	2
		Total	21,936	

'Other' also includes Diabetes and Endocrinology and Therapy Services.

Alignment with
IJB Strategic
Objectives /
Delivery Priorities

This direction relates to the following Strategic Objectives outlined in the IJB Strategic Plan:

- 1. Develop services that are sustainable and proportionate to need
- 2. Deliver new models of community provision, working collaboratively with communities
 - 3. Focus on prevention and early intervention
 - 4. Enable people to have more choice and control and provide care closer to home as appropriate
 - 5. Further develop / embed integrated approaches and services
 - 6. Keep people safe from harm
 - 7. Address Health inequalities

Within each of the Strategic Objectives there are a number of Strategic Delivery Priorities related to the services identified in this direction, with further details regarding these contained in the ELHSCP Annual Delivery Plan.

Compliance and performance monitoring

Performance will be monitored by review of the following:

National and local performance targets

NHS Lothian is required to provide performance information to the IJB in relation to performance against local and national targets.

NHS Lothian is also required to provide financial analysis, budgetary control, and monitoring reports as and when requested by the IJB. These reports should set out the financial position and outturn forecast against budget allocations by the IJB to NHS Lothian with respect to delivering set-aside services.

East Lothian C	ouncil delivery of social work and social care	services – Ref DC.4 - DRAFT	
Changes for 2025/26 direction	 Direction updated to include budget information for 2025/26 financial year. Reference to 2024/25 budget decisions removed as activity completed. 		
Date direction issued by IJB / updates Direction to	Initial direction: 9/11/2023 Previous updates to direction: 27/06/24 East Lothian Council		
Services / functions covered	This direction covers social work and social care functions de (Joint Working) (Scotland) Act 2014 and outlined in East Lot Social work services for adults and older people Services and support for adults with physical disabilities and learning disabilities Mental health services Drug and alcohol services Adult protection and domestic abuse Carers support services Community care assessment teams Support services Care home services Adult placement services	elegated to East Lothian IJB as required by the Public Bodies hian IJB's Integration Scheme. Health improvement services Aspects of housing support, including aids and adaptions Day services Local area co-ordination Respite provision Occupational therapy services Re-ablement services, equipment, and telecare Criminal Justice Social Work services including youth justice	
Full text of direction	East Lothian Council is directed to continue the provision of and in accordance with any statutory / regulatory obligation local targets. This includes reflecting Best Value as defined by detailed in the 2020 revised statutory guidance in relation to	ns where applicable and aiming to meet both national and by the Local Government in Scotland Act 2023 and further	

	Service development and delivery should be in line with East Lot Priorities as laid out in its Strategic Plan for 2022-2025, as well as Lothian HSCP Commissioning Strategy for 2022-25. Services in the list above may be the subject of additional directi circumstances, including in response to service reviews, transfor financial / budget changes.	s reflecting the	e key priorities contained in the East quired in response to changing
Link to relevant IJB report	East Lothian IJB Strategic Plan 2022-25 East Lothian HSCP Commissioning Strategy 2022-25		
Budget allocation from IJB to carry			
out direction	Core Social Care Budget 2024/25	£,000	1
	Adult Social Work	35,379	
	Acute & Ongoing Care	11,090	
	Rehabilitation	2,271	
	Learning Disability and Mental Health Community Services	22,071	
	Head of Operations	4,980	
	Business & Performance	5,430	
	Total	81,221	
			_
Alignment with IJB Strategic	This direction relates to the following Strategic Objectives outlined in the IJB Strategic Plan:		
	1. Develop services that are sustainable and proportionate to ne	ed	

Objectives / Delivery Priorities

- 2. Deliver new models of community provision, working collaboratively with communities
- 3. Focus on prevention and early intervention
- 4. Enable people to have more choice and control and provide care closer to home as appropriate
- 5. Further develop / embed integrated approaches and services
- 6. Keep people safe from harm
- 7. Address Health inequalities

Within each of the Strategic Objectives there are a number of Strategic Delivery Priorities related to the services identified in this direction, with further details regarding these contained in the ELHSCP Annual Delivery Plan.

Compliance and performance monitoring

Performance in relation to delivering this direction will be monitored by review of the following:

- National and local performance targets
- Milestones and performance measures outlined in East Lothian Annual Delivery Plan and reflected in the East Lothian HSCP Performance Framework

East Lothian Council is required to provide performance information to the IJB in relation to performance against local and national targets and with respect to performance indicators contained in the East Lothian HSCP Performance Framework.

East Lothian Council is also required to provide financial analysis, budgetary control, and monitoring reports as and when requested by the IJB. These reports should set out the financial position and outturn forecast against budget allocations by the IJB to East Lothian Council with respect to delivering integrated health services.

Appendix 2 - Recommendations re updates to Specific Directions for 2025-26 (DRAFT)

Title / Ref	Current Direction (2024/25)	Recommendation	
Activity to support improvements to Unscheduled Care performance – Ref D21	NHS Lothian and East Lothian Council are directed to carry out the activity required to transform services as detailed in the 'Unscheduled Care System Improvement RIE Final Proposal' as funded by the Scottish Government as part of its budget announcement in December 2024. East Lothian deliverables supported by this funding are as follows: Increased care capacity for Hospital to Home. Creation of a Single Point of Contact targeting prevention of attendance and admissions at RIE. Increased Social Worker and Community Care Worker capacity to support assessment over 7 days at the RIE front door. Increased Allied Health Professional (AHP) capacity to support 7-day service at the RIE front door.	Direction to be retained with no changes at present.	Retain
	(Agreed January 2025)		
Closure of Belhaven Hospital Site – Ref D20	NHS Lothian and East Lothian Council are directed to remove all associated services delivered by East Lothian Health and Social Care Partnership from the Belhaven Hospital Site, Dunbar, East Lothian by 30th of June 2024. This reflects the decision taken by East Lothian IJB on 28th March 2024: To close the Blossom House Care Home sited at Belhaven Hospital, Dunbar, East Lothian.	Direction to be closed as related activity has been completed.	Close

	To close all inpatient beds withing the Belhaven Hospital site on a permanent basis and to relocate all community health services that are currently being delivered from the Belhaven site. (Agreed June 2024)		
East Lothian Workforce Plan 2022-25 – Ref D19a	NHS Lothian and East Lothian Council are directed to work collaboratively to support delivery of the objectives outlined in the 2022-25 East Lothian Health and Social Care Partnership Workforce Plan and associated actions within the related Action Plan. The Workforce Plan is reviewed and updated as needed on an annual basis – this direction should be read in relation to the most recent iteration of the Plan. (Agreed May 2024)	Direction to be updated to link to the Strategic Workforce Plan for 2025-28 (as approved at the May 22nd meeting of East Lothian IJB).	Update
Carers Strategy - Ref D14a	NHS Lothian and East Lothian Council to support the delivery of the outcomes contained in the East Lothian Carers Strategy (2023-26) and the associated Action Plan in order to meet the needs of both adult and young carers. (Revised October 2023)	Direction to be retained - no changes required – all details, including budget remain the same for 2025/26.	Retain
Phase 2 Royal Edinburgh – Ref D04b	NHS Lothian is directed to support collaborative work across services to develop new models and pathways for community based mental health provision, specifically with regards to mental health rehabilitation and low secure mental health provision in community settings. This should reflect the outcomes of the bed based review and the continuation of activity aimed at bringing East Lothian's mental health acute bed use within the allocated bed capacity.	Direction to be retained with no changes at present. Ongoing discussion in relation to the provision of mental health rehabilitation and secure mental health provision in community settings	Retain

	(Revised October 2023)	will inform future updates to the direction. As with any changes to directions, recommendations regarding updated wording but will be brought to a future meeting of the SPG / IJB for consideration and approval.	
Primary Care Premises and Infrastructure – Ref D10j	NHS Lothian and East Lothian Council to support planning, development, and investment in appropriate infrastructure to ensure the sustainable delivery of community and primary care health services to meet the needs of the current and projected East Lothian population. This direction includes premises, digital infrastructure, and travel and transport provision. (Revised October 2023)	Direction to be retained - no changes required. Future updates to this direction may be recommended based on current activity to look at future population needs / use of assets.	Retain
Transforming Care for Older People – Ref D12I	NHS Lothian and East Lothian Council to transform the service delivery to older people for the provision of Community Hospital, Care Homes, and the development of intermediate care services, involving full engagement and consultation with appropriate parties. This should take into account demographic factors, current use of services, the impacts of COVID-19, funding pressures, service remobilisation and redesign. It must also take note of the emerging outputs from the Independent Review of Adult Social Care and development of a National Care Service. (Revised February 2022)	Direction to be closed. The final report / recommendations from the Planning for Older People's Services (POPS) programme were approved by the IJB in February 2025. Future service developments in response to POPS programme recommendations many require new directions to be developed.	Close

Mantal Haalth Trias	NUIC Lathian and Fast Lathian Council to work togeth outs Could a decide	Discretion to be noteined with a	Datain
Mental Health Triage –	NHS Lothian and East Lothian Council to work together to further develop	Direction to be retained with no	Retain
Ref D15c	Mental Health services across primary and secondary care. This should	changes at present.	
	include the continuation of collaborative work to refine and streamline		
	access to services and establish a clear interface between primary,	Work to refine and streamline access	
	secondary care and the third sector, and ongoing inclusion and	to mental health services is ongoing,	
	development of the clinical decision making role within the CWIC Mental	with significant progress in recent	
	Health service and rollout of the Distress Brief Intervention service.	months regarding the introduction of a	
		new East Lothian Single Point of	
	Activity should also include specific collaboration to improve access to	Access for mental health. The current	
	services and the development of pathways for people with co-occurring	direction will be updated as this work	
	drug / alcohol and mental health difficulties to enable them to receive	continues to progress, with	
	mental health support and drug / alcohol support concurrently.	recommendations regarding update	
	Development should be in line with requirements outlined in Medication	presented to the SPG / IJB for	
	Assisted Treatment (MAT) Standard 9.	consideration / approval.	
		approvan	
	(Revised October 2023)		
Substance Misuse	NHS Lothian and East Lothian Council are directed to work collaboratively	Direction to be retained with no	Retain
Services – Ref D15k	with Midlothian and East Lothian Drug and Alcohol Partnership (MELDAP)	changes at present.	
	and third sector providers and to further develop and improve the multi-		
	agency approach in relation to access to alcohol and drug support services.	East Lothian is performing well in	
	Development should be in accordance with statutory / regulatory	relation to meeting MAT Standards	
	requirements where applicable and aiming to meet both local and national	ahead of target. Retention of this	
	targets, including MAT (Medication Assisted Treatment) Standards.	direction will continue to prioritise and	
	targets, meraanig with (weateation / solsted freatment) standards.	support activity.	
	(Revised October 2023)	Support detivity.	
	(Mevised Coloder 2023)		
Housing for Particular	East Lothian Council is directed to support the development and delivery of	Direction to be updated to link directly	Update
Needs – Ref D18h	different housing models for people with support needs through the	to the Housing Contribution Statement	
	development and implementation of its Local Housing Strategy. This should	_	

be carried out with the objective of maximising independent living for people with particular needs including those related to Learning Disability, Physical Disability, Sensory Impairment, and Mental Health conditions.

As part of this direction, East Lothian Council should deliver up to 60 units of core & cluster housing between 2024-29 for the above client groups, dependant on IJB funding and the delivery of the Affordable Housing Supply Programme (AHSP).

(Revised October 2023)

which was agreed at the December 2024 meeting of East Lothian IJB.

Recommended wording for the updated direction will come from the East Lothian Housing and HSCP Delivery Group.