

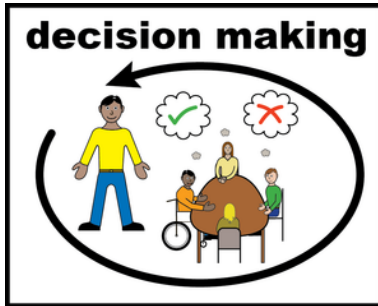
# East Lothian IJB Strategic Plan 2025–30 Easy Read



# Who are we?



This is the IJB which stands for East Lothian Integration Joint Board.



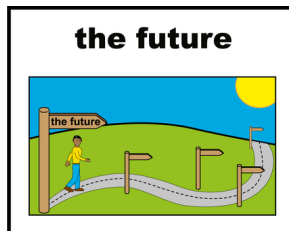
The IJB includes representatives from NHS Lothian and East Lothian Council, along with staff and community members who make decisions about how health and social care services will be funded and delivered in East Lothian.



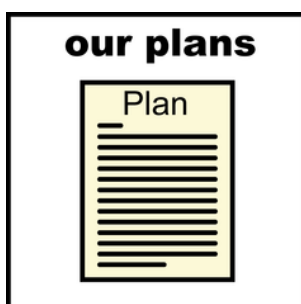
This is the East Lothian Health and Social Care Partnership (ELHSCP).



ELHSCP brings together the staff of NHS Lothian and East Lothian Council to deliver health and social care services for the people of East Lothian.



The IJB is planning how social care services will be delivered in East Lothian in the future.



We call this the East Lothian IJB Strategic Plan.

# Outcomes

An outcome is what we want to happen.



Health and social care services are available to everybody living in East Lothian.



We want people to have good health and live well.



We want people to be able to access support when they need it.



We want to keep people safe.



We want people to be involved in making decisions about their health and social care options.

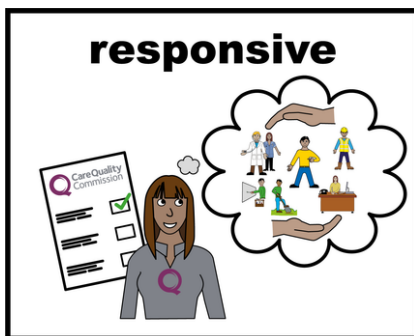
# Objectives

An objective is a goal that we want to achieve.



The IJB Strategic Plan explains what we will do to meet the health and social care needs of the people of East Lothian in the future.

## Objective 1: Develop, transform or significantly change services to meet the needs of population



This goal is to respond to the increasing health and social needs of the people of East Lothian.

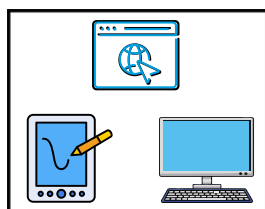
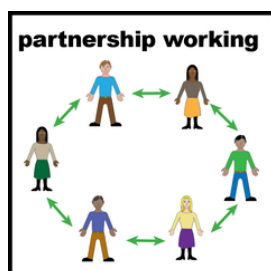
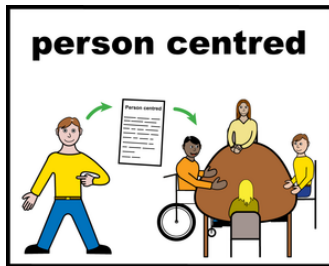


This will involve reviewing how existing health and social care services are delivered. This might involve making changes to existing services or introducing new ways of delivering services.



We want to provide good care to everybody that needs it.

# Objective 1: How will we achieve this?



1. Move more care from hospital to community settings.
2. Design services that are 'outcome focused' – based on what people need and value.
3. Develop accessible health services that meet the needs of people, now and in the future.
4. Develop community based mental health services so that fewer people need hospital care.
5. Work with third sector partners to develop new and better approaches to providing support.
6. Use digital tools and technology to improve services.
7. Improve palliative and end of life care, including in people's homes and community settings.

## Objective 2: Enhance prevention, early intervention and self management measures



This goal is to prevent people from becoming unwell by encouraging people to keep their body and mind healthy.



This goal is to support people to live independently at home.

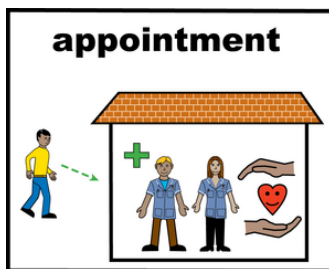


This goal is to support people to manage their medical conditions and be enjoy daily living activities.

## Objective 2: How will we achieve this?



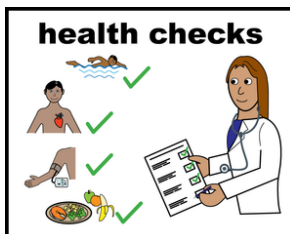
1. Support people to stay active, independent and well.



2. Make sure people receive the right care, in the right place, at the right time.



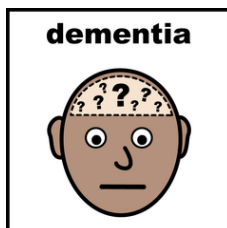
3. Provide effective support for people with multiple long-term conditions.



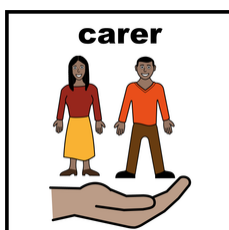
4. Develop a multi-disciplinary approach to frailty.



5. Improve health and wellbeing from an early age.



6. Support people with dementia to remain active and connected in their communities.

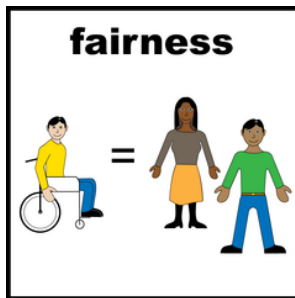


7. Support unpaid carers' health and wellbeing.

## Objective 3: Reducing Health Inequalities

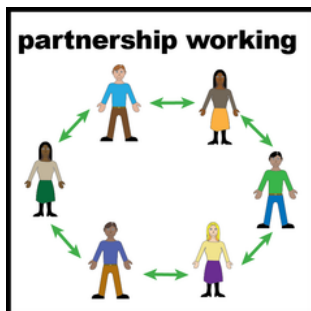


This goal is to make sure everyone can get access to health and social care support.



This goal is about fairness. It is making sure everybody is treated equally.

## Objective 3: How will we achieve this?



1. Work with partners to tackle the root causes of health inequalities.



2. Deliver services that help to reduce gaps in health outcomes.



3. Target support where it is most needed to keep people safe and prevent harm.

## Need to contact us?



If you have any questions, or would like more information please contact us.



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